

CURRICULUM VITAE

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Cizik School of Nursing
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EDUCATION

Post-Master's, Nursing Education	UTHealth Cizik School of Nursing Houston, TX	05/2019 – 05/2020
Doctor of Nursing Practice	UTHealth Cizik School of Nursing Houston, TX	01/2014 – 05/2016
Master of Science in Nursing Family Nurse Practitioner	UTHealth Cizik School of Nursing Houston, TX	08/2011 – 12/2012
Bachelor of Science in Nursing Honors Scholar	Texas Woman's University Denton, TX	08/2006 – 12/2009

LICENSURE & CERTIFICATION

Certified Nurse Educator	National League for Nursing	08/23/2021 – Present
Advanced Practice Registered Nurse, Family Nurse Practitioner	American Nurses Credentialing Center	01/30/2013 – Present
Advanced Practice Registered Nurse, Family Nurse Practitioner	American Association of Nurse Practitioners	01/30/2013 – Present
Advanced Practice Registered Nurse	Texas Board of Nursing	01/30/2013 – Present
Registered Nurse	Texas Board of Nursing	03/11/2010 – Present

PROFESSIONAL EXPERIENCE

Houston Methodist Hospital	Staff Nurse	02/2010 – 07/2011
Sweetwater Medical Associates	Family Nurse Practitioner	02/2013 – Present
UTHealth Cizik School of Nursing	Assistant Professor, Clinical	08/2019 – Present

HONORS & AWARDS

TWU Honors Scholarship	Texas Woman's University	2006 – 2009
Nursing Scholarship	Rotary Club of the University Area	2008 – 2009
Senior Poster Competition Winner	Texas Woman's University	2009
Outstanding Performance	Houston Methodist Hospital	2010
George Foundation Scholarship	UTHealth Cizik School of Nursing	2011 – 2012
MSN Faculty Award of Excellence	UTHealth Cizik School of Nursing	2012

Nursing Scholarship	UTHealth Cizik School of Nursing	2014 – 2016
Excellence in Nursing Silver Medalist	Good Samaritan Foundation	2021 – 2022
Clinical Research Award	Endocrine Nurses Society	2022

GRANTS

1. Clinical Research Grant: Feasibility of a patient-centered, telehealth-delivered diabetes foot care educational program, Endocrine Nurses Society, **Principal Investigator**, \$2,000, 2021–2022.
2. Dean’s Research Award: Asynchronous Diabetes Virtual Intervention with Storytelling and Empowerment (ADVISE) Program, The University of Texas Health Science Center at Houston (UTHealth) Cizik School of Nursing, **Principal Investigator**, \$20,000, 2023–2024.

PUBLICATIONS

Peer-Reviewed Publications (IF=impact factor)

1. Hwang, K., Aigbe, A., **Ju, H.**, Jackson, V., & Sedlock, E. (2018). Barriers to accurate blood pressure measurement in the medical office. *Journal of Primary Care & Community Health, 9*, 1-7. <https://doi.org/10.1177/2150132718816929> (IF=3.0)
2. Ahn, H., Galle, K., Mathis, K., Miao, H., Montero-Hernandez, S., Jackson, N., **Ju, H.**, McCrackin, H. Goodwin, C., Hargraves, A., Jain, B., Dinh, H., Abdul-Mooti, S., Park, L., & Pollonini, L. (2020). Feasibility and efficacy of remotely supervised cranial electrical stimulation for pain in older adults with knee osteoarthritis: A randomized controlled pilot study. *Journal of Clinical Neuroscience, 77*, 128-133. <https://doi.org/10.1016/j.jocn.2020.05.003> (IF=2.1)
3. **Ju, H.** (2020). Using telehealth for diabetes self-management in underserved populations. *The Nurse Practitioner, 45*(11), 26-33. <https://doi.org/10.1097/01.NPR.0000718492.44183.87> (IF=0.6)
4. **Ju, H.** (2021). New vision for a patient with diabetes and retinal migraines. *The Journal for Nurse Practitioners, 17*(8), 965-967. <https://doi.org/10.1016/j.nurpra.2021.04.021> (IF= 1.5)
5. **Ju, H.** (2022). Improving care coordination of patients with chronic diseases. *The Journal for Nurse Practitioners, 18*(8), 833-836. <https://doi.org/10.1016/j.nurpra.2022.06.011> (IF= 1.5)
6. **Ju, H.**, Cron, S., Jularbal, J., Alford, J., Momin, R., & Johnson, C. (2022). Feasibility of a telehealth-delivered diabetes foot care educational program. *Journal of the Endocrine Society, 6*(1), A367-368. <https://doi.org/10.1210/jendso/bvac150.763> (IF=3.0)
7. **Ju, H.**, Momin, R., Cron, S., Jularbal, J., Alford, J., & Johnson, C. (2023). Nurse-led telehealth program for diabetes foot care: A feasibility and usability study. *JMIR Nursing, 6*, e40000. <https://doi:10.2196/40000> (IF=3.1)
8. Brady, V., Mathew Joseph, N., & **Ju, H.** (2023). Impact of gaming (gamification) on diabetes self-care behaviors and glycemic outcomes among adults with type 2 diabetes. *The Science of Diabetes Self-Management and Care, 49*(6), 493–511. <https://doi.org/10.1177/26350106231208153> (IF= 1.8)
9. **Ju, H.**, Ottosen, M., Jularbal, J., Alford, J., & Johnson, C. (2024). Enhancing foot care education and support strategies in adults with type 2 diabetes: A qualitative study. *Journal of the American Association of Nurse Practitioners, 36*(6), 334-341. <https://doi.org/10.1097/jxx.0000000000000998> (IF= 1.2)

10. **Ju, H.** (In press). Euglycemic diabetic ketoacidosis: How is it different from diabetic ketoacidosis. *Critical Care Nursing Clinics of North America*. <https://doi.org/10.1016/j.cnc.2024.08.004> (IF=1.4)

Peer-Reviewed Abstracts

1. **Ju, H.** (2021). Mobile message initiative to promote healthy behaviors in older adults with metabolic syndrome. *Proceedings of the Sigma Theta Tau International's 32nd International Nursing Research Congress*.
2. **Ju, H.**, Jularbal, J., Alford, J., Ottosen, M., & Johnson, C. (2022). Evaluating barriers to diabetes foot self-care using telehealth technology. *Proceedings of the Sigma Theta Tau International's 33rd International Nursing Research Congress*.
3. Mathew Joseph, N., Brady, V., & **Ju, H.** (2023). Gamification on diabetes self-care behaviors and glycemic outcomes in adults with type 2 diabetes. *Proceedings of the Sigma Theta Tau International's 34th Nursing Research Congress*.

Books & Chapters

1. Glass, C. A. & **Ju, H.** (2023). Endocrine disorder guidelines. In J. C. Cash, C. A. Glass, & J. Mullen (Eds.), *Adult-gerontology practice guidelines* (3rd ed.). New York, NY: Springer.
2. Glass, C. A. & **Ju, H.** (2023). Rheumatology disorder guidelines. In J. C. Cash, C. A. Glass, & J. Mullen (Eds.), *Adult-gerontology practice guidelines* (3rd ed.). New York, NY: Springer.
3. Glass, C. A. & **Ju, H.** (2023). Endocrine disorder guidelines. In J. C. Cash, C. A. Glass, & J. Mullen (Eds.), *Family practice guidelines* (6th ed.). New York, NY: Springer.
4. Glass, C. A. & **Ju, H.** (2023). Rheumatology disorder guidelines. In J. C. Cash, C. A. Glass, & J. Mullen (Eds.), *Family practice guidelines* (6th ed.). New York, NY: Springer.

PRESENTATIONS

International

1. **Ju, H.** (2021). Mobile message initiative to promote healthy behaviors in older adults with metabolic syndrome. Oral presentation at the Sigma Theta Tau International's 32nd Virtual International Nursing Research Congress. Singapore. July 23, 2021.
2. **Moderator.** Sigma Theta Tau International's 32nd Virtual International Nursing Research Congress. Singapore. "Applying ambulatory clinic workflow to COVID-19 vaccine clinical trial: Creating a workflow that flows," Singapore. July 22, 2021.
3. **Ju, H.**, Jularbal, J., Alford, J., Ottosen, M., & Johnson, C. (2022). Evaluating barriers to diabetes foot self-care using telehealth technology. Oral presentation at the Sigma Theta Tau International's 33rd Virtual International Nursing Research Congress. Edinburgh, Scotland. August 4, 2022.
4. **Moderator.** Sigma Theta Tau International's 33rd Virtual International Nursing Research Congress. Singapore. "A cross-sectional survey of nurses' attitudes about the importance of family in nursing care," Edinburgh, Scotland. August 4, 2022.
5. Mathew Joseph, N, Brady, V., & **Ju, H.** (2023). Gamification on diabetes self-care behaviors and glycemic outcomes in adults with type 2 diabetes. Oral presentation at the Sigma Theta Tau International's 34th Virtual International Nursing Research Congress. Abu Dhabi, United Arab Emirates. August 2, 2023.

National

1. **Ju, H.**, Cron, S., Jularbal, J., Alford, J., Momin, R., & Johnson, C. (2022). Feasibility of a telehealth-delivered diabetes foot care educational program. Oral presentation at the Endocrine Nurses Society’s 31st Annual Symposium. Atlanta, Georgia. June 11, 2022.
2. **Ju, H.**, Cron, S., Jularbal, J., Alford, J., Momin, R., & Johnson, C. (2022). Feasibility of a telehealth-delivered diabetes foot care educational program. Poster presentation at ENDO 2022. Atlanta, Georgia. June 12, 2022.

Local

1. **Ju, H.** (2020). Family nurse practitioner in primary care. Summer Health Professions Education Program (SHPEP), The University of Texas Health Science Center at Houston (UTHealth). Houston, Texas. July 2, 2020.
2. **Ju, H.** (2021). Family nurse practitioner in primary care. Summer Health Professions Education Program (SHPEP), The University of Texas Health Science Center at Houston (UTHealth). Houston, Texas. June 17, 2021.
3. **Ju, H.** (2022). Family nurse practitioner in primary care. Summer Health Professions Education Program (SHPEP), The University of Texas Health Science Center at Houston (UTHealth), Cizik School of Nursing. Houston, Texas. June 23, 2022.
4. **Ju, H.** (2023). Family nurse practitioner in primary care. Summer Health Professions Education Program (SHPEP), The University of Texas Health Science Center at Houston (UTHealth), Cizik School of Nursing. Houston, Texas. June 22, 2023.
5. Brady, V. & **Ju, H.** (2023). DNP or PhD? That is the question. Poster Presentation at the Texas Nurse Practitioners (TNP) 35th Annual Conference. Dallas, Texas. September 29, 2023.
6. **Ju, H.** (2024). Family nurse practitioner in primary care. Summer Health Professions Education Program (SHPEP), The University of Texas Health Science Center at Houston (UTHealth), School of Dentistry. Houston, Texas. July 1, 2024.

PROFESSIONAL SERVICE

Manuscript Reviewer

<i>JMIR Nursing</i> (Topics: diabetes mellitus management, virtual delivery)	2022 – Present
<i>Policy, Politics, & Nursing Practice</i> (Topics: telehealth best practices)	2023 – Present
<i>SAGE Open Nursing</i> (Topics: diabetes mellitus, diabetic foot ulcers)	2023 – Present
<i>Open Nursing</i> (Topics: diabetes mellitus, diabetic foot ulcers)	2024 – Present

Professional Organizations

Sigma Theta Tau International	2009 – Present
Chair, Zeta Pi Chapter Webmaster	2021 – 2023
Grant Reviewer, Zeta Pi Research/QI Project	2021 – 2023
Zeta Pi Scholar’s Day	2022
Moderator, Sigma’s 32 nd International Nursing Research Conference	July 22, 2021
Speaker, Zeta Pi Fall Induction	May 12, 2022
Moderator, Sigma’s 33 rd International Nursing Research Conference	August 4, 2022
Houston Food Bank/Harvest Marathon Relay	2021– 2022
American Academy of Nurse Practitioners	2017 – Present

Endocrine Nurses Society	2019 – Present
National League for Nursing	2019 – Present
Texas Nurse Practitioners	2019 – Present
UTHealth Houston Institute for Implementation Science	2023 – Present

Institutional Service

The University of Texas Health Science Center at Houston

Melissa’s Health Works Morning Show	Fall 2019
Live Television Interview	
Inter-Professional Education (IPE)	2019 – Present
Endocarditis Simulation	
Summer Health Professions Education Program	2020 – Present
Family Nurse Practitioner	
COVID-19 Vaccine Hub	Spring 2021
Post-vaccination Monitoring	
Stomp Out Stroke Girl Scouts Program	Summer 2022
Brain and Fitness Station	
Interprofessional Poverty Simulation	Fall 2022
Public Health Caseworker Station	
President’s Awards for Leadership Selection Committee	Spring 2024

Cizik School of Nursing at UTHealth

Baccalaureate Council (BC)	2019 – Present
Admission, Progression, and Graduation (APG) Committee	2021 – 2024
Faculty Life Council (FLC)	2020 – 2022
Faculty Development Committee	
Faculty Life Council (FLC)	2023 – 2025
Chair, Faculty Nominations Committee	
Student Nurses Association (SNA)	2022 – Present
Faculty Advisor	
Mock Interview Reviewer	Fall 2022
FNP-BSN Intra-Professional Simulation	2021 – Present
FNP-BSN Combo Simulation	
CEIR Presenter	2021
HESI NG Setup and Proctoring for Faculty	
Nuts & Bolts for Nurse Educators: Next Gen Learning:	2021
From Critical Thinking to Clinical Judgment to NCLEX®	
<i>Interfolio</i> Faculty Pilot Group	2022
Pacesetter BSN Advisor	2021 – Present
EXXAT Mapping for BSN Program	2023 – 2024

TEACHING AND MENTORING

Cizik School of Nursing at UTHealth

Courses

N3540	Pharmacotherapeutics – Lead
N3523	Adult and Older Adult Health Care II

- N4529L Transition to Professional Nursing
- N4528L Management of Patients in High Acuity Settings
- N3515B Adult Health Care I Clinical
- N3523B Adult and Older Health Care II Clinical
- N4528B Management of Patients in High Acuity Settings Clinical
- N6152B Advanced Physical Examination/Differential Diagnosis
- N6752 Family Nurse Practitioner Preceptorship
- N6194B Family Nurse Practitioner I
- N6860B DNP Fellowship I
- N6870B DNP Fellowship II

Guest Lecture

- N6195W Family Nurse Practitioner II

CONTINUING EDUCATION & FELLOWSHIPS

UTHealth Cizik School of Nursing	Foundations of Teaching and Learning in Nursing	2019
UTHealth Cizik School of Nursing	Electronic Communication and Technology in Education	2019
UTHealth Cizik School of Nursing	Curriculum Development and Evaluation	2020
UTHealth Cizik School of Nursing	Advanced Clinical Practice: Education Role	2020
Sigma Theta Tau International	Virtual Writing Academy Scholar	2021
National Council of State Boards of Nursing	Next Generation NCLEX Conference	2022