

**Mahrokh “Mitzy” Kobeissi, DNP, APRN, FNP-C****6901 Bertner Avenue, #693****Houston, TX 77030****713-500-2182**[Mahrokh.M.Kobeissi@uth.tmc.edu](mailto:Mahrokh.M.Kobeissi@uth.tmc.edu)[MitzyKobeissi@gmail.com](mailto:MitzyKobeissi@gmail.com)**EDUCATION**

Doctor of Nursing Practice ( <b>DNP</b> ) 4.0 GPA	University of Texas Health Science Center ( <b>UTHSC</b> ) Houston, Texas	08/2015
Master of Science in Nursing ( <b>MSN</b> ) <i>Family Nurse Practitioner</i>	UTHSC Houston, Texas	05/2011
Bachelor of Science in Nursing ( <b>BSN</b> )	Houston Baptist University Houston, TX	02/2006

**LICENSURE & CERTIFICATION**

Registered Nurse ( <b>RN</b> )	Texas Board of Nurse Examiners	03/2006 Exp. 05/31/2023
Advanced Practice Registered Nurse ( <b>APRN</b> )	Texas Board of Nurse Examiners	10/2011 Exp. 05/31/2023
Board Certified Family Nurse Practitioner ( <b>FNP</b> )	American Academy of Nurse Practitioners Certification Board ( <b>AANPCB</b> )	07/2011 Exp. 6/30/2026

**LEADERSHIP DEVELOPMENT**

Hudson Institute of Coaching	Biweekly Leadership Coaching	2/2021-12/31/2021
UTHealth Houston	Emerging Leaders Institute	11/2020

**CERTIFICATES**

American Board of Telehealth	CORE Concepts in Telehealth Certificate Program	Course Completion 08/28/2022
American Board of Telehealth	TelePrimary Care Certificate Program	09/01/2022 - present

**PROFESSIONAL EXPERIENCE****ACADEMIC EXPERIENCE**

University of Texas Health Science Center (UTHealth)   Cizik School of Nursing (CSON)	Clinical Instructor Rank	01/2018– 08/2018
	Assistant Professor Rank	08/2018– present

**LEADERSHIP EXPERIENCE**

UTHealth CSON	FNP Track Coordinator <i>MSN &amp; BSN-DNP Program</i>	09/1/ 2019– 12/31/2021
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**FNP/APRN CLINICAL EXPERIENCE**

UT Health Services	Family Nurse Practitioner <i>Telehealth Services, Primary Care Services, Occupational health</i>	Spring 2022 Semester Summer 2022 Semester
Mitzy Med, PLLC® Telehealth	Founder & Owner, Est. 4/2016 • <i>Telehealth Services</i> • <i>House Calls</i>	04/2016 – present 10/2016 – 1/2020
TelemedVIP	Telehealth Services Provider	2018 – 2020
Family Clinic Jennifer Gwozdz, MD	Family Nurse Practitioner	09/01/2013 – 12/31/2014
Christ Clinic	Family Nurse Practitioner	05/1/2012 – 08/31/2013

**RN EXPERIENCE**

Houston Methodist Hospital Texas Medical Center Houston, Texas	Emergency Room (ER) Adult ER RN	02/2006 – 05/2011
Memorial Hermann Katy Katy, Texas	Adult ER RN Pediatric ER RN	2008 – 2009

**HONORS & AWARDS**

<b>Excellence in Nursing Award</b> <i>2020 Bronze Medal</i> <i>Category: Nursing Education Faculty</i>	Good Samaritan Foundation	2020
<b>Faculty Award of Excellence</b> <i>Doctor of Nursing Practice</i>	UTHealth Science Center Houston, TX	05/2016
<b>Hero of Ike Award</b>	Houston Chronicle Newspaper	2009
<b>Outstanding BSN Graduate</b>	Houston Baptist University	2006

**SCHOLARSHIPS**

UT PARTNERS Scholarship: <b>\$28,000</b> <i>Full DNP tuition paid</i>	UTHealth Houston Houston, TX	2013 – 2015
John S. Dunn DNP Scholarship: <b>\$60,000</b>	UTHealth Houston Houston, TX	2014 – 2015
Texas Nurses Association District #9 Scholarship: <b>\$1,000</b>	Texas Nurses Association District #9 Houston, TX	2005
Good Samaritan Scholarship: <b>\$2,500</b>	Good Samaritan Fund	2004 – 2006
Harris County Medical Society Philanthropic Fund: <b>\$2,000</b>	Nursing Scholarship	2005
Memorial Herman Volunteer Fund: <b>\$2,000</b>	Memorial Herman Memorial City Nursing Scholarship	2005

**PROFESSIONAL PUBLICATIONS****Peer-reviewed**

\* Indicates mentored student research

1. **Kobeissi, M. M.**, & Ruppert, S.D. (2021). Remote patient triage: Shifting towards safer telehealth practice. *Journal of the American Association of Nurse Practitioners*, 34(3), 444-451. doi: [10.1097/JXX.0000000000000655](https://doi.org/10.1097/JXX.0000000000000655) (IF 1.42). **Online & In-print.**
2. **Kobeissi, M. M.**, Christopherson, K., Kearney, K., & Aggarwal, S. (2021). Expanding clinical education during a time of crisis: Innovative virtual simulation. *Clinical Simulation in Nursing*, 56, 117-120. <https://doi.org/10.1016/j.ecns.2021.04.018> (IF 2.391). **Online & In-print.**
3. \*Momin, R., **Kobeissi, M. M.**, Khawaja, M., & Casarez, R. (2022). A NP-led Telehealth Protocol to Improve Diabetes Outcomes in Primary Care. *Journal of the American Association of Nurse Practitioners*, 34(10), 1167-1173. (IF 1.495). doi: [10.1097/JXX.0000000000000759](https://doi.org/10.1097/JXX.0000000000000759) **Online & In-print.**

**Manuscripts Under Review**

**Kobeissi, M. M.**, & Hickey, J. V. (2022). Telehealth Quality & Equity Manuscript.

**Manuscripts In Progress**

1. **Kobeissi, M. M.**, Kearney, K., Christopherson, K., & Ramirez, E. (2022). Diversity, Equity, & Inclusion in Nursing Education.
2. **Kobeissi, M. M.**, Lucas, S., & Christopherson, K. (2022). Innovative Nurse Practitioner Clinical Tracking.
3. (Author order not confirmed) Garber, K., Teall, A., Heidesch, T., Arends, R., Vetter, M. J., Chike-Harris, K., **Kobeissi, M. M.**, & Rutledge, C. (2022). Telehealth Policy Manuscript.

## PROFESSIONAL PRESENTATIONS

### NATIONAL LEVEL

*Live Webinar: “Telehealth Policy and Practice.”* National Organization of Nurse Practitioner Faculties (NONPF). January 30, 2023.

### REGIONAL/STATE LEVEL

1. *APRN Live Virtual Workshop & Continuing Education Activity: “Telehealth Considerations for APRNs in Primary Care: Policy & Practice.”* UTHealth. November 18, 2022.
2. *Peer reviewed podium presentation: “Telehealth Primer for Nurse Practitioners.”* Texas Nurse Practitioners Annual Conference. September 24-25, 2020.
3. *Peer reviewed poster: “Telehealth & Patient Acuity.”* Texas Nurse Practitioners Annual Conference. September 24-26, 2021.
4. *Peer reviewed poster: “Kahoot! Live Virtual Adult Game-Based Learning.”* Kenneth I. Shine, M.D. Academy of Health Sciences Innovations in Health Sciences Conference. Austin, TX, Feb. 27, 2020.

### LOCAL LEVEL

1. *Podium presentation: “The Use of Virtual Reality as a Treatment for Loneliness in the Elderly.”* UTHealth-Rice Educational and Research Initiatives for Collaborative Health. Aging in Place IoT Conference, Houston, TX, January 30, 2020. Houston, TX.
2. *Invited speaker: “Nursing Innovations & Careers in Telemedicine”.* Summer Health Professions Education Program. Houston, TX, June 17, 2021 and July 1, 2020.
3. *DNP poster presentation: “A Pilot Quality Improvement Project Evaluating the Effectiveness of Utilizing the Emergency Severity Index for Prehospital Triage.”* Houston, Texas. UTHealth Science Center at Houston. Houston, TX, August 14, 2015.

## DOCTORAL QUALITY IMPROVEMENT PROJECT

A Pilot Quality Improvement Project Evaluating the Effectiveness of Utilizing the Emergency Severity Index for Prehospital Triage. UTHSC-Houston, 2015. Faculty Advisor: Dr. Joanne Hickey, PhD, ACNP, FAAN, FCCM.

## MEDIA AND OTHER CREATIVE PROJECTS

1. *“Telehealth Services at University of Texas Health Services.”* UTHealth. 2022.
2. *“Telehealth and Primary Care.”* Telehealth Gains Ground Amid COVID-19. Newspaper Interview. UTHealth Newsroom, May 5, 2020.
3. *“The Many Faces of UTHealth.”* Television Special. Mercedes Benz and UTHealth Partnership ABC 13, Houston, TX., December 16, 2019.
4. *“Health Watch – Summer Colds.”* Live Television Interview - Rashi Vats. Fox 26 Morning News, Houston, TX., June 25, 2019.
5. *‘Giving Back to Humanity’.* CSON | Telehealth & Online Teaching. AACN TV, June 2019.
6. *“Hero of Ike.”* Newspaper Interview. Houston Chronicle, October 3, 2008.

**PROFESSIONAL SERVICE****National Service**

<b><u>Organization</u></b>	<b><u>Role</u></b>	<b><u>Year</u></b>
American Association of Colleges of Nursing (AACN)	Abstract Reviewer: 2023 Doctoral Education Conference	2022
NONPF	Telehealth Committee Member & Telehealth Policy Subcommittee Member <i>Deliverables: Telehealth Policy Website Content, Telehealth Manuscript, Live Telehealth Webinar</i>	2021-2023
AANP-CB	Certification Exam Item Writer	2022 & 2019

**UT System-Level Service**

<b><u>Organization</u></b>	<b><u>Role</u></b>	<b><u>Year</u></b>
UTHealth Houston	Live Workshop & Continuing Education Activity for UTHealth	11/18/2022
UTHealth Houston	Virtual Care and Telehealth Committee Member	2020-present
UTHealth Houston	UTHealth Services Clinic: FNP & Telehealth Provider <i>Telehealth Integration: Policies &amp; Procedures &amp; Telehealth Services Provider</i>	2022

**UT Cizik SON Level Service**

<b><u>Organization</u></b>	<b><u>Role</u></b>	<b><u>Year</u></b>
UTHealth CSON	FNP Track Coordinator	2019-2021
UTHealth CSON	Chair, Search for Associate Dean for Practice & Community Engagement	2020-2021
UTHealth CSON	Chair, Search for Graduate Clinical Coordinator	2021-2022
UTHealth CSON	Created Diversity, Equity, & Inclusion Syllabus Statement	2022

**Cizik SON-Level Councils**

<b><u>Organization</u></b>	<b><u>Role</u></b>	<b><u>Year</u></b>
UTHealth CSON	Faculty Life Council Member	2021-2023
UTHealth CSON	Diversity, Equity, & Inclusion Council	2022-present
UTHealth CSON	DNP Council Member	2020-present
UTHealth CSON	MSN Council Member	2018-present

**Cizik SON Level Taskforces, Workgroups, and Committees**

Lead of Exam Integrity DNP Council Workgroup	2022
5-Year Strategic Planning Task Force	2020-2021
SON Strategic Communications Task Force	2020-2021
DNP Workgroup for Scholarly Projects Advisement	2021
DNP Clinical Scholarship Portfolio Workgroup	2021
DNP Curriculum & Objective Workgroup	2021
Graduate Preceptor Recognition Task Force	2020
Graduate–Undergraduate Studies Calendar   <i>Developed and Implemented Scheduling System</i>	2019-present
Patient Care   Competencies for NP Outcomes	2020
UT Telemedicine Education Interprofessional Group	2019-2020

**Community Service**

Summer Health Professions Education Program	6/17/2021 & 7/1/2020
Telehealth Service Post Hurricane Harvey	2017
Lakemont Community Quarterly Health Article Reaching 1,000 homes	2003-2005

**Board Affiliations**

Ronald McDonald House Charities of Greater Houston/Galveston	Board of Directors	2022 – present
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**PROFESSIONAL MEMBERSHIPS**

Texas Nurse Practitioners	Member	2020 – present
NONPF	1. NONPF Member 2. Telehealth Policy Committee	2019 – present 2021 – 2023
National League for Nursing	Member	2019 – present
Sigma Theta Tau International Nursing Honor Society - <i>Zeta Pi Chapter</i>	Member	2014 – present
AANP	Member Telehealth Special Interest Group	2012 – present 2021
American Academy of Family Physicians	Digital Subscriber	2018 – present
National Student Nurses Association, Houston Baptist University	Vice President	2004 – 2005

**FACULTY MENTORSHIP**

New faculty mentor	Department Graduate Studies	01/2021 – 12/31/2021
FNP Track Coordinator mentor	Department Graduate Studies <i>MSN &amp; BSN-DNP FNP program</i>	10/2021 – 12/31/2021

**STUDENT MENTORSHIP****DNP Student Quality Improvement Projects**

1. Using Telehealth to Improve Diabetes Outcomes in Primary Care. 2021-2022.
2. Design & Implementation of an Emergency Room Fast Track. 2021-2023.

**Education Student Precepting**

1. Nursing Education PhD Student  
*240 precepted hours Online Graduate Education Teaching  
Methodologies & Game-based learning*
- Summer 2021 & Fall 2021

**APPENDIX A**  
**LIST OF COURSES TAUGHT**

<b>2023</b>   Cizik School of Nursing at UTHealth   Department of Graduate Studies		
<b>Assistant Professor   Family Nurse Practitioner</b>		
<i>6<sup>th</sup> Year of Graduate Level Teaching</i>		
SPRING SEMESTER	SUMMER SEMESTER	FALL SEMESTER
<b>Course Lead</b> – BSN-DNP N6908W FNP 1 Didactic	TBA	TBA
<b>Course Lead</b> - MSN N6194W FNP 1 Didactic		
<b>Course Lead</b> 6845 - DNP Practice Management		
Faculty – N6842 DNP Transitions & Innovations in Healthcare Delivery		
N7301 – DNP Project Advisement		
N6830 – Clinical Scholarship Portfolio		

<b>2022</b>   Cizik School of Nursing at UTHealth   Department of Graduate Studies		
<b>Assistant Professor   Family Nurse Practitioner</b>		
<i>5<sup>th</sup> Year of Graduate Level Teaching</i>		
SPRING SEMESTER	SUMMER SEMESTER	FALL SEMESTER
	<b>Faculty Clinical Practice: UT Health Services, Telehealth &amp; In-person</b>	
<b>Course Lead</b> – BSN-DNP N6908W FNP 1 Didactic	<b>Course Lead</b> - MSN N6194W FNP 1 Didactic	<b>Course Lead</b> – BSN-DNP N6908W FNP 1 Didactic
<b>Course Lead</b> - MSN N6194W FNP 1 Didactic	Faculty – DNP N6845 Practice Management	<b>Course Lead</b> - MSN N6194W FNP 1 Didactic
Faculty – N6842 DNP Transitions & Innovations in Healthcare Delivery	N6830 – DNP Project Advisement	Faculty - MSN N6194B FNP 1 Clinical Site Visits
Faculty - MSN N6152B: Advanced Physical Examination and Differential Diagnosis Lab		Faculty - Undergraduate- Graduate Simulation
N6830 – DNP Project Advisement		Faculty - MSN N6152B: Advanced Physical Examination and Differential Diagnosis Lab
		N6830 – DNP Project Advisement



LIST OF COURSES TAUGHT

<b>2021</b>   Cizik School of Nursing at UTHealth   Department of Graduate Studies		
<b>Assistant Professor   Family Nurse Practitioner</b>		
<i>4<sup>th</sup> Year of Graduate Level Teaching</i>		
<b>SPRING SEMESTER</b>	<b>SUMMER SEMESTER</b>	<b>FALL SEMESTER</b>
<b>FNP Track Coordinator</b>	<b>FNP Track Coordinator</b>	<b>FNP Track Coordinator</b>
<b>Course Lead - MSN</b> N6194W FNP 1 Didactic	<b>Course Lead - MSN</b> N6194W FNP 1 Didactic	<b>Course Lead – BSN-DNP</b> N6908W FNP 1 Didactic
<b>Course Lead - MSN</b> N6194B FNP 1 Clinical	<b>Course Lead - MSN</b> N6194B FNP 1 Clinical	<b>Course Lead – BSN-DNP</b> N6908B FNP 1 Clinical
<b>Course Lead - MSN</b> N6752 FNP Preceptorship	<b>Course Lead - MSN</b> N6752 FNP Preceptorship	<b>Course Lead - MSN</b> N6194W FNP 1 Didactic
Faculty - DNP N6842 Transitions & Innovations in Healthcare Delivery	Faculty – DNP N6845 Practice Management	<b>Course Lead - MSN</b> N6194B FNP 1 Clinical
	Preceptor to Nursing Education Student – 120 hours	<b>Course Lead - MSN</b> N6752 FNP Preceptorship
		Preceptor to Nursing Education Student – 120 hours

<b>2020</b>   Cizik School of Nursing at UTHealth   Department of Graduate Studies		
<b>Assistant Professor   Family Nurse Practitioner</b>		
<i>3<sup>rd</sup> Year of Graduate Level Teaching</i>		
<b>SPRING SEMESTER</b>	<b>SUMMER SEMESTER</b>	<b>FALL SEMESTER</b>
<b>FNP Track Coordinator</b>	<b>FNP Track Coordinator</b>	<b>FNP Track Coordinator</b>
<b>Course Lead – MSN</b> N6194W FNP I Didactic	<b>Course Lead – MSN</b> N6194W FNP I Didactic	<b>Course Lead - BSN-DNP</b> N6908W FNP I Didactic
<b>Course Lead – MSN</b> N6194B FNP I Clinical	<b>Course Lead – MSN</b> N6194B FNP I Clinical	<b>Course Lead - BSN-DNP</b> N6908B FNP I Clinical
<b>Course Lead – MSN</b> N6752 FNP Preceptorship	<b>Course Lead – MSN</b> N6752 Preceptorship	<b>Course Lead - MSN</b> N6194W FNP I Didactic
Telehealth Clinical Simulation <b>Designer &amp; Co-Lead</b> of Intraprofessional (All NP track) Virtual COVID-19 response effort (Published work)		<b>Course Lead - MSN</b> N6194B FNP I Clinical
		<b>Course Lead - MSN</b> N6752 Preceptorship

LIST OF COURSES TAUGHT

<b>2019</b>   Cizik School of Nursing at UTHealth   Department of Graduate Studies		
<b>Assistant Professor   Family Nurse Practitioner</b>		
<i>2<sup>nd</sup> Year of Graduate Level Teaching</i>		
<b>SPRING SEMESTER</b>	<b>SUMMER SEMESTER</b>	<b>FALL SEMESTER</b>
		<b>FNP Track Coordinator</b>
<b>Course Lead - MSN</b> N6194W FNP I Didactic	<b>Course Lead - MSN</b> N6194W FNP I Didactic	<b>Course Lead - MSN</b> N6194W FNP I Didactic
<b>Course Lead - DNP</b> N6842 Transitions and Innovations in Healthcare Delivery	<b>Clinical Faculty - MSN</b> N6194B FNP I Clinical	<b>Course Lead - MSN</b> N6194B FNP I Clinical
Faculty - MSN N6195W FNP II	<b>Course Lead - DNP</b> N6845 Practice Management	<b>Course Lead - MSN</b> N6752 FNP Preceptorship
Faculty - MSN N6152B Advanced Physical Examination and Differential Diagnosis Lab		

<b>2018</b>   Cizik School of Nursing at UTHealth   Department of Graduate Studies		
<i>1<sup>st</sup> Year of Graduate Level Teaching</i>		
<b>SPRING SEMESTER</b>	<b>SUMMER SEMESTER</b>	<b>FALL SEMESTER</b>
<b>Clinical Instructor   FNP</b>	<b>Clinical Instructor   FNP</b>	<b>Assistant Professor   FNP</b>
MSN - N6752: Advanced Clinical Practice: FNP Preceptorship	MSN - N6165W Advanced Practice Role & Population Health	Faculty - N6194W FNP I - MSN Didactic
	MSN - N6194B FNP I Clinical	Faculty - MSN N6165W: Advanced Practice Role & Population Health
	MSN - N6195B FNP II Clinical	Faculty - MSN N6152B: Advanced Physical Examination and Differential Diagnosis Lab
		Faculty - MSN N6105W: Evaluation & Application of Research

Last revised 11.3.2022