UTHealth The University of Texas Health Science Center at Houston | Cizik School of Nursing

Policy Number:	U4860
Faculty Approved:	8/1988
Effective Date:	8/1988
Reviewed Date:	7/2018
Revision Date:	7/2018
Dean Approved:	7/2018

Policy Title: Student Attire for Clinical Settings

Background

The faculty of the Cizik School of Nursing (SON) believe that the student, as a representative of the School, should have a professional appearance consistent with infection control, safety, and patient comfort guidelines. To that end, an official School uniform has been selected to be worn in the clinical setting.

Policy

A. Uniforms
   1. Students must wear attire designated by the faculty of the School. The uniform may be purchased at the UTHealth Bookstore or at any uniform store. The student uniform consists of a short while lab jacket, a navy short sleeve scrub top, and plain navy scrub pants. Navy uniform dresses and A-line skirts are acceptable. Lab jacket while in uniform is optional. The uniform should be clean and unwrinkled at all times. The uniform material should be a polyester-cotton blend or cotton. White or navy T-shirts or turtlenecks may be worn for warmth or comfort underneath the scrub top. Note: pants must cover all undergarments completely and must cover the student's midriff or waist area by extending below the blouse/shirt or allowing the blouse/shirt to be tucked in.
   2. Hem length of the skirt may be from 1" above to 1" below the knee.
   3. Students must have at least one complete set of uniforms.
   4. Students will wear the lab jacket (if required) when in the hospital to complete their pre-clinical work-up. No shorts, jeans, sneakers, or sandals are permitted during these times.
   5. Students who are pregnant will wear a navy maternity nursing uniform during clinical experiences.
   6. Individual clinical agencies or faculty may require attire different from the school uniform. Personal appearance must be professional.
   7. Navy or black sweaters without hoods may also be worn, but the student's I.D. must be visible, above the waist.

B. School Emblem and I.D. Badge
   1. An orange or white emblem bearing the seal of Cizik SON will be worn on the left breast pocket of the lab jacket and the top.
   2. The student I.D. badge (provided by the School) must be worn at all times.
   3. The I.D. badge and emblem are to be worn on the lab jacket in the same way as on the uniform when in the hospital for pre-clinical work-up.

C. Shoes
   Shoes must be closed-toe and worn with socks or hose. Preferred shoe colors are: white, blue, grey or black. The following are not acceptable: slip-ons (backless), high-heels, sandals, slippers, and styles consisting of extreme colors.

D. Hygiene
   Hair:
      1. Hair must be neatly groomed and be worn so that it does not interfere with performance of clinical duties. Shoulder length hair should be pulled back. Large bows, ribbons, or head coverings (except religious head wraps) should not be worn.

      2. Facial hair should be short and neatly groomed.

   Nails:
      Nails should be short, neatly groomed, unpolished, and will be at a length that will not interfere with nursing functions. Fake nails are not allowed.

E. Piercings/Tattoos
   Adornments such as body piercing jewelry and tattoos must comply with hospital dress codes. Visible tattoos must be covered. Piercings jewelry, with the exception of small earrings (one per ear) should be removed.

F. Jewelry and accessories
   When in the clinical area, because of the potential for spread of infection and injury to client and/or student, it is recommended that jewelry be kept to a minimum.
   1. Earrings (if worn) should be small stud earrings. The earrings should not go below the bottom of the ear lobe. No dangling earrings are allowed.
   2. Rings (wedding sets or plain bands) are allowed.
   3. Wrist or ankle bracelets, scarves, neckties, or heavy jewelry around the neck should not be worn in the clinical area.

G. Students are encouraged to use proper hygiene, including deodorant. Perfume or aftershave should not be worn in the clinical area.

H. Students should purchase a stethoscope, a watch with a second hand, bandage scissors, and a penlight, to use in the clinical area.