

**Francisco Ayala DNP, APRN, FNP-C, EBP-C**

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Houston, Texas

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## **Education**

**Duke University (DNP)** Jan 2020 - May 2022

- ***Doctor of Nursing Practice***
- Sigma Theta Tau
- Outstanding DNP Project Award 2022
- DNP Project Published in *Nursing Outlook*
- Project Title: Dissemination of Doctor of Nursing Practice Project Findings: Benefits and Challenges Associated with Publishing in Healthcare Journals

**Duke University (Post-Graduate Certificate)** Jan 2020 - May 2022

- ***Post-Graduate Nursing Education Certificate***
- Mentor, Dr. Marilyn Oermann, PhD

**University of Texas Health Science Center (MSN-FNP)** Jan. 2017 – May 2, 2019

- ***Master of Science in Nursing/Family Nurse Practitioner***
- Sigma Theta Tau International Honor Society of Nursing (158 Zeta Pi Chapter)

**Houston Baptist University (BSN)** Aug 2010 – Dec 2014

- ***Bachelor of Science in Nursing***

## **Academic Work Experience**

**University of Texas Health Science Center** **January 2026 -**

**School of Graduate Studies**

**Assistant Clinical Professor**

**Texas Woman's University** January 2023 – January 2026

- **Assistant Clinical Professor - College of Nursing**
- Courses Taught: Undergraduate: Pharmacology, Adult Health, Health Assessment  
Graduate: Advanced Assessment for FNPs, DNP Scholarly Writing, DNP Practice Immersion, Capstone
- Lead Faculty – Pharmacology
- Course Manager – Adult Health II
- Serve as DNP chair (QI, EBP)
- Serve as PhD committee member

**Chamberlain University** July 2021 – January 2023

- **Assistant Professor**
- Nursing Faculty Residency Inaugural Fellow
- Chair, EAL Committee
- Courses Taught: NR 293 Pharmacology, NR 302 Health Assessment, NR 224 Fundamental of Nursing Practice, NR 324 Adult Health 1, NR 325 Adult Health II
- Course Coordinator: NR 224 Fundamentals Skills Lab, NR 324/325 Adult Health I/II
- Clinical Coordinator/Course Coordinator: NR 324/325 Adult Health I/II

**Houston Baptist University** Jan 2019 – 2021

**Senior Skills Instructor**

- Skills instructor for MSN Family Nurse Practitioner Program
- Instruct course on suturing, I&D, contraceptive insertion, knee injections, well woman exams, local anesthesia for procedural blocks

**NP Skills Made Easy** Dec 2018 – Present

**Senior Instructor**

- American Academy of Nurse Practitioners certified instructor for skills workshop
- Procedures covered: suturing, splinting, toenail removal, I&D, Billing and Coding, Implantable contraceptives, IUD, joint injections, ear lavage.
- Course provides continuing education for Nurse Practitioners from the AANP
- Evidence Based Practice
- Content creator for Pharmacology Online Modules (Endocrinology Drugs used in primary care, Oral Agents used for the management of Diabetes Mellitus, JNC 8 Guidelines for the management of Hypertension

## Certifications

Evidence Based Practice (EBP-C) The Ohio State University	Exp 2029
Family Nurse Practitioner (FNP-C) American Academy of Nurse Practitioners	Exp 06/2029
Fuld National Institute for EBP (EBP-C) The Ohio State University	Exp 02/2029

## Recent Publications

**Ayala F.**, Wyatt, V (2025). Strategies for teaching pharmacology in undergraduate nursing education. A scoping review

Mathews, R., **Ayala, F.**, Wilson, J (2025). Implementing an Evidence-based neonatal circumcision pain management protocol: A quality improvement initiative. *Journal of Pediatric Health Care*

Oji, O, LaFleur, J., Anderson, E., **Ayala, F** (2025). Board essentials made easy question book. A comprehensive and answer study review book for the FNP/AGNP AANP/ANCC certification exam

Dunlap et al. (2024). **Ayala, F.** Chapter 9 contributor. *Introduction to Evidence-Based Practice and Quality Improvement for Professional Nursing Practice: A Competency-Based Approach.*

Alcala, M., Nava, A., **Ayala, F** (2023) One size fits all does not apply for the Spanish-speaking population. *Nursology*.

Edwards, C., Tilley, D. S., **Ayala, F** (2023). Drug-facilitated sexual assault with tetrahydrozoline (Visine): a case report. *Journal of Forensic Nursing*.  
DOI: 10.1097/JFN.0000000000000445

**Ayala, F.**, DeBoard, E., Oermann, M., Waldrop, J., Pereira, K., Silva, S. (2022) Dissemination of Doctor of Nursing Practice project findings: benefits and challenges associated with publishing in healthcare journals. *Nursing Outlook*.  
DOI:<https://doi.org/10.1016/j.outlook.2022.07.011>

Oji, O., Giardino, E., West, C., Barnett, J., **Ayala, F.**, Blees, O., Medina., Fernando, A., Miller, E., Hill, K., Lee, S. (2022) Advanced Practice Provider Skills Made Easy: A Practice Guideline

**Ayala, F.** (2021) Letter to the Editor. "Nurse safety: have we addressed the risks?" Retrieved from  
<https://ojin.nursingworld.org/MainMenuCategories/ANAMarketplace/ANAPeriodicals/OJIN/LetterstotheEditor/Response-by-Ayala.html>

## **Journal of Emergency Nursing**

2019 - Present

- **Journal Peer Reviewer**
- Content interest include POCUS and the RN, POCUS in Emergency Medicine, Nursing Incivility, RN from Novice to Expert

## **Clinical Work Experience**

**Lifeline Express Care & Infusions**  
**Chief Operations Officer**

**May 2025 - Present**

**Tejano Medical Clinic**  
**NP/Owner**

**January 2025 - Present**

**Legacy Community Health**  
**Nurse Practitioner**

**March 2024 - Present**

**Casa El Buen Samaritano**  
**Volunteer NP/Missionary NP**  
**Point of Care Ultrasound Instructor**

May 2023 – January 2025

**UT Physicians**  
**Dept of Emergency Medicine**

- **Nurse Practitioner**

November 2022 – November 2024

**Memorial Hermann Medical Group**

- **Urgent Care Nurse Practitioner**

May 2020 – February 2022

**Santa Clara Family Clinic**

- **Family Nurse Practitioner**

June 2019 – March 2020

**Signature Care Emergency Center**

- **Staff Registered Nurse**

July 2018 – July 2019

**Lyndon B. Johnson General Hospital**

- **Emergency Department, Staff RN (Nurse Clinician II)**

Oct 2017 – July 2017

**Ben Taub General Hospital (Level 1 Trauma)**

- **Trauma/Surgical ICU Staff Nurse (Nurse Clinician II)**
- **Emergency Dept Staff Nurse (Nurse Clinician I – II)**
- **Emergency Dept, Patient Care Technician**

Jan 2014 – Oct 2017

## **Volunteer Work**

**Nurses Christian Fellowship**

2022 - Present

- Member

**Fort Bend County Fair (Medical committee)**

2019 - 2022

**Houston Livestock Show and Rodeo (Medical)**

2015 - 2017