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## **EDUCATION**

<u>Degree</u>	<u>Institution</u>	<u>Date</u>
PhD Lifespan Developmental Psychology	University of Alabama at Birmingham	07/2021
MA Developmental Psychology	University of Alabama at Birmingham	12/2019
BS Psychology	University of Alabama at Birmingham	12/2015
Other Education	Certifying Body	<u>Date</u>
Multilevel Modeling	CenterStat by Curran-Bauer Analytics	05/2023
CIRTL Associate	Center for the Integration of Research, Teaching, and Learning	08/2019

## **PROFESSIONAL EXPERIENCE**

<u>Institution</u>	<u>Position title</u>	<u>Dates</u>
University of Texas Health Science Center, Cizik School of Nursing, Department of Research	Assistant Professor	October 2024- Present
Pickering Caregiving Lab, University of Texas Health Science Center, Cizik School of Nursing, Department of Research	Postdoctoral Research Fellow	August 2023- September 2024
Pickering Caregiving Lab, UAB School of Nursing	Postdoctoral Research Fellow	September 2021- August 2023

# **HONORS & AWARDS**

<u>Award</u>	Awarding Organization	<u>Date</u>
National Conference on Health Disparities Hotel Scholarship	National Conference on Health Disparities	April 2019
UAB Psychology Travel Grant	UAB Psychology Department	April 2019
American Pain Society Young Investigator Travel Grant	American Pain Society	May 2017

## **GRANTS**

#### **Research Grants**

Assessing Dementia Family Caregiving Networks: A Feasibility Study, Speros Martel Endowment for the Aging, Principal Investigator, \$7,000, September 2024-2025.

#### **PUBLICATIONS**

#### **Peer Reviewed Publications**

**Browning, W. R.**, Yildiz, M., Chilatra, J. A. H., Maxwell, C.D., Yefimova, M., Sullivan, T.P., and Pickering, C.E. (2024). Patterns of Family Conflict and Accusations of Abuse in Dementia Family Caregivers: A Latent Class Analysis. gnae108, https://doi.org/10.1093/geront/gnae108

Chilatra, J. A. H., **Browning, W. R.**, Yildiz, M., Sullivan, T. P., & Pickering, C. E. (2024). Emotion Regulation, Coping Strategies, and Hazardous Drinking Among Family Caregivers of People With Alzheimer's Disease and Related Dementias. Research in Gerontological Nursing, 17(2), 81-90.

Moody, M. D., **Browning, W. R.**, Hossain, M., & Clay, O. J. (2023). Vicarious experiences of major discrimination, anxiety symptoms, and mental health care utilization among Black Adults. Social Science & Medicine, 316, 114997.

Clay, O.J., Kim, G., Martin, K.D., Wilkinson, L.L., **Browning, W.R.**, Bowen, P.G., Sawyer, P.L., Brown, C. (In Review). Associations of Body Mass Index and Race with Mental Health among Older Adults in the Deep South

Bowen, P. G., Clay, O. J., Lee, L. T., **Browning, W. R.**, Schoenberger, Y. M., & Martin, M. Y. (2018). Texting Older Sisters to Step: The TOSS Study. *Western journal of nursing research*, *41*(3), 388-408.

Turan, B., Budhwani, H., Fazeli, P. L., **Browning, W. R.**, Raper, J. L., Mugavero, M. J., & Turan, J. M. (2017). How does stigma affect people living with HIV? The mediating roles of internalized and anticipated HIV stigma in the effects of perceived community stigma on health and psychosocial outcomes. *AIDS and Behavior*, *21*(1), 283-291.

Turan, B., Tackett, J. L., Lechtreck, M. T., & **Browning, W. R.** (2015). Coordination of the cortisol and testosterone responses: A dual axis approach to understanding the response to social status threats. *Psychoneuronendocrinology*, *62*, 59-68.

#### Non-Peer Reviewed Publications

**Browning, W. R.**, Yildiz, M., Maxwell, C.D., Sullivan, T.P., Yefimova, M., Chilatra, J. A. H., and Pickering, C.E. (In Review). Mechanisms Underlying the Use of Abusive and Neglectful Behaviors in Dementia Caregiving: The Role of Caregiver Mental Health.

**Browning, W. R.**, Sullivan, T.P., Yildiz, M., Maxwell, C.D., and Pickering, C.E. (In Review). Differential effects of baseline and daily family conflict on odds of daily abuse and neglect in dementia family caregivers.

**Browning, W. R.**, Bowen, P.G., Crowe, M.G., Dreer, L., Ruggiano, N., Clay, O.J. (2021). Examining Interpersonal Differences Among Caregivers in Health Outcomes Using a Stress Process Model: The Influence of Adverse Social Experiences and Social Support (Doctoral dissertation, The University of Alabama at Birmingham).

**Browning, W.R.**, Crowe, M.G., Bowen, P.G., Pouncey, J., Clay, O.J. (2019). Social Support and Self-Care Efficacy as Mediators of Racial Disparities in Diabetes Health in Older Adults (Master's thesis, The University of Alabama at Birmingham).

#### **PRESENTATIONS**

#### **National**

#### **Conference Oral Presentations**

**Browning W**, Pickering C. (2024). *Gender Differences in Types of Aggression Used Among Dementia Family Caregivers*. To be presented at Gerontological Society of America National Meeting 2024, Seattle WA.

**Browning W**, Pickering C. (2024). *Lasting Impacts of ACEs on Depression/Suicidal Thinking in Black Dementia Caregivers: A Within-Group Analysis*. To be presented at Gerontological Society of America National Meeting 2024, Seattle WA.

**Browning W**, Pickering C. (2024). *Differential impacts of baseline and daily family conflict on daily risk of abuse and neglect in dementia family caregivers: A GLMM Approach*. Presented at Violence Prevention Research Conference 2024, Portsmouth, NH.

**Browning W**, Chilatra J, Yildiz M, Winstead V, Pickering C. *DYNAMIC IMPACTS OF FAMILY CONFLICT ON ELDER ABUSE AND NEGLECT AMONG ADRD.* Innov Aging. 2023 December; 7(Suppl 1):619. PII: igad104.2017. Presented at Gerontological Society of America National Meeting 2023, Tampa, FL.

Chilatra J, **Browning** W, Yildiz M, Winstead V, Pickering C. *ALCOHOL CONSUMPTION AND ABUSIVE/NEGLECTFUL BEHAVIORS AMONG FAMILY CAREGIVERS OF.* Innov Aging. 2023 December; 7(Suppl 1):619. PII: igad104.2018. Presented at Gerontological Society of America National Meeting 2023, Tampa, FL.

Overstreet, D., Penn, T., **Browning, W.R.**, Goodin, B., & Trost, Z. (2016, October). *Racial differences in appraisal of physical activity among community-dwelling adults with chronic low back pain*. Presented at the 2016 University of Alabama at Birmingham Pain Symposium, Birmingham, AL.

#### **Conference Poster Presentations**

Browning, W., Atkins, G., Bowen, P., Crowe, M., Dreer, L., Ruggiano, N., & Clay, O. (2022). *Adverse social experiences, social support, and health outcomes among black and white family caregivers*. Innovation in Aging, 6(Supplement\_1), 694-695. Poster presented at Gerontological Society of America National Meeting 2022, Indianapolis, IN.

**Browning, W.R.**, Clay, O.J., Atkins, G., Bowen, P.G., Harmon, R.B., & Crowe, M. (June, 2019). *Components of social support mediate racial disparity on diabetes distress within older African and Caucasian Americans*. Poster presented at the 12<sup>th</sup> Annual National Conference on Health Disparities, Oakland, CA.

Atkins, G., Clay, O.J, **Browning, W.R.**, Bowen, P.G., Harmon, R. & Crowe, M. (June, 2019). *Associations of Satisfaction with Social Support and Physician Trust with Greater Self-Efficacy in Older Adults Living with Diabetes*. Poster presented at the 12<sup>th</sup> Annual National Conference on Health Disparities, Oakland, CA.

**Browning, W.R.**, Penn, T., Overstreet, D., France, C., Richardson, E., & Trost, Z. (2017, May). *Examining the relationship between perceived injustice, pain, and psychosocial outcomes among veterans with chronic low back pain*. Poster presented at the 2017 Scientific Meeting of the American Pain Society. Pittsburgh, PA.

Penn, T., **Browning, W.R.**, France, C., Hardee., G., Zielke, M., & Trost, Z. (2017 May) *Attitudes toward a virtual reality physical activity Intervention among veterans with chronic low back pain*. Poster presented at the 2017 Scientific Meeting of the American Pain Society. Pittsburgh, PA.

Overstreet, D., Penn, T., **Browning, W.R.**, Goodin, B., Martin, K., & Trost, Z. (2017, May). *Racial differences in appraisal of physical activity among community-dwelling adults with chronic low back pain*. Poster presented at the 2017 Scientific Meeting of the American Pain Society. Pittsburgh, PA.

**Browning, W.R.**, Budhwani, H., Turan, J. M., & Turan, B. (2016, January). *Do different mechanisms of HIV-related stigma predict health outcomes differentially? A conceptual model of stigma and its role in health outcomes for people living with HIV.* Poster presented at the annual meeting of the Society for Personality and Social Psychology, San Diego, CA.

#### <u>Local</u>

#### Local Conference Oral Presentations

**Browning W**, Pickering C. (2024). Impacts of family conflict on daily risk of abuse and neglect in dementia caregivers. **Keynote Presentation.** To be presented at UTHealth Cizik School of Nursing Scholar's Day 2024, Houston, TX

## <u>Local Conference Poster Presentations</u>

**Browning, W.R.**, Lechtreck, M. T., & Turan, B. (2015). *Coordination of Cortisol and Testosterone* responses to status threats: Verbal dominance and anxiety as predictors of a dual-hormone response. Poster presented at the 2015 UAB Summer Expo, University of Alabama at Birmingham, Birmingham, AL.

## **PROFESSIONAL SERVICE**

## Journal Manuscript Review

<u>Journal</u>	<u>Date</u>
Journals of Gerontology: Psychological Sciences	2024
Social Problems	2024
Social Science and Medicine	2023

#### **Professional Memberships**

<u>Organization</u>	<u>Role</u>	Inclusive dates
Gerontological Society of America (GSA)	Member	2020-Present
American Indian Science and Engineering Society (APS)	Member	2022-2023
Association for Psychological Science (APS)	Member	2016-2020
American Pain Society (APS)	Member	2016-2017
Society for Personality and Social Psychology (SPSP)	Member	2014-2016
Psi Chi International Honor Society for Psychology	Member, Former Chapter Vice President	2014-Present
Phi Theta Kappa International Honor Society	Member	2013-Present

#### **COURSES TAUGHT**

## University of Alabama at Birmingham, Psychology

#### **Instructor:**

<u>Course</u>	<u>Number</u>	<u>Credits</u>	<u>Online</u>	<u>Semester</u>	<u>Year</u>
Elementary Statistical Methods	PY216	3	Online	Summer	2018
Elementary Statistical Methods Lab	PY216L	1	Both	All	2018-2021

# **Teaching Assistant:**

<u>Course</u>	<u>Number</u>	<u>Credits</u>	<u>Online</u>	<u>Semester</u>	<u>Year</u>
Psychology Capstone	PY490	3	Online	Fall	2022
Elementary Statistical Methods	PY216	3	Both	All	2018-2021
Introduction to Psychology	PY101	3	Online	Fall	2018
Psychology Capstone	PY490	3	Online	Spring	2018
Research Methods in Psychology	PY316	3	Online	Summer	2018
Brain Mind and Behavior	PY256	3	Online	Summer	2017