



Higinio Fernández-Sánchez
CV

Higinio Fernandez-Sánchez, RN, PhD

Contact Information

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Date of birth: 11/11/1987
Citizenship: Mexico
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Education

2019-2023 PhD in Nursing, University of Alberta, Faculty of Nursing, Edmonton, Alberta, Canada.
**QS ranking 2023: #1 nursing school in Canada, Top 5 worldwide*

2014-2016 Master in Nursing, Universidad Veracruzana, Faculty of Nursing, Veracruz, Veracruz, Mexico.

2009- 2013 Bachelor of Science in Nursing, Universidad Veracruzana, Poza Rica, Veracruz.

2006-2008 Associate degree in arts of science, Tyler Junior College, Tyler, Texas, USA.

2002-2006 High School Diploma, John Tyler High School, Tyler, Texas, USA.

Recognitions and Awards

2023 2023 Excellence in Nursing Awards (Bronze), Good Samaritan Foundation

2023 2023 Salute to Nurses Top 200 Nurse, Houston Chronicle

2023 \$1,300CAD- President's Doctoral Prize of Distinction Top Up Award, Faculty of Graduate Studies and Research, University of Alberta

2022 \$900CAD- Libby Ritter Warick Memorial Graduate Travel Bursary, Faculty of Graduate Studies and Research, University of Alberta

2022 \$1,500CAD- Mary Louise Imrie Graduate Student Award, Faculty of Graduate Studies and Research, University of Alberta

2021 \$1,000USD- Migrant Community Service Award, Sweet Water Homes LLC.

2021 \$372CAD- Edith Anderson Leadership Education Grant, Sigma Foundation for Nursing

2021 Happiness Appreciation Award, The UofA Days of Action Committee, University of Alberta

2020-2021 \$8,000 CAD- The Patient and Community Engagement Training (PaCET)- Women & Children Health Research Institute

2020 Certificate of Appreciation for being an Outstanding Doctoral Student in Canada- The Consulate of Mexico in Calgary.

2020 \$500 CAD- 2020 Mu Sigma Chapter Education Award

2020-2023 \$30,000 CAD- President's Doctoral Prize of Distinction Award-top-up award, University of Alberta

2020-2023	\$150,000 CAD- Vanier Canada Graduate Scholarship 2019-2020 (Social Sciences and Humanities Research Council), Government of Canada
2019	\$3,800 CAD- Alice R Thomas 7 Bryan Campbell-Hope International Graduate Scholarship in Nursing, Faculty of Nursing, University of Alberta.
2019	\$1,800 CAD- Beca de Excelencia Estudiantes del Estado de Veracruz en el Extranjero [Excellence Award for Students from the State of Veracruz Studying Abroad], Government of Veracruz, Mexico.
2019-2021	\$8,000 CAD- WCHRI Graduate Studentship Award, Women & Children Health Research Institute.
2019-2022	\$122,000 CAD- CONACyT Doctoral Studies Award, Mexican National Council for Science and Technology.
2014-2016	\$12,000 CAD- CONACyT Master Studies Award, Mexican National Council for Science and Technology.

Professional Experience

2023-present	Assistant Professor/Postdoctoral Research Fellow, University of Texas, Texas Medical Center, Houston, Tx, USA.
2021-2023	Research Nurse, University of Texas, Texas Medical Center, Houston, Tx, USA. <ul style="list-style-type: none"> Recruit, consent, and survey research participants (homeless youth in Houston) HIV and other STI testing. Implement a Nurse Case Management intervention using Motivational Interviewing (Come as You are (CAYA)).
2019-2020	Graduate Research Assistant, University of Alberta, Faculty of Nursing, Edmonton, AB, Canada. <ul style="list-style-type: none"> Jan. 2019-April 2020: Dr. Bukola Salami- preparing consent forms for ethics approval; grant writing; conducting literature reviews; writing for publication; revising manuscripts based on reviewer comments; mentoring undergraduate students, high school students, and international visiting students. Jan.-May 2019: Dr. Jude Spiers- cleaning, coding, and analyzing interview data using QUIRKOS; conducting quantitative data analysis using SPSS; and preparing PPT slides of key findings. May-July 2019: Dr. Shannon MacDonald- conducting a systematic scoping review.
2016-2018	Nurse Educator at undergraduate nursing program. Universidad Veracruzana, Faculty of Nursing, Campus Poza Rica-Tuxpan, Veracruz, Mexico. <ul style="list-style-type: none"> Courses taught: Fundamentals of Research, Biostatistics, Mental health nursing, and Adult clinical instructor.
2010-2018	English as a Foreign Language Professor, Universidad Veracruzana, Language Center, Campus Poza Rica-Tuxpan, Veracruz, Mexico.
2013-2014	ER Nurse, Hospital Medica 21, Poza Rica, Veracruz, Mexico.
2012-2013	Clinical Nurse Intern, Hospital Regional, Poza Rica, Veracruz, Mexico.

Funding

2022-2026	\$397,800CAD- Co-investigator , Promoting Outdoor Mobility via Enhancing Neighborhood Walkability for Racialized Older Women: A Community-Based Participatory Project, Canadian Institute of Health Research
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Reviewer for Journals

Higinio Fernandez-Sánchez, RN, PhD

2023-present	Canadian Journal of Nursing Research
2023-present	International Journal of Qualitative Methods
2023-present	The Lancet Regional Health- Americas
2023-present	Revista Pueblos y Fronteras Digital
2023-present	Horizontes de Enfermería
2022-present	International Journal for Equity in Health
2021-present	International Migration
2021-present	Farmacia Hospitalaria
2020-present	International Journal of Migration, Health and Social Care
2020-present	Enfermería Universitaria
2020-present	Journal of Urbanism: International Research on Placemaking and Urban Sustainability
2019-present	Canadian Journal of Community Mental Health

Publications

Published Short Communications

2022	Marfo, E., Fernández-Sánchez, H. (2022). Inaccessibility to Bridging Programs and Systemic Barriers Are Unnecessary Delays: Response to Lee and Wojtiuk (2021). <i>Canadian Journal of Nursing Leadership</i> .
2021	Fernández-Sánchez, H. , Vasquez-Ventura, I. S. ., Ortiz-Vargas, I. ., Jazmin-Laureano, O., Salazar-Mendoza, J. ., del Ángel-Salazar, E. M. ., & Zepeta-Hernández, D. . (2021). Mexican Nurses in Germany in times of COVID-19. <i>Salud Pública De México</i> , 63(6, Nov-Dic), 824.
2021	Fernández-Sánchez, H. , Enríquez-Hernández, C. B., Zapien Vázquez, M. de los Ángeles, & Horcasitas-Tovar, A. G. (2021). Emigration of nursing professionals in Mexico <i>Revista Cuidarte</i> , 12(1).
2021	Fernández-Sánchez, H. , Benavides-Torres, RA., Guerra-Ordoñez, JA. Migration and Health, a need in health sciences curriculums in Mexico. <i>CMS</i> , 1(2), 5-7.
2020	Fernández-Sánchez, H. , Salami, B., & Salma, J. (2020). Commentary on “Left-Behind Women in the Context of International Migration: A Scoping Review.” <i>Journal of Transcultural Nursing</i>

Published Peer-reviewed Articles

2023	Fernández-Sánchez, H. , Salma, J., Dorow, S., Salami, B. (2023). A multiscale critical analysis of return migration policies in Mexico. <i>International Migration</i>
2023	Fernández-Sánchez, H. , Zahoui, Z., Jones, J., Marfo, E. (2023). Access, acceptability, and uptake of the COVID-19 vaccine among global migrants: A rapid review. <i>PlosOne</i> .
2023	King, K., Fernández-Sánchez, H. , MacDonald, S. (2023). Acceptability, access, and uptake of human papillomavirus vaccination in mental health populations: a scoping review. <i>Journal of Public Health</i> .

- 2023 Vázquez-Ventura, I. S., Guzmán-Ortiz, E., Rivera Ramírez, P. I., & **Fernández-Sánchez, H.** (2023). The concept of acculturation stress from the perspective of the Hispanic immi-grant in the United States. *Index De Enfermería*, 32(2), e14124.
- 2023 Del Ángel Salazar, E., Zepeta Hernández, D., Ortiz Vargas, I., Jazmin Laureano, O., & **Fernández Sánchez, H.** (2023). Perceived work conditions of Mexican migrant nurses in Germany. *Revista Cubana de Enfermería*, 39(1).
- 2022 **Fernández-Sánchez, H.**, Jazmín-Laureano, O., Ortiz-Vargas, I., Vázquez-Ventura, I. S., & Salazar-Mendoza, J. (2022). Migration transitions of mexican nurses in Germany. *Ciencia Y Enfermería*, 28.
- 2022 Gallegos Alvarado, M. ., Ochoa Estrada, M. C. ., Hernández Herrera, J. ., Monter García, O. ., Almaraz Morales, J. D. ., & **Fernández-Sánchez., H.** . (2022). Scoping review on perception of the care provided by the specialized nursing professional in Mexico. *Horizonte De Enfermería*, 33(3), 313–334.
- 2022 Marfo, E., **Fernández-Sánchez, H.** Challenges of undocumented immigrants in Canada and the United States during the COVID pandemic: A review. *International Journal of Migration, Health and Social Care*.
- 2022 **Fernández-Sánchez, H.**, et. al. (2022). Academic activism as a necessity if community health research. *ACC CIETNA*.
- 2022 **Fernández-Sánchez, H. et al.** (2022). Migration transitions of Mexican nurses in Germany. *Ciencia y Enfermería*, 28 (8),
- 2022 **Fernández-Sánchez, H.** Petrovish, I., Rivera-Ramirez, P., Zahoui, Z. Return migration to Latinamerica and the Caribbean: A scoping review. *Migraciones Internacionale*, 13 (3).
- 2022 Gallegos-Alvarado, M., ... **Fernández-Sánchez, H.** Scoping review on perceptions of the care provided by the specialized nursing professionals in Mexico. *Horizontes de Enfermeria*, 33(3), 313-334.
- 2021 **Fernández-Sánchez, H.**, Olson, J., Salami, B., & Salma, J. (2021). Transitions theory for left-behind women during migration. *Index de Enfermería*, e13041c.
- 2022 Pérez-Pérez, M., **Fernández-Sánchez, H.**, Enríquez-Hernández CB, López-Orozco, G., Ortiz-Vargas, Gómez-Calles, TJ. Stress, anxiety, depression, and family support in university Mexican students during the pandemic, COVID-19. *Revista Salud Uninorte*, 37 (3).
- 2021 Salami, **Fernández-Sánchez**, Fouche, Evans, Sibeko, Tulli, Bulaong, Kwankye, Ani-Amponsah, Okeke-Ihejirika, et al. (2021). A Scoping Review of the Health of African Immigrant and Refugee Children. *Int. J. Environ. Res. Public Health*. 18, 3514.
- 2021 Fouche, Richter, Vallianatos, Mason, **Fernández-Sánchez, H.**, Mazzucato, Kariwo, Salami, African Immigrant Child Health: A Scoping Review. *Journal of Migration and Health*. [h](#)
- 2021 Vasquez-Ventura, I.S., **Fernández-Sánchez, H.** Stressors during the process of culture adaptation of Hispanic migrants in the United States of America: An exploratory systematic review. *Enfermería Universitaria*. 18(2).
- 2021 **Fernández-Sánchez, H.**, Enriquez-Hernandez, CB., Castellanos-Contreras, E. Martinez, L. (2021). Perceived stress in mothers of children with special needs: a qualitative study. *Enfermería Universitaria*. D
- 2021 Ortiz-Vargas, I., Sánchez-Espinosa, A., Enríquez-Hernández, C., Castellanos-Contreras, E., López-Orozco, G., & **Fernández-Sánchez, H.** (2021). Educational intervention aimed at improving knowledge on pressure ulcers in nurses from Veracruz, México. *Enfermería Universitaria*, 17(4), 425–436.

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- 2021 Santés-Bastiáa, MC., Preciado-Serrano, ML... Fernández -Sánchez, H. (2021). Design and psychometric validation of a questionnaire on the application of Bioethical Principles. *Revista Médica de la Universidad Veracruzana*. 1. h
- 2021 Enriquez-Hernandez, CB., Ortiz-Vargas, I., Petrovich, IS....**Fernández-Sánchez, H.** Violence towards nursing professionals: a focused Ethnography. *Ciencia y Enfermería*.
- 2021 Gómez-Callez, T., **Fernández-Sánchez, H.**, Perez-Perez, M., Baez-Cruz, H. *Artistic strategies to improve oral production in Mexican students: a pilot study. Dialogos Sobre Educación*
- 2021 E.M. del Ángel-Salazar, E.M, Fernández-Acosta, C.A., Santes-Bastián, M.C., **Fernández-Sánchez, H.** Zepeta-Hernández, D. Organizational climate and job satisfaction in health workers. *Enfermería Universitaria*, Organizational climate and job satisfaction in health workers
- 2020 **Fernández-Sánchez, H.**, Guzmán-Facundo, F.R., Sidani, S. Importance of a pilot study in an intervention project. *Index de Enfermería*.
- 2020 B. Tetreault, B. O. Salami, H. Mohamad, **H. Fernández-Sánchez**. Parenting Practices of Somali Immigrant Mothers in Alberta. *International Migration*. h
- 2020 **Fernández-Sánchez, H.** (2020). Transnational migration and Mexican women who remain behind: An intersectional approach. *PLoS ONE* 15(9): e0238525.
- 2020 **Fernández-Sánchez, H.**, Gómez-Calles, T., & Pérez-Pérez, M. (2020). Intersection of poverty and inequality in the face of social distancing during the pandemic COVID-19. *Revista Cubana De Enfermería*, 36.
- 2020 **Fernández-Sánchez, H.**, Salma, J., Salami, B. Left-behind Women in the Context of Transnational Migration: A Scoping Review. *Journal of Transcultural Nursing*
- 2020 **Fernández-Sánchez, H.**, King, K., Enriquez-Hernandez, C.B. Scoping Reviews as a Methodology for Knowledge Synthesis. *Enfermería Universitaria*, 17(1),
- 2019 **Fernández-Sánchez, H.**, Enriquez-Hernández, C.B., Sidani, S., Hernández-Osorio, C., Castellanos-Contreras, E., Salazar-Mendoza, J. (2019). Dance intervention for Mexican Family Caregivers of children with developmental disability: A pilot study. *Journal of Transcultural Nursing*, 31(1), 38-44.
- 2019 Zahoui, A., **Fernández-Sánchez, H.**, Kariwo, M., Salami, B. (2019). Sickle Cell Disease in African Immigrant Children: a Scoping Review. *Alberta Academic Review*, 2(2), 87-88.
- 2019 **Fernández-Sánchez, H.**, Enriquez-Hernandez, C.B., Fernandez, B.F., Martinez Diaz, N., Santes Bastian, M.C. (2019). E-learning through Google Hangouts: a tool in the teaching-learning process of English. *Acta Universitaria* 29, e1746.
- 2018 **Fernández-Sánchez, H.**, Enriquez-Hernández, C.B., Santes- Saavedra, G., Martínez-Díaz, N., Santes-Bastián, M.C., Sánchez- Espinoza, A. (2018). Is the nurse's cap a microorganism carrier? *Rev Enferm Inst Mex Seguro Soc*.
- 2018 Aguilar-Cerecedo, S.A., Santes-Bastián, M.C. Del Ángel-Salazar, E.M., Lavoignet-Acosta, B., **Fernández-Sánchez, H.** (2018). Risk factors to develop diabetes mellitus type 2 and metabolic syndrome in nursing professionals. *Rev Med UV*, 18(2): 53-65.
- 2018 San Juan-Gutiérrez, I., **Fernández-Sánchez, H.**, Enríquez-Hernández, C.B., Salomé-Pérez, P., Flor-Fernández, B. (2018). Coping with family separation in foreign university students. *Rev Cien Bio Agropecuaria*, ISSN: 2008-6940

- 2017 Santes-Bastian, M.C., Del Ángel-Salazar, E.M., Cruz-Ruiz, M., **Fernández-Sánchez, H.**, García-Santes, B.S. (2017). Aplicación de los principios bioéticos y clima organizacional en enfermería [Application of bioethical principles and organizational climate in nursing]. *Congreso Prevencionar, Madrid, España*. ISBN-978-84-697-6373-5
- 2017 Martínez-Díaz, N., Urbina-Sánchez, L.E., Zepeta-Hernández, D., **Fernández-Sánchez, H.**, Del Ángel-Salazar, E.M. (2017). Causes associated with school failure in nursing students. *Rev Cien Bio Agropecuaria*, ISSN: 2008-6940
- 2016 Martínez-Díaz, N., **Fernández-Sánchez, H.**, Del Ángel-Salazar, E.M., Santes-Bastian, M.C., Cordero-Cruz, L.E. De la Cruz-Peralta, A.I. (2016). Sobre peso, obesidad, y hábitos alimenticios en escolares [Overweight, obesity, and eating habits in schoolchildren]. *Academia Journals, Colima, México. Ebook*, ISSN 238—509X
- 2016 Zepeta-Hernández, D., Del Ángel-Salazar, E.M., Martínez-Díaz, N., **Fernández-Sánchez, H.**, Campos-Tapia, L. (2016). Automanejo de la obesidad en atención primaria a la salud [Self-management of obesity in primary health care]. *Academia Journals, Los Mochis, México, Ebook*, ISSN 1946-5351, ISBN 978-1-939982
- 2016 **Fernández-Sánchez, H.**, Del Ángel-Salazar, E.M., Zepeta-Hernández, D., Cortes-León, A., Santes-Bastian, M.C. (2016). Factores predisponentes en el embarazo-adolescente para el diseño de intervenciones de enfermería [Predisposing factors in adolescent pregnancy for the design of nursing interventions]. *Academia Journals, Los Mochis, México*, ISSN 1946-5351, ISBN 978-1-939982-24-7
- 2016 **Fernández-Sánchez, H.**, Enríquez-Hernández, C.B., Huerta-González, S., Castellanos-Contreras, E. (2016). Treatment preference for stress relief in women caregivers of children with special needs, Veracruz, Mexico]. *Capítulo del libro: Diálogos sustentables Género y violencia*. ISBN: 978-607-9093-39-6

Conference Review Activities

- 2019 Abstract review, Shirley Stinson Nursing Research Conference, Blind Number of Works Reviewed/ Refereed: 4
- 2019 Abstract review, CASCH-Improving the future of Health, Blind Number of Works Reviewed/ Refereed: 9

Conference Presentations

- 2022 **Poster Presentation**, Disrupting Gender Relation Norms between Reunited Cis-heterosexual Couples Postmigration in Mexico, 25th International Metropolis Conference, Berlin 2022
- 2022 **Oral Presentation**, Return Migration and Women who Stay Behind, 25th International Metropolis Conference, Berlin 2022
- 2020 **Oral presentation**, Accepted-changed via ZOOM- “Left-behind Women in the Context of Transnational Migration: A Scoping Review”, Transcultural Nursing Society Conference in Japan 2020, Kyoto, Japan
- 2020 **Oral presentation**, “Internalization of nursing”, Foro de Maestría en Enfermería, Universidad Veracruzana, Veracruz, Mexico.
- 2020 **Oral presentation**, “Mexican Nursing across transnational spaces: USA and Canada”, VII Jornada Internacional de Enfermería: Origen y Evolución de la Enfermería Moderna, la Universidad de la Costa, Oaxaca, México

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- 2020 **Oral presentation**, “Publications in high impact journals during the COVID-19 pandemic”, Ciclo Internacional de Conferencias Virtuales: Estrategias educativas y de investigación para fortalecer el trabajo colaborativo multidisciplinario en tiempos de pandemia, Universidad Veracruz, Veracruz, Mexico.
- 2019 **Oral presentation**, “*Left-behind Women in the Context of Transnational Migration*”, Shirley Stinson Nursing Research Conference 2019, Edmonton, Alberta, Canada.
- 2019 **Oral co-presentation**, “*HPV & Mental Health Populations-Preliminary Results of a Scoping Review*”, Shirley Stinson Nursing Research Conference 2019, Edmonton, Alberta, Canada.
- 2019 **Oral co-presentation**, “*Sickle Cell Disease in African Immigrant Children: a Scoping Review*”, Women in Scholarship, Engineering, Science, and Technology, Summer Research Program, Edmonton, Alberta, Canada.
- 2017 **Oral presentation**, “*Training and awareness workshop for the healthcare of victims of sexual violence according to the Mexican Norm 046*”, Hospital Regional, Poza Rica, Ver., Mexico
- 2016 **Oral presentation**, “*Intervención de enfermería para reducir el nivel de estrés en cuidadores familiares de niños con necesidades especiales: un estudio piloto*”, Hospital Regional de Alta Especialidad del Bajío, Guanajuato, México
- 2014 **Oral presentation**, “*Coping Skills and Stress Level of informal caregivers of hospitalized children*”, Tampico, Tamaulipas, Mex.
- 2013 **Skype presentation**, “*Community Nursing Process: Healthy Lifestyle*”, Riverside, California, USA.
- 2012 **Poster presentation**, “*Nursing Process: Utilization of Dorothea Orem’s Theory in an Adult Clinical*”. IOS, Luxembourg, Luxembourg.
- 2012 **Oral presentation**, “*Reasons why advanced English students decided to study English*”. EFL Conference, Orizaba, Veracruz, Mexico.

Media Activities

- 2022 **Video**, Migración de Retorno en Agua Dulce, Papantla, Veracruz, Mexico, [h](#)
- 2022 **Video**, Living the American Dream after a 10-year ban, CBS19,
- 2021 **Video**, Higinio Fernández-Sánchez, The Tyler Loop,
- 2021 **Text Interview**, Migration- between happiness and conflict, La Opinion Newspaper,
- 2020 **Text Interview**, How a counselor’s misinformation cost Higinio a decade barred from the U.S., The Tyler Loop,
- 2017 **Text Interview**, Veracruz has a debt with women, El Heraldo de Poza Rica Newspaper,
- 2017 **Text Interview**, Promoting Diversity, Universo Newspaper
- 2016 **Text interview**, The Language Center Promotes Diversity, Universo Newspaper,

International Activities

2020	Guest Speaker, Asociación Colombia de Facultades de Enfermería (ACOFAEN), Bogotá, Colombia.
2017	Visiting Faculty Member, Asociacion de Expertos en Psicociologia Aplicada AEPA, Barcelona, Spain.
2015	Visiting Research Student, Research Placement with Dr. Souraya Sidani (Canada Research Chair), Ryerson University, Toronto, Ontario, Canada.

Community and Volunteer Activities

2022-present	Member, Tau Alpha, Sigma International, Facultad de Enfermería, Universidad Autónoma de Nuevo León
2022-present	Member, Zeta Pi Chapter, Sigma International, Cizik School of Nursing, UTHealth Houston
2021	COVID-19 Vaccinator volunteer- Northeast Texas Public Health District 6 days (24 hours), Tyler, Tx
2020-present	Member of the advisory selection committee, University of Alberta, Faculty of Nursing
2021-present	Member of the Leadership Succession Committee, Mu Sigma, University of Alberta
2020-present	Coordinator of the Advanced Practice Nursing, Red Mexicana de Enfermería en la Prescripción A.C.
2019-present	Member, Mu Sigma Chapter, University of Alberta, Faculty of Nursing
2019-present	Member, Universitarios Verdes (a group of nursing students and faculty members that is dedicated to promoting sustainable and healthy environments for the community), Poza Rica, Veracruz, Mexico.
2018-2019	President, Universitarios Verdes (a group of nursing students and faculty members that is dedicated to promoting sustainable and healthy environments for the community), Poza Rica, Veracruz, Mexico.
2019-	Member, Lions Club International, Club de Leones Poza Rica Universitarios en Accion, Poza Rica, Veracruz, Mexico.
2016-2017	President, Lions Club International, Club de Leones Poza Rica Universitarios en Accion, Poza Rica, Veracruz, Mexico.
2006-2008	Volunteer, Interpreter and computer technician, Mustard Seed Ministries, Tyler, Texas, USA.
