

**Anitra Frederick, PhD, RN, CNE**

University of Texas Health Science Center at Houston  
 Cizik School of Nursing  
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 Anitra.C.Frederick@uth.tmc.edu

**EDUCATION**

<b>Degree</b>	<b>Institution</b>	<b>Date</b>
PhD Nursing Research	The University of Texas Health Science Center School of Nursing (Houston, TX)	08-2013
Post-MSN Nursing Education	The University of Texas Health Science Center School of Nursing (Houston, TX)	05-2013
MSN Pediatric Nurse Practitioner-Primary Care	The University of Texas Health Science Center School of Nursing (Houston, TX)	08-2010
BS Nursing, <i>Magna Cum Laude</i>	Texas Woman's University (Denton, TX)	12-2004
BA Psychology, <i>Cum Laude</i>	Texas A&M University (College Station, TX)	05-2001

**LICENSURE & CERTIFICATION**

<b>License</b>	<b>State / Certifying Body (Status)</b>	<b>Inclusive Dates</b>
Registered Nurse 713750	Texas Board of Nursing (Active)	02/2001 – <i>Present</i>
Advanced Practice Registered Nurse, Pediatric Nurse Practitioner-Primary Care TX: AP121622	Texas Board of Nursing (Inactive)	03/2012 – 12/2014
Certified Pediatric Nurse Practitioner-Primary Care PNCB: 20120031	Pediatric Nurse Certification Board, National (Active)	01/2012 – <i>Present</i>
Certified Nurse Educator 458274	National League for Nursing (Active)	09/2017 – <i>Present</i>

**PROFESSIONAL EXPERIENCE**

<b>Institution</b>	<b>Title</b>	<b>Inclusive Dates</b>
Ben Taub Hospital, Harris Health System	Patient Care Assistant, Student Nurse	Summer 2004
St. Luke's Episcopal Hospital	Student Nurse Extern	Summer 2005
Texas Children's Hospital, Neonatal ICU (Level III/IV)	Registered Nurse, Staff Nurse	01/2004 – 11/2005
HCA Clear Lake Regional Hospital, Neonatal ICU (Level II/III), Transition & Newborn Nurseries	Registered Nurse, Staff Nurse	11/2005 – 2008, 2009 – 2010
Pulse Staffing, Neonatal ICU (Levels II/III/IV)	Registered Nurse, Travel PRN Nurse	2008 – 2009
The University of Texas Health Science Center at Houston, School of Nursing	Assistant Professor – Clinical	2013 – 2017
The University of Oklahoma Health Sciences Center College of Nursing, Oklahoma City	Clinical Assistant Professor	2018 – 2020
The University of Texas Health Science Center at Houston, School of Nursing	Assistant Professor – Clinical	2020 – Present

**HONORS & AWARDS**

<b>Award</b>	<b>Awarding Organization</b>	<b>Date</b>
Big XII Athletics Academic Honor Roll	Big XII Conference NCAA Swimming	1997, 1998
Academic Achievement Award \$10,000	Texas A&M University	1997 – 2001
Parry Award, \$1,600	Texas Woman's University	2003 – 2004
Fondren Award Finalist *Nominated by Faculty	Texas Woman's University	2004

Professional Nurse Traineeship \$1,000	University of Texas Health Science Center at Houston, School of Nursing	2009 – 2010
Accelerated PhD Named Scholar \$180,000	Texas Children’s Hospital	2010 – 2013
MSN Faculty Award of Excellence	University of Texas Health Science Center at Houston, School of Nursing	05/2013
Harris County Medical Society Alliance, Clinical Excellence Award	University of Texas Health Science Center at Houston, School of Nursing	08/2013
<u>Nominee</u> : McGovern Undergraduate Teacher of the Year Award	University of Texas Health Science Center at Houston, School of Nursing	05/2014

## **GRANTS**

Bio-behavioral attachment between mother and baby intervention (BAMBI): A simple approach to a complex problem. UTHealth Internal Funding: Dean’s TEAM Research Award. Clowtis, L., Lim, S., & Frederick, A. Funded \$10,000. (2014-2016)

## **PUBLICATIONS**

### **Peer Reviewed Publications**

**Frederick, A.**, Busen, N., Engebretson, J., Hurst, N., & Schneider, K. (2016). Exploring the skin-to-skin contact experience during cesarean section. *Journal of the American Association of Nurse Practitioners*, 28(1), 31-38. DOI: 10.1002/2327-6924.12229

**Frederick, A.**, Fry, T. & Clowtis, L. (In press). Intraoperative cesarean skin-to-skin contact for mother and neonate: A systematic review. *Maternal Child Nursing (MCN)*. Manuscript Number: MCN-D-20-00025R1

### **Peer Reviewed Abstracts**

**Frederick, A.**, Busen, N., Engebretson, J., Hurst, N., & Schneider, K. (2014). Exploring the skin-to-skin contact experience during cesarean section [Abstract]. Southern Nursing Research Society. Accession Number: PSI-4.

Desormeaux, C. N. & **Frederick, A.** (2016). A guided research experience: Application of the research process in BSN honors program. [Abstract] National League for Nursing and Sigma Theta Tau International. Henderson Repository. <http://hdl.handle.net/10755/603848>

**Frederick, A.** (2018). The Experience of Kangaroo Holding: A Meta-synthesis of Qualitative Research Reports. [Abstract] *International Journal of Qualitative Methods*, 17(1). doi: 10.1177/1609406917748701

### **Indexed Dissertation**

**Frederick, A.** (2013). Exploring the skin-to-skin contact experience during cesarean section. Texas Medical Center Dissertations (via ProQuest). Paper: AAI3574412.

### **Media & Creative Products**

Hassan, A. (2013, Jun 23). Special delivery indeed: Mom, baby get faster contact via new C-Section. *The Houston Chronicle*, pp. K-11

Tabora, A. (2013). Skin-to-Skin. *Connect: Your Source of News, Information, and More*. Texas Children's Hospital Blog Article.

## **PRESENTATIONS**

### **International**

**Frederick, A.**, Clowtis, L., Desormeaux, C., & Lim, S. (2015, April). Skin-to-skin contact (SSC) and cesarean section delivery: Research study. Master's course: Salud, Mujer y Cuidados, Universidad de Murcia. Murcia, Spain. Video conference lecture.

**Frederick, A.** (2017, October). The Experience of Kangaroo Holding: A Meta-synthesis of Qualitative Research Reports. Qualitative Health Research Conference. Quebec City, Canada. "Golden Nugget" Podium Presentation.

### **National**

Desormeaux, C. N. & **Frederick, A.** (2016, April). A guided research experience: Application of the research process in BSN honors program. National League of Nursing and Sigma Theta Tau International, Nursing Education Research Conference. Washington, D.C. Poster Presentation.

### **Regional**

**Frederick, A.**, Busen, N., Engebretson, J., Hurst, N., & Schneider, K. (2014, February). Exploring the skin-to-skin contact experience during cesarean section. Southern Nursing Research Society. San Antonio, TX. Poster Presentation.

**Frederick, A.** (Invited; 2014, February). Skin-to-Skin Contact During Cesarean Section and Post-Op Recovery. Kaleidoscope Perinatal, Neonatal, and Women's Health Symposium. Galveston, TX. Podium Speaker.

Clowtis, L., **Frederick, A.**, Lim, S., DesOrmeaux, C., & Rozmus, C. (2015, May). Bio-Behavioral Attachment Between Mother and Baby Intervention (BAMBI). Texas Section – Association of Women's Health, Obstetric and Neonatal Nurses. Montgomery, TX. Poster Presentation.

### Local

**Frederick, A.** (2013, April). Exploring the Skin-to-Skin Contact Experience Post Cesarean Section. UTHealth, School of Nursing, Research Day. Houston, TX. Podium Speaker.

**Frederick, A.** (Invited; 2013, April). Skin-to-Skin Contact and Cesarean Section Delivery. OB Council Leadership Meeting, Texas Children's Hospital-Pavilion for Women. Houston, TX. Podium Speaker.

**Frederick, A.** (2013, May). Skin-to-Skin Contact and Cesarean Delivery. Staff In-Service, OR and Lactation service departments, Texas Children's Hospital Pavilion for Women. Houston, TX.

**Frederick, A.** & Clowtis, L. (2014, September). Skin-to-Skin Contact (SSC) and Cesarean Delivery: Research Study. Nursing Leadership Meeting, Memorial Hermann-The Woodlands. The Woodlands, TX. Podium Speaker.

Lim, S., **Frederick, A.**, Clowtis, L., DesOrmeaux, C., & Rozmus, C. (2015, April). Bio-Behavioral Attachment Between Mother and Baby Intervention (BAMBI). Memorial Hermann-The Woodlands, Research and Evidence Based Practice Day. The Woodlands, TX. Poster Presentation.

Desormeaux, C. N. & **Frederick, A.** (2015, June). A guided research experience: Application of the research process in BSN honors program. UTHealth 2015 Advances in Teaching & Learning Day. UTHealth-Houston. Poster Presentation.

Leasure, A.R., Newton, J.L., Eckman, S., Fry, T., & **Frederick, A.** (2019, September). Bridging theory to practice through a collaborative writing group. 2019 Caring Across Cultures Conference: The Culture of Nursing. Oklahoma City, OK. Poster Presentation.

Eckman, S., Fry, T., Leasure, A.R., Newton, J.L., & **Frederick, A.** (2020, March). Bridging theory to practice through a collaborative writing group. Partners in Quality: Interprofessional Quality Care at the Bedside. Oklahoma City, OK. Poster Presentation.

**PROFESSIONAL SERVICE****Editorial Boards / Panels**

None

**Professional Service**

<b>Organization</b>	<b>Role</b>	<b>Inclusive Dates</b>
Beta-Beta At-Large Chapter, Oklahoma City Campus	Administrative Vice President for Membership	2018 – 2020

**Professional Memberships**

<b>Organization</b>	<b>Role</b>	<b>Inclusive Dates</b>
Sigma Theta Tau International	Member	2004 – <i>Present</i>
Southern Nursing Research Society	Member	2013-2015
National Association of Pediatric Nurse Practitioners	Member	2009 – <i>Present</i>

**Institutional Service**

<b>Institution</b>	<b>Committee</b>	<b>Role</b>	<b>Inclusive Dates</b>
UTHealth School of Nursing	Baccalaureate Council	Member	2013 – 2017
UTHealth School of Nursing	Research Interest Group	Co-Lead	2013 – 2016
UTHealth School of Nursing	Faculty Life Council (FLC)	Member <i>*Elected</i>	2014 – 2016
UTHealth School of Nursing	<i>FLC Subcommittee: Faculty Development</i>	Member	2014 – 2016

UTHealth School of Nursing	<i>FLC Subcommittee: Faculty Policy Review</i>	Member	2015 – 2016
UTHealth School of Nursing	Student Government Association	Faculty Mentor <i>*Student Request</i>	2015 – 2017
UTHealth School of Nursing	Teaching Learning Center, Seminar Committee	Chair	2016 – 2017
UTHealth School of Nursing	Admissions Committee	Member	Fall 2017
OU Health Sciences Center College of Nursing	Baccalaureate Faculty Committee	Member	2018 – 12/2019
OU Health Sciences Center College of Nursing	Course Curriculum Committees (N3126, N3143, N3816, N4062)	Member	2018 – 12/2019

### **Community Service**

<b>Organization</b>	<b>Role</b>	<b>Inclusive Dates</b>
UTHealth School of Nursing, Alumni Association	Board Member	2013 – 2015

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**APPENDIX****COURSES TAUGHT****UTHealth School of Nursing**

N4521b: Community Health Nursing, BSN Program

Spring 2012 (Contract)

Clinical – Supervised students in the community working with school nurses in a large Houston area independent school district. Led post-conferences and weekly assignment discussions. Provided direction to and evaluation of group project providing education to community population.

N3532: Reproductive Health Care, BSN Program

2012 – 2015

Didactic – Lecture: High Risk Neonate; wrote quiz and test questions; graded face-to-face student group presentations; proctored exams and quizzes (Fall 2013 – Spring 2015)

Clinical – Supervised students through antepartum, labor & delivery, post-partum, newborn transition, and NICU units; guided group discussion during post-conference (Fall 2012 – Spring 2015)

Skills Lab – Ran high-fidelity simulators, laboring mother and transitioning neonate; instructed students in skills lab: IV starts, catheter insertion, post-partum assessment, breastfeeding equipment (Fall 2013 – Spring 2015)

N4499: Independent Study, BSN Honors Program (2 students)

2013-2015

Created a 2-semester curriculum incorporating undergraduate research knowledge and current research project in process. Mentored undergraduate honors student. Exposed student to research process and provided opportunities to have a hands-on experience with study participants and data collection.

N3536: Child and Adolescent Health Care, BSN Program

Fall 2013 – Spring 2017

Didactic – Lecture: Hematology / Immunology, Cognitive and Sensory Dysfunction, Infant, Toddler, PreSchool Health Promotion and Health Problems; wrote quiz and test questions; provided online guidance for and graded group developmental group presentation assignment; proctored exams and quizzes; met with students for course review and remediation; Evaluated exam item analysis and overall course performance.



Clinical – Supervised students on post-surgical, trauma, cardiac floor, neuro units, NICU and PICU; guided group discussion during post-conference; dedicated education unit (DEU) and precepted formats. (Fall 2013, Summer 2015-Spring 2017)

Simulation – Ran high-fidelity simulation experience for student clinical hours (30 content hours / student); built simulation modules, ran simulation, facilitated debriefing sessions. (Fall 2015; Spring 2016; Fall 2016; Fall 2017)

N4512 – Research Critique and Utilization, BSN Program

Fall 2015 – Fall 2017

Didactic – Lecture: Literature Review, Conceptual/Theoretical Framework; wrote take-home exam assignment based on current RCT article; proctored exams and quizzes. Met with students for course review and remediation, as needed. (2015-2016)

Online Course – Transitioned traditional course from face-to-face to asynchronous online format. Created online modules, group assignments, and facilitated learning through use of student online discussion board, monitoring, and posting. (2016 – 2017)

N6807 – Evidence Based Practice Principles (**Co-Lead**), MSN/DNP Programs

Fall 2017 & Spring 2018

Didactic – Lecture: Cohen’s Kappa, Asking Compelling Clinical Questions

Blended Delivery – Asynchronous online content and face-to-face delivery components. Course population consists of Nurse Practitioner, Certified Registered Nurse Anesthesia, and Doctorate of Nursing Practice students working as individuals or in groups.

### **University of Oklahoma Health Sciences Center, College of Nursing**

N4062: Nursing Research, BSN/ABSN Programs

Fall 2018, Fall 2019, & Winter Intersession 2020 (**Course Lead**)

Didactic – Lecture: Qualitative and Quantitative Research Methodologies; Research, Evidence-Based Practice and Quality Improvement; PICO Questions. Assignment planning and evaluation.

Blended Delivery – Seminar-style course with online and face-to-face components. Great cookie experiment.

N3816: Clinical Nursing IIA, ABSN Program

Fall 2018 & Fall 2019

Clinical – Supervised students through Mental Health in-patient geriatric (>65 yrs), adult (18-65 yrs), and women’s trauma units and out-patient day program. Lead pre- and post-conference sessions utilizing video learning, creative scenario-based role-playing, and de-escalation training content.

Lab and Simulation – Supervised student learning in skills lab including venipuncture, IV starts, foley catheter and NG tube placement, central line dressing changes, and trach care. Simulation sessions included mass casualty, situational awareness.

N3126: Clinical II Nursing, BSN Program

Spring 2019

Clinical – Supervised students on-site through pediatric clinical rotation including Med-Surg, Post-Surgical Care, Hematology-Oncology, and Bone Marrow Transplant Units. Also supervised maternal-newborn clinical students through Antepartum, Intrapartum, Transition Nursery, and Postpartum units. Guided group discussion during post-conferences.

N3043: Health Assessment, ABSN Program

Summer 2019

Didactic – Lectures: Assessment Techniques; Abdomen; General Survey and Measurement; Mental Status; Neurologic System; Skin, Hair and Nails

Lab – Taught and evaluated student learning of head-to-toe assessment techniques prior to their entering the hospital facilities to work with patients.

N3143: Maternal-Child Nursing, BSN/ABSN Programs

Spring 2019, Spring 2020

Didactic – Lectures: Normal Newborn; High-Risk Newborn; Infant Growth and Development, months 1-12. Exam evaluation, Item Writing, Course assignment evaluation (Spring 2019)

Simulation – High-fidelity simulation student experience in state-of-the art training facility. Ran and adjusted Gaumard Noelle during birth process. Created debriefing plan post-simulation scenario incorporating nursing care planning, communication, and teamwork observations. (Spring 2019 & Spring 2020)

Pre-Clinical Pediatric Workshop – **(Faculty Lead)** Planned and lectured pediatric content for students prior to start of their clinical experiences. 4-hour workshop including brief skill practice (diaper weights, FOC measurements, length, medication administration calculation). (Spring 2020)

### UTHealth, Cizik School of Nursing

N3526B: Psychiatric and Mental Health Care Clinical

Summer 2020

N3536B: Child and Adolescent Health Care Clinical

Summer 2020

N3532B: Reproductive Health Care Clinical  
Summer 2020

### **GUEST LECTURES**

N7501: Conceptual Basis of Nursing Sciences, PhD Program  
2013-2017

Lecture: “Conceptual framework: Evidence tables and concept linkages”

Prepare PhD students for the change from a single concept thought process to creation of a framework supporting their phenomena of interest. Provide examples from previous work, evidence tables, and linking concepts to form directional statements.

N3532: Reproductive Health Care, BSN Program  
Fall 2017

Lecture: High Risk Neonate

### **CANDIDACY & DISSERTATION ADVISEES**

#### **Candidacy Committee**

University of Oklahoma Health Sciences Center, College of Nursing, Oklahoma City, OK. Student: Ingrid Dixon. Title: Breastfeeding education and Baby-Friendly Hospital Initiative in Oklahoma. Candidacy Exam Dates: September – November 2019. Outcome: Pass December 2019.

#### **Dissertation Committee**

University of Oklahoma Health Sciences Center, College of Nursing, Oklahoma City, OK. Student: Ingrid Dixon. Title: TBD. Dates: January 2020 - *Present*

### **ROLE DEVELOPMENT & CONTINUING EDUATION:**

Infant Mortality Alliance: 2<sup>nd</sup> IMA Summit & Disparities – Oklahoma City, OK (October 2019)  
OK-NAPNAP, Pediatric Nurse Practitioner Conference – Oklahoma City, OK (September 2019)  
Infant Mortality Alliance: 2<sup>nd</sup> IMA Summit & Disparities – Oklahoma City, OK (October 2018)  
QHR Qualitative Health Research Conference – Quebec, Canada (October 2017)  
NLN/CNE prep course – Telecast from Villanova, PA (June 2017)  
NAPNAP National Association of Pediatric Nurse Practitioners – Denver, CO (March 2017)

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NERC NLN/STTI National League of Nursing and Sigma Theta Tau International, Nursing Education Research Conference – Washington DC (April 2016)

AACN Faculty Development Conference – Clearwater, FL (Feb 2016)

AWHONN Texas Section – Association of Women’s Health, Obstetric and Neonatal Nurses – Montgomery, TX (May 2015)