

CURRICULUM VITAE

Mahrokh "Mitzy" Kobeissi, DNP, MSN, APRN, FNP-C
UTHealth Houston | Cizik School of Nursing
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EDUCATION

Doctor of Nursing Practice (DNP) 4.0 GPA	University of Texas Health Science Center (UTHSC) Houston, Texas	08/2015
Master of Science in Nursing (MSN) Family Nurse Practitioner	UTHSC Houston, Texas	05/2011
Bachelor of Science in Nursing (BSN)	Houston Baptist University (HBU) Houston, Texas	02/2006

LICENSURE & CERTIFICATION

Advanced Practice Registered Nurse (APRN)	Texas Board of Nurse Examiners	10/2011 <i>Expires 05/2025</i>
Board Certified Family Nurse Practitioner (FNP)	American Academy of Nurse Practitioners Certification Board (AANPCB)	07/2011 <i>Expires 6/2026</i>
Registered Nurse (RN)	Texas Board of Nurse Examiners	03/2006 <i>Expires 05/2025</i>

LEADERSHIP DEVELOPMENT

Hudson Institute of Coaching	Biweekly Leadership Coaching	2/2021-12/2021
UTHealth Houston	Emerging Leaders Institute Course	11/2020

CERTIFICATES

American Board of Telehealth	CORE Concepts in Telehealth Certificate Program	08/2022
American Board of Telehealth	TelePrimary Care Certificate Program	12/2022

PROFESSIONAL EXPERIENCE

ACADEMIC EXPERIENCE

University of Texas Health Science Center (UTHealth) Cizik School of Nursing (CSON)	Assistant Professor Rank	08/2018– 08/2024
	Clinical Instructor Rank	01/2018– 08/2018

LEADERSHIP EXPERIENCE

UTHealth CSON	FNP Track Coordinator <i>MSN & BSN-DNP Program</i>	2019-2021
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FNP/APRN CLINICAL EXPERIENCE

Mitzy Med, PLLC®	Founder & Owner, Est. 4/2016 <i>Telehealth & House Calls</i>	2016 – present 2016-2020
UT Health Services Faculty Practice	Family Nurse Practitioner <i>Integrate Telehealth Services, Occupational Health</i>	2022
TelemedVIP	Telehealth Services Provider	2018 – 2020
Family Clinic <i>Jennifer Gwozdz, MD</i>	Family Nurse Practitioner	2013 – 2014
Christ Clinic	Family Nurse Practitioner	2012 – 2013

RN EXPERIENCE

Houston Methodist Hospital Texas Medical Center Houston, Texas	Emergency Department (ER) Adult ER	2006 – 2011
Memorial Hermann Katy Hospital Katy, Texas	Adult & Pediatric ER	2008 – 2009

HONORS, RECOGNITIONS, & AWARDS

Values Champion Award	Cizik School of Nursing	2023
<u>Patient Safety Network Recognition</u>	Agency for Healthcare Research & Quality	2023
<u>AANP SmartBrief Recognition</u>	AANP	2023
Excellence in Nursing Award <i>2020 Bronze Medal Faculty</i>	Good Samaritan Foundation	2020
Faculty Award of Excellence	UTHSC DNP Graduation Award	2015
Hero of Ike Award	Houston Chronicle Newspaper	2009
Outstanding BSN Graduate	Houston Baptist University	2006

PUBLICATIONS (^= lead author; *= recognized work; += mentored student research; IF = impact factor)**PEER-REVIEWED PUBLICATIONS**

1. **Kobeissi, M. M.** (Mar 2024). AUDIO: A Mnemonic for Best Practice Considerations in Audio-Only Telehealth. *Journal of Nurse Practitioners*, 20(3), 104946. (IF 0.826). <https://doi.org/10.1016/j.nurpra.2024.104946>
2. **Kobeissi, M. M.**, Kearney, K., Christopherson, K., & Ramirez, E. (2024). The Syllabus: A Commitment to Diversity, Equity, & Inclusion in Nursing Education. *Journal of Nursing Education*, 63. (IF 2.381). <https://doi:10.3928/01484834-20240321-01>
3. **^Kobeissi, M. M.**, Christopherson, K., & Ruppert, S. D. (Feb 2024). Leveraging Artificial Intelligence for Professional Email Communication. *Nurse Educator*, 49(1). (IF 2.79). <https://doi.org/10.1097/NNE.0000000000001493>
4. Christopherson, K., & **Kobeissi, M. M.** (Jan 2024). Applying Evidence-Based Practice Guidelines in Primary Care: A Heart Failure Scenario. *Journal of Nurse Practitioners*, 20(1), 104878. (IF 0.826). <https://doi.org/10.1016/j.nurpra.2023.104878>
5. **Kobeissi, M. M.** (Nov 2023). Interactive Asynchronous Simulation Using PowerPoint: Optimizing the Online Learning Environment. *Nurse Educator*. Published Online. (IF 2.79). <https://doi.org/10.1097/NNE.0000000000001557>
6. **Kobeissi, M. M.** (Nov 2023). Enhancing Simulation: A Roadmap for Integrating the Electronic Health Record into the Nurse Practitioner Curriculum. *Clinical Simulation in Nursing*, 85,101460. (IF 2.856). <https://doi.org/10.1016/j.ecns.2023.101460>
7. *** Kobeissi, M. M.** (Oct 2023). A Telehealth Policy Guide for Nurse Practitioners: A Compliance Checklist. *Journal of the American Association of Nurse Practitioners* 35(10), 602-604. (IF 1.495). <https://doi.org/10.1097/JXX.0000000000000879>
8. **Kobeissi, M. M.** (Oct 2023). Teaching Tip. Artificial Intelligence Syllabus Statement: Setting Expectations. *Nurse Educator*, 48(5), 275. (IF 2.79). <https://doi.org/10.1097/NNE.0000000000001456>
9. Garber, K., Chike-Harris, K., Vetter, M. J., **Kobeissi, M. M.**, Heidesch, T., Arends, R., Teall, A., & Rutledge, C. (May 2023). Telehealth Policy and the Advanced Practice Nurse. *Journal of Nurse Practitioners*, 19(7), 104655. (IF 0.826). <https://doi.org/10.1016/j.nurpra.2023.104655>
10. *** Kobeissi, M. M.**, & Hickey, J. V. (Mar 2023). An Infrastructure to Provide Safer, Higher Quality, and More Equitable Telehealth. *The Joint Commission Journal on Quality and Patient Safety*, 49(4), 213-222. (CiteScore 3.1; IF 1.38). <https://doi.org/10.1016/j.jcjq.2023.01.006>
11. **+Momin, R., Kobeissi, M. M.**, Khawaja, M., & Casarez, R. (Oct 2022). A NP-led Telehealth Protocol to Improve Diabetes Outcomes in Primary Care. *Journal of the American Association of Nurse Practitioners*, 34(10), 1167-1173. (IF 1.495). <https://doi.org/10.1097/JXX.0000000000000759>
12. **Kobeissi, M. M.**, & Ruppert, S.D. (Mar 2022). Remote patient triage: Shifting towards safer telehealth practice. *Journal of the American Association of Nurse Practitioners*, 34(3), 444-451. (IF 1.495). <https://doi.org/10.1097/JXX.0000000000000655>
13. **^Kobeissi, M. M.**, Christopherson, K., Kearney, K., & Aggarwal, S. (May 2021). Expanding clinical education during a time of crisis: Innovative virtual simulation. *Clinical Simulation in Nursing*, 56, 117-120. (IF 2.856). <https://doi.org/10.1016/j.ecns.2021.04.018>

MANUSCRIPTS IN PROGRESS

14. **Kobeissi, M.**, Teall, A., Brennan, M., Jones, H., Chike-Harris, K., Lamanna, J., Ossage, J., Reed, L., Smith, T., Stankard, K., Rutledge, C. (2024). Telehealth Best Practice Guidelines.
15. **Kobeissi, M. M.** (2024). Telehealth article.

ACADEMIC SCHOLARSHIPS (total \$95,500)

UT PARTNERS Full Scholarship DNP Tuition: \$28,000	UTHealth Houston	2013–2015
John S. Dunn DNP Scholarship: \$60,000	UTHealth Houston	2014–2015
Texas Nurses Association District #9: \$1,000	Texas Nurses Association	2005
Good Samaritan Scholarship: \$2,500	Good Samaritan Fund	2004–2006
Harris County Medical Society Philanthropic Fund: \$2,000	Nursing Scholarship	2005
Memorial Herman Volunteer Fund: \$2,000	Memorial City	2005

FUNDING ACTIVITIES

1. [PARTNERS Impact](#). Fundraising Flyer. 2024. Event raised **\$223,000**.
2. *Course Faculty Continuing Education*: 2024 UTHealth Self-Paced [Professional Development Courses](#). APRN Update – Telehealth in Primary care.
3. *Speaker*: Scholarship recipient impact. **UT PARTNERS Luncheon**. April 25, 2023. Houston, TX. Event raised **\$240,000**.
4. *Professional FNP Services*: [UT Health Services Clinic](#). Faculty Practice, Implementation of Telehealth Protocols and Services. Spring/Summer 2022. Houston, TX.

PROFESSIONAL PRESENTATIONS

INTERNATIONAL LEVEL

1. *Peer reviewed in-person podium presentation*: “**Technology in Practice: Digital Medical Kits.**” Sigma 47th Biennial Convention. San Antonio, TX. November 11-15, 2023.

NATIONAL LEVEL

2. *Selected Presenter & CE Activity*: “**Telehealth Policy and Practice.**” National Organization of Nurse Practitioner Faculties (**NONPF**) Telehealth Webinar Series. January 30, 2023.

STATE/REGIONAL LEVEL

3. *Preceptor Course*. UTHealth Self-Paced [Professional Development Courses](#). 2024. APRN Update – Telehealth in Primary care.
4. *Selected Special Interest Group Speaker*: “**Texas Telehealth Policy: Updates.**” Texas Nurse Practitioners Telehealth & Practice Improvement Conference. Special Interest Group. Virtual Conference. July 15, 2023.
5. *APRN Live Webinar & Workshop*: “**Telehealth Considerations for APRNs in Primary Care: Policy & Practice.**” UTHealth. Virtual. November 18, 2022.
6. *Peer-reviewed poster*: “**Telehealth & Patient Acuity.**” Texas Nurse Practitioners Annual Conference. Virtual. September 24-26, 2021.
7. *Peer-reviewed podium presentation*: “**Telehealth Primer for Nurse Practitioners.**” Texas Nurse Practitioners Annual Conference. Virtual. September 24-25, 2020.
8. *Peer-reviewed poster*: “**Kahoot! Live Virtual Adult Game-Based Learning.**” Kenneth I. Shine, MD Academy of Health Sciences Innovations in Health Sciences Conference. Austin, TX. Feb. 27, 2020.

LOCAL LEVEL

9. *Invited podium presentation*: “**Telehealth and Considerations for Clinical Practice.**” Memorial Hermann Annual Advanced Practice Provider Conference. Houston, TX. June 4, 2023.
10. *Selected podium presenter*: “**The Use of Virtual Reality as a Treatment for Loneliness in the Elderly.**” UTHealth-Rice Educational and Research Initiatives for Collaborative Health. Aging in Place IoT Conference. Houston, TX. January 30, 2020.
11. *Doctoral project poster presentation*: “**A Pilot Quality Improvement Project Evaluating the Effectiveness of Utilizing the Emergency Severity Index for Prehospital Triage.**” UTHealth Science Center at Houston. Houston, TX. August 14, 2015.

MEDIA AND OTHER CREATIVE PROJECTS

- “UTHealth Houston Creating a Healthier Future for All”. [Video](#). December 18, 2023.
- “Telehealth at UT Health Services.” [UTHealth Virtual Tour](#). September 23, 2022.
- “Telehealth and Primary Care.” Telehealth Gains Ground Amid COVID-19. Interview. UTHealth Newsroom, May 5, 2020.
- “The Many Faces of UTHealth.” Television Special. Mercedes Benz and UTHealth Partnership ABC 13, Houston, TX, December 16, 2019.
- “Health Watch – Summer Colds.” Live Television Interview - Rashi Vats. Fox 26 Morning News. Houston, TX, June 25, 2019.
- “Giving Back to Humanity.” CSON | [Telehealth & Online Teaching](#). American Association of Colleges of Nursing (AACN) TV, June 2019.
- “Hero of Ike.” Newspaper Interview. Houston Chronicle, October 3, 2008.

PROFESSIONAL SERVICE

MANUSCRIPT REVIEWER (IF= impact factor)

<u>Peer-reviewed Journal</u>	<u>Year</u>
<i>The Nurse Practitioner Journal</i> (topics: primary care) IF=1	2024- present
<i>Nurse Educator</i> (topics: artificial intelligence; virtual simulation; technology) IF=2.791	2023- present
<i>SAGE Open Nursing</i> (topics: telehealth; technology) IF= 2.0	2023- present

NATIONAL SERVICE (! = see publications)

<u>Organization</u>	<u>Role</u>	<u>Year</u>
AANP-CB	FNP Board Certification Exam Item Writer	2019- present
NONPF !Appointed twice	<ul style="list-style-type: none"> ● Chair, Telehealth Standardized Patient Subcommittee ● Telehealth Policy & Standardized Patient Committees 	2024- 2025 2021- 2025
NONPF	Appointed Webinar Series Speaker: Telehealth Policy	1/30/2023
NONPF	Website Content Contributor: Telehealth Policy	2024;2021
AACN	2023 Doctoral Education Conference Abstract Reviewer	2022

UTHEALTH HOUSTON SYSTEM-LEVEL SERVICE (! = see publications)

	<u>Year</u>
Telehealth and Telemedicine Collaborative Group	2023- present
! <i>Appointed by Dean:</i> Epic Electronic Health Record (EHR) Review Board	2023
◇ <i>Graduate Studies EHR Superuser, NP Curriculum Mapping/Integration, & Faculty/Student Support</i>	
Virtual Care & Telehealth Committee Member	2020-2022
UTHealth Services: FNP & Telehealth: Supported Telehealth Integration in Clinic	2022

CSON LEADERSHIP SERVICE (! = see publications)

	<u>Year</u>
Faculty Mentor (Dr. Rashmi Momin; Dr. Sydnee Lucas)	2022-2023; 2021
! Created CSON Artificial Intelligence Syllabus Statement	2023
! Created CSON Diversity, Equity, Inclusion Syllabus Statement	2022
FNP Track Coordinator	2019-2021
Appointed Chair, Search Committee for Graduate Clinical Coordinator	2021-2022
Appointed Chair, Search Committee for Associate Dean for Practice & Community Engagement	2020-2021

CSON COUNCILS

	<u>Year</u>
Graduate Council Member (Combined, DNP & MSN Programs)	2023- present
Faculty Life Council (FLC) (Elected member, two-year term)	2021-2023
• Chair, Wellness Committee	
• Faculty Evaluations Committee	
Diversity, Equity, & Inclusion Council (Elected member)	2022-2023
DNP Council, Member	2020-2023
MSN Council, Member	2018-2023

CSON TASKFORCES AND WORKGROUPS

	<u>Year</u>
Grad-Undergrad Calendar <i>Developed & Implemented Scheduling System</i>	2019- present
5-Year Strategic Planning Task Force, selected by Department Chair	2020-2021
SON Strategic Communications Task Force, selected by Department Chair	2020-2021
DNP Scholarly Projects Advisement Workgroup	2021
DNP Curriculum & Objectives Workgroup	2021
Graduate Preceptor Recognition Task Force	2020

COMMUNITY SERVICE

<i>Speaker: Nursing Innovations & Careers in Telemedicine</i>	6/2021 & 7/1/2020
Summer Health Professions Education Program Houston, Texas	

BOARD AFFILIATIONS

Ronald McDonald House Charities of Greater Houston/Galveston	Board of Directors	2022-2023
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PROFESSIONAL MEMBERSHIPS

Texas Nurse Practitioners	Member	2020- present
NONPF	<i>Member</i>	2019- present
NONPF Appointments	<i>Telehealth Policy & SP Committees Chair, Telehealth SP Committee</i>	2021- 2025 2024- 2025
National League for Nursing	Member	2019- present
Sigma Theta Tau International Honor Society - <i>Zeta Pi Chapter</i>	Member	2014- present
AANP	AANP Member Telehealth Special Interest Group	2012- present
American Academy of Family Physicians	Digital Subscriber	2018- present
National Student Nurses Association, HBU	Vice President	2004-2005

DEPARTMENT OF GRADUATE STUDIES | COURSES TAUGHT

Teaching Experience			
Year(s)	Course	Program	Role
2019-present	*N6908W/N6194W FNP I Didactic	BSN-DNP/MSN	Course Lead
2021-present	*N6845W DNP Practice Management	DNP	Course Lead
2023-present	*N7301W Translational Science I: Evidenced Based Practice Foundations	BSN-DNP	Faculty
2023-present	*N7302W Translational Science II: Methodology	BSN-DNP	Faculty
2023-present	*N7303W Translational Science III: Implementation	BSN-DNP	Faculty
2024-present	*N7304W Translational Science IV: Knowledge Translation	BSN-DNP	Faculty
2022-present	*N6830W DNP Project Advisement	DNP	Course Lead
2019-present	N7307/N6152B Advanced Physical Exam Didactic & Differential Diagnosis Lab	DNP/MSN	Faculty
2024	*N6855W Independent Study	BSN-DNP	Course Lead
2023	N6811/N6551W Diagnostic Tests & Procedures	BSN-DNP/MSN	Faculty
2018-2022	N6908B/N6194B FNP I Clinical	BSN-DNP/MSN	Course Lead
2019-2022	N6752 FNP Preceptorship	MSN	Course Lead
2022	*N6842W Transitions & Innovations in Healthcare	DNP	Faculty
2019	N6195W FNP II Didactic	MSN	Faculty
2018-2019	*N6165W Advanced Practice Role & Population Health	MSN	Faculty
2018	N6195B FNP II Clinical	MSN	Faculty
2018	*N6105W Evaluation & Application of Research	MSN	Faculty

W= DIDACTIC, B=LAB/CLINICAL*** indicates online course, ! indicates publication****Additional Responsibilities:**

- 2019-2021: FNP Track Coordinator
- ! 2020: Designer & Co-Lead for Telehealth Simulation (COVID-19 Response)
- 2021-2022: Preceptor to PhD Education Student (240 hours)
- ! 2023: Epic Curriculum Review Board Graduate Studies Superuser
- 2024: Preceptor to DNP Fellowship Student – Didactic Education (100 hours)

APPENDIX B: MENTORSHIP – PROJECTS & CAREER

DNP QUALITY IMPROVEMENT PROJECTS (+ indicates mentored published work)

ACTIVE PROJECT ADVISEMENT

1. Utilizing an artificial intelligence model for automated provider documentation to improve provider efficiency and satisfaction. **Current Student.**
2. A social media protocol to address obesity at a wellness facility. **Current Student.**
3. Design and implementation of an emergency room fast track. **Current Student.**
4. Provider bias and pain management in the emergency department. **Current Student.**
5. Leveraging a Telehealth Transition Navigator and the Transition Care Model to Improve Communication and Patient Satisfaction in Postoperative Patients. **Current Student.**

ENDED DOCTORAL PROJECTS

6. + A telehealth protocol to improve diabetes outcomes in primary care. Rashmi Momin. 2021-2022.
7. A birthing plan protocol on admission to labor and delivery. Ended 2023.
8. Protocol to increase patient electronic health record activation. Ended 2023.

MASTER'S FNP STUDENT ADVISEMENT

Academic advisement and degree plan counseling for 50-130 MSN students 2018–present

Last revised 4.03.2024