

Basic Life Support

Subject: Basic Life Support

Effective Date: 5/1990

Scope: All current Cizik School of Nursing students

Date Reviewed/Revised: 01/2024

Next Scheduled Review Date: 12/2025

Responsible Office:
Cizik School of Nursing Office of Student Affairs

Responsible Executive:
Dean, Cizik School of Nursing

I. POLICY AND GENERAL STATEMENT

Basic Life Support (BLS) is an important skill that all individuals, especially nurses, should acquire and maintain. To ensure that Cizik School of Nursing students maintain BLS abilities, proof of current "Healthcare Provider" status consistent with the requirements of the American Heart Association is required. Valid "Healthcare Provider" training is a prerequisite for enrollment in the Cizik School of Nursing.

II. DEFINITIONS

- A. Basic Life Support (BLS): A set of essential emergency procedures designed to sustain life in individuals experiencing cardiac arrest, respiratory failure, or other life-threatening conditions.
- B. Advanced Cardiac Life Support (ACLS): A set of life-saving protocols and skills that extend beyond BLS that are used to provide urgent treatment of cardiac arrest, stroke, and other life-threatening emergencies.
- C. Pediatric Advanced Life Support (PALS): A specialized set of interventions and skills for providing emergency care for critically ill or injured pediatric patients.

III. PROCEDURE

- A. The American Heart Association and other community agencies offer Healthcare Provider courses on an ongoing basis for a minimal fee.
- B. The course must include instruction in adult, child, infant, and two-man cardiopulmonary resuscitation (CPR).
- C. Online training courses are accepted provided that such training includes a hands-on skills check off component.
- D. It is the responsibility of each individual student to maintain a current BLS card and to provide documentation of current Healthcare Provider status to the Office of Student Affairs.
- E. Students in the Nurse Anesthesia program and the Emergency/Trauma Care concentration of the Family Nurse Practitioner program are required to maintain current ACLS and PALS training.
- F. Students in the Acute Care program are required to maintain current ACLS training.

- G. The CPR training database is maintained in the Undergraduate and Graduate Departments.
- H. Students who require training will be notified via email. Failure to maintain current BLS training status will result in a hold being placed on the student's record.

IV. CONTACTS

List the phone number and email/web address of the office and/or person who is the subject matter expert on this policy and can answer questions regarding application and interpretation of the policy.

Contact	Telephone	Email/Web Address
Cizik School of Nursing Office of Student Affairs	713-500-2025	soninfo@uth.tmc.edu