

CURRICULUM VITAE

Mahrokh “Mitzy” Kobeissi, DNP, MSN, APRN, FNP-C
 UTHHealth Houston | Cizik School of Nursing
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EDUCATION

Doctor of Nursing Practice (DNP) 4.0 GPA	University of Texas Health Science Center (UTHSC) Houston, Texas	08/2015
Master of Science in Nursing (MSN) Family Nurse Practitioner	UTHSC Houston, Texas	05/2011
Bachelor of Science in Nursing (BSN)	Houston Baptist University (HBU) Houston, Texas	02/2006

LICENSURE & CERTIFICATION

Registered Nurse (RN)	Texas Board of Nurse Examiners	03/2006 <i>Expires 05/31/2025</i>
Advanced Practice Registered Nurse (APRN)	Texas Board of Nurse Examiners	10/2011 <i>Expires 05/31/2025</i>
Board Certified Family Nurse Practitioner (FNP)	American Academy of Nurse Practitioners Certification Board (AANPCB)	07/2011 <i>Expires 6/30/2026</i>

LEADERSHIP DEVELOPMENT

Hudson Institute of Coaching	Biweekly Leadership Coaching	2/2021-12/31/2021
UTHealth Houston	Emerging Leaders Institute Course	<u>Completion</u> 11/2020

CERTIFICATES

American Board of Telehealth	CORE Concepts in Telehealth Certificate Program	<u>Completion</u> 08/28/2022
American Board of Telehealth	TelePrimary Care Certificate Program	12/05/2022

PROFESSIONAL EXPERIENCE

ACADEMIC EXPERIENCE

University of Texas Health Science Center (UTHealth) Cizik School of Nursing (CSON)	Assistant Professor Rank	08/2018– present
	Clinical Instructor Rank	01/2018– 08/2018

LEADERSHIP EXPERIENCE

UTHealth CSON	FNP Track Coordinator <i>MSN & BSN-DNP Program</i>	09/1/ 2019– 12/31/2021
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FNP/APRN CLINICAL EXPERIENCE

Mitzy Med, PLLC® Telehealth	Founder & Owner, Est. 4/2016 <i>Telehealth, House Calls</i>	04/2016 – present 10/2016 – 1/2020
UT Health Services Faculty Practice	Family Nurse Practitioner <i>Telehealth Services, Primary Care, Occupational Health</i>	Spring – Summer 2022
TelemedVIP	Telehealth Services Provider	2018 – 2020
Family Clinic <i>Jennifer Gwozdz, MD</i>	Family Nurse Practitioner	09/2013 – 12/31/2014
Christ Clinic	Family Nurse Practitioner	05/1/2012 – 08/31/2013

RN EXPERIENCE

Houston Methodist Hospital Texas Medical Center Houston, Texas	Emergency Room (ER) Adult ER RN	02/2006 – 05/2011
Memorial Hermann Katy Katy, Texas	Adult ER RN Pediatric ER RN	2008 – 2009

HONORS, RECOGNITIONS, & AWARDS

Values Champion Award	Cizik School of Nursing	12/2023
<u>Patient Safety Network Recognition</u>	Agency for Healthcare Research & Quality	03/2023
<u>AANP SmartBrief</u>	AANP	11/2023
Excellence in Nursing Award <i>2020 Bronze Medal Faculty</i>	Good Samaritan Foundation	2020
Faculty Award of Excellence	UTHSC DNP Graduation Award	2015
Hero of Ike Award	Houston Chronicle Newspaper	2009
Outstanding BSN Graduate	Houston Baptist University	2006

PUBLICATIONS (^= lead author; *= recognized work; += mentored student research; IF = impact factor)

PEER-REVIEWED PUBLICATIONS

1. ^**Kobeissi, M. M.**, Christopherson, K., & Ruppert, S. D. (Jan/Feb 2024). Leveraging Artificial Intelligence for Professional Email Communication. *Nurse Educator*, 49(1). (IF 2.79). <https://doi.org/10.1097/NNE.0000000000001493>
2. Christopherson, K., & **Kobeissi, M. M.** (Feb 2024). Applying Evidence-Based Practice Guidelines in Primary Care: A Heart Failure Scenario. *Journal of Nurse Practitioners*. (IF 0.826). <https://doi.org/10.1016/j.nurpra.2023.104878>
3. **Kobeissi, M. M.** (Nov 2023). Interactive Asynchronous Simulation Using PowerPoint: Optimizing the Online Learning Environment. *Nurse Educator*. Published Online. (IF 2.79). <https://doi.org/10.1097/NNE.0000000000001557>
4. **Kobeissi, M. M.** (Nov 2023). Enhancing Simulation: A Roadmap for Integrating the Electronic Health Record into the Nurse Practitioner Curriculum. *Clinical Simulation in Nursing*, 85,101460. (IF 2.856). <https://doi.org/10.1016/j.ecns.2023.101460>
5. * **Kobeissi, M. M.** (Oct 2023). A Telehealth Policy Guide for Nurse Practitioners: A Compliance Checklist. *Journal of the American Association of Nurse Practitioners* 35(10), 602-604. (IF 1.495). <https://doi.org/10.1097/JXX.0000000000000879>
6. **Kobeissi, M. M.** (Oct 2023). Teaching Tip. Artificial Intelligence Syllabus Statement: Setting Expectations. *Nurse Educator*, 48(5), 275. (IF 2.79). <https://doi.org/10.1097/NNE.0000000000001456>
7. Garber, K., Chike-Harris, K., Vetter, M. J., **Kobeissi, M. M.**, Heidesch, T., Arends, R., Teall, A., & Rutledge, C. (May 2023). Telehealth Policy and the Advanced Practice Nurse. *Journal of Nurse Practitioners*, 19(7) 104655. (IF 0.826). <https://doi.org/10.1016/j.nurpra.2023.104655>
8. * **Kobeissi, M. M.**, & Hickey, J. V. (Mar 2023). An Infrastructure to Provide Safer, Higher Quality, and More Equitable Telehealth. *The Joint Commission Journal on Quality and Patient Safety*, 49(4), 213-222. (CiteScore 3.1; IF 1.38). <https://doi.org/10.1016/j.jciq.2023.01.006>
9. +Momin, R., **Kobeissi, M. M.**, Khawaja, M., & Casarez, R. (Oct 2022). A NP-led Telehealth Protocol to Improve Diabetes Outcomes in Primary Care. *Journal of the American Association of Nurse Practitioners*, 34(10), 1167-1173. (IF 1.495). <https://doi.org/10.1097/JXX.0000000000000759>
10. **Kobeissi, M. M.**, & Ruppert, S.D. (Mar 2022). Remote patient triage: Shifting towards safer telehealth practice. *Journal of the American Association of Nurse Practitioners*, 34(3), 444-451. (IF 1.495). <https://doi.org/10.1097/JXX.0000000000000655>
11. ^**Kobeissi, M. M.**, Christopherson, K., Kearney, K., & Aggarwal, S. (May 2021). Expanding clinical education during a time of crisis: Innovative virtual simulation. *Clinical Simulation in Nursing*, 56, 117-120. (IF 2.856). <https://doi.org/10.1016/j.ecns.2021.04.018>

ACCEPTED PEER-REVIEWED PUBLICATIONS

12. **Kobeissi, M. M.** AUDIO: A Mnemonic for Best Practice Considerations in Audio-Only Telehealth. (2024). *Journal of Nurse Practitioners*. (IF 0.826).
13. **Kobeissi, M. M.**, Kearney, K., Christopherson, K., & Ramirez, E. (2024). The Syllabus: A Commitment to Diversity, Equity, & Inclusion in Nursing Education. *Journal of Nursing Education*. (IF 2.381).

MANUSCRIPTS IN PROGRESS

14. Kobeissi, M. M. (current) Telehealth article.

ACADEMIC SCHOLARSHIPS (total \$95,500)

UT PARTNERS Full Scholarship DNP Tuition: \$28,000	UTHealth Houston	2013–2015
John S. Dunn DNP Scholarship: \$60,000	UTHealth Houston	2014–2015
Texas Nurses Association District #9: \$1,000	Texas Nurses Association	2005
Good Samaritan Scholarship: \$2,500	Good Samaritan Fund	2004–2006
Harris County Medical Society Philanthropic Fund: \$2,000	Nursing Scholarship	2005
Memorial Herman Volunteer Fund: \$2,000	Memorial City	2005

FUNDING ACTIVITIES

1. *Speaker:* Scholarship recipient impact. **UT PARTNERS Luncheon**. April 25, 2023. Houston, TX. Event raised **\$240,000**.
2. *Professional FNP Services:* **UT Health Services Clinic**. Faculty Practice, Implementation of Telehealth Protocols and Services. Spring/Summer 2022. Houston, TX.

PROFESSIONAL PRESENTATIONS

INTERNATIONAL LEVEL

1. *Peer reviewed in-person podium presentation:* **“Technology in Practice: Digital Medical Kits.”** Sigma 47th Biennial Convention. San Antonio, TX. November 11-15, 2023.

NATIONAL LEVEL

2. *Selected Presenter & CE Activity:* **“Telehealth Policy and Practice.”** National Organization of Nurse Practitioner Faculties (**NONPF**) Telehealth Webinar Series. January 30, 2023.

STATE/REGIONAL LEVEL

3. *Selected Special Interest Group Speaker:* **“Texas Telehealth Policy: Updates.”** Texas Nurse Practitioners Telehealth & Practice Improvement Conference. Special Interest Group. Virtual Conference. July 15, 2023.
4. *APRN Workshop & CE presentation:* **“Telehealth Considerations for APRNS in Primary Care: Policy & Practice.”** UTHealth. Virtual. November 18, 2022.
5. *Peer-reviewed poster:* **“Telehealth & Patient Acuity.”** Texas Nurse Practitioners Annual Conference. Virtual. September 24-26, 2021.
6. *Peer-reviewed podium presentation:* **“Telehealth Primer for Nurse Practitioners.”** Texas Nurse Practitioners Annual Conference. Virtual. September 24-25, 2020.
7. *Peer-reviewed poster:* **“Kahoot! Live Virtual Adult Game-Based Learning.”** Kenneth I. Shine, MD Academy of Health Sciences Innovations in Health Sciences Conference. Austin, TX. Feb. 27, 2020.

LOCAL LEVEL

8. *Invited podium presentation:* **“Telehealth and Considerations for Clinical Practice.”** Memorial Hermann Annual Advanced Practice Provider Conference. Houston, TX. June 4, 2023.
9. *Selected podium presenter:* **“The Use of Virtual Reality as a Treatment for Loneliness in the Elderly.”** UTHealth-Rice Educational and Research Initiatives for Collaborative Health. Aging in Place IoT Conference. Houston, TX. January 30, 2020.
10. *Doctoral project poster presentation:* **“A Pilot Quality Improvement Project Evaluating the Effectiveness of Utilizing the Emergency Severity Index for Prehospital Triage.”** UTHealth Science Center at Houston. Houston, TX. August 14, 2015.

MEDIA AND OTHER CREATIVE PROJECTS

- “UTHealth Houston Creating a Healthier Future for All”. [Video](#). December 18, 2023.
- “Telehealth at UT Health Services.” [UTHealth Virtual Tour](#). September 23, 2022.
- “Telehealth and Primary Care.” Telehealth Gains Ground Amid COVID-19. Interview. UTHealth Newsroom, May 5, 2020.
- “The Many Faces of UTHealth.” Television Special. Mercedes Benz and UTHealth Partnership ABC 13, Houston, TX, December 16, 2019.
- “Health Watch – Summer Colds.” Live Television Interview - Rashi Vats. Fox 26 Morning News. Houston, TX, June 25, 2019.
- “Giving Back to Humanity.” CSON | [Telehealth & Online Teaching](#). American Association of Colleges of Nursing (AACN) TV, June 2019.
- “Hero of Ike.” Newspaper Interview. Houston Chronicle, October 3, 2008.

PROFESSIONAL SERVICE

MANUSCRIPT REVIEWER (IF= impact factor)

<u>Peer-reviewed Journal</u>	<u>Year</u>
<i>The Nurse Practitioner Journal</i>	2024
<i>Nurse Educator</i> (topics: artificial intelligence; virtual simulation; technology) IF= 2.791	2023-2024
<i>SAGE Open Nursing</i> (topics: telehealth; technology) IF= 2.0	2023

NATIONAL SERVICE (! = see publications)

<u>Organization</u>	<u>Role</u>	<u>Year</u>
NONPF	! <i>Appointed twice to 2-year terms: Telehealth & Policy Committee</i>	2023-2025 2021-2023
NONPF	<i>Selected Speaker: Telehealth Policy Live Webinar & CE</i>	1/30/2023
NONPF	<i>Content Contributor: Telehealth Policy Resources (Website)</i>	2021
AACN	<i>Abstract Reviewer:2023 Doctoral Education Conference</i>	2022
AANP-CB	<i>FNP Board Certification Exam Item Writer</i>	2019,2022,2024

UTHEALTH HOUSTON SYSTEM-LEVEL SERVICE (! = see publications)

	<u>Year</u>
! <i>Selected by Dean: Epic Electronic Health Record (EHR) Review Board</i>	1/02 - 8/15/2023
◇ <i>Graduate Studies EHR Superuser, NP Curriculum Mapping/Integration, & Faculty/Student Support</i>	
Telehealth and Telemedicine Collaborative Group	2023-present
Virtual Care & Telehealth Committee Member	2020-2022
Live Workshop & Continuing Education Activity for UTHealth	11/18/2022
UTHealth Services: FNP & Telehealth: Policy/Procedures & Clinical Practice	1/2022-9/2022

CSON LEADERSHIP SERVICE (! = see publications)

	<u>Year</u>
Mentored/Trained Incoming FNP Faculty	2023; 2021
! Created CSON Artificial Intelligence Syllabus Statement	2023
! Created CSON Diversity, Equity, Inclusion Syllabus Statement	2022
FNP Track Coordinator	2019-2021
Mentored/Trained Incoming FNP Track Coordinator	09/2021-3/2022
Chair, Search for Graduate Clinical Coordinator	2021-2022
Chair, Search for Associate Dean for Practice & Community Engagement	2020-2021

CSON COUNCILS

	<u>Year</u>
Graduate Council Member (Combined DNP & MSN Councils)	2023-present
Faculty Life Council (FLC) (Elected member, two-year term)	2021-2023
Diversity, Equity, & Inclusion Council (Elected member)	2022-2023
DNP Council Member	2020-2023
MSN Council Member	2018-2023

CSON TASKFORCES AND WORKGROUPS

	<u>Year</u>
FLC, Faculty Evaluations Committee Member	2022-2023
Chair, FLC Wellness Committee	2022-2023
Lead DNP Council Workgroup, Exam Integrity (Virtual testing platforms)	2022
5-Year Strategic Planning Task Force, selected by Department Chair	2020-2021
SON Strategic Communications Task Force, selected by Department Chair	2020-2021
DNP Scholarly Projects Advisement Workgroup	2021
DNP Curriculum & Objectives Workgroup	2021
Graduate Preceptor Recognition Task Force	2020
Grad–Undergrad Calendar <i>Developed & Implemented Schedule System</i>	2019-present
UT Telemedicine Education Interprofessional Group	2019-2020

COMMUNITY SERVICE

<i>Speaker: Nursing Innovations & Careers in Telemedicine</i> Summer Health Professions Education Program Houston, Texas	6/17/2021, 7/1/2020
Telehealth Service Post Hurricane Harvey, Mitzy Med PLLC®	9/2017
Lakemont Community Quarterly Health Article Reaching 1,000 households	2003-2005

BOARD AFFILIATIONS

Ronald McDonald House Charities of Greater Houston/Galveston	Board of Directors	2022 – 2023
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PROFESSIONAL MEMBERSHIPS

Texas Nurse Practitioners	Member	2020 – present
NONPF	Member	2019 – present
	Telehealth Committee Appointment	2021 – 2025
National League for Nursing	Member	2019 – present
Sigma Theta Tau International Nursing Honor Society - <i>Zeta Pi Chapter</i>	Member	2014 – present
AANP	AANP Member	2012 – present
	Telehealth Special Interest Group	
American Academy of Family Physicians	Digital Subscriber	2018 – present
National Student Nurses Association, HBU	Vice President	2004 – 2005

APPENDIX A: FACULTY WORKLOAD AND SPECIAL PROJECTS (*Indicates online course, != see publications)

2024 Assistant Professor Department of Graduate Studies UTHealth Cizik SON		
SPRING SEMESTER	SUMMER SEMESTER	FALL SEMESTER
New Faculty Mentor: Dr. Rashmi Momin	TBA	TBA
Post-Master's DNP Student Mentor – In Education (100 hours)		
* Course Lead – BSN-DNP N6908W FNP 1 Didactic		
* Course Lead - MSN N6194W FNP 1 Didactic		
* Course Lead 6845 - DNP Practice Management		
*N7301 DNP – Translational Science I: Evidence Based Practice Foundations		
*N7303 DNP – Translational Science III: Implementation		
*N6830 – DNP Project Advisement		
*N6855 – Independent Study		

2023 Assistant Professor Department of Graduate Studies UTHealth Cizik SON		
SPRING SEMESTER	SUMMER SEMESTER	FALL SEMESTER
Epic Curriculum Review Board Graduate Studies Superuser	Epic Curriculum Review Board Graduate Studies Superuser	New Faculty Mentor: Dr. Rashmi Momin
	New Faculty Mentor: Dr. Rashmi Momin	* Course Lead - MSN N6194W FNP 1 Didactic
* Course Lead – BSN-DNP N6908W FNP 1 Didactic	* Course Lead 6845 - DNP Practice Management	Faculty – MSN N6152B: Advanced Physical Examination Differential Diagnosis Lab
* Course Lead - MSN N6194W FNP 1 Didactic	* Course Lead - MSN N6194W FNP 1 Didactic	6551 (MSN) & 6811 (BSN-DNP) Diagnostic Tests & Procedures
* Course Lead 6845 - DNP Practice Management	*N7302 DNP – Translational Science 2: Methodology	Faculty - FNP Clinical Site Visits (FNP 1 & Preceptorship)
*N7301 DNP – Translational Science I: Evidence Based Practice Foundations	*N6830 – DNP Project Advisement	Faculty - Undergraduate-Graduate Combo Simulation
*N6830 – DNP Project Advisement		*N6830 – DNP Project Advisement

2022 Assistant Professor Department of Graduate Studies UTHealth Cizik SON		
SPRING SEMESTER	SUMMER SEMESTER	FALL SEMESTER
* Course Lead – BSN-DNP N6908W FNP 1 Didactic	Faculty Clinical Practice: UT Health, Telehealth	* Course Lead – BSN-DNP N6908W FNP 1 Didactic
* Course Lead - MSN N6194W FNP 1 Didactic	* Course Lead - MSN N6194W FNP 1 Didactic	* Course Lead - MSN N6194W FNP 1 Didactic
*Faculty – N6842 DNP Transitions & Innovations in Healthcare	*Faculty – DNP N6845 Practice Management	Faculty - MSN N6194B FNP Clinical Site Visits
Faculty - MSN N6152B: Advanced Physical Examination and Differential Diagnosis Lab	*N6830 – DNP Project Advisement	Faculty - Undergraduate-Graduate Combo Simulation
*N6830 – DNP Project Advisement		Faculty - MSN N6152B: Advanced Physical Examination and Differential Diagnosis Lab
		*N6830 – DNP Project Advisement

APPENDIX A: FACULTY WORKLOAD AND SPECIAL PROJECTS (*Indicates online course, != see publications)

2021 Assistant Professor Department of Graduate Studies UTHealth Cizik SON		
SPRING SEMESTER	SUMMER SEMESTER	FALL SEMESTER
FNP Track Coordinator	FNP Track Coordinator	FNP Track Coordinator
New Faculty Mentor: Dr. Sydnee Lucas	New Faculty Mentor: Dr. Sydnee Lucas	Train FNP Track Coordinator: Dr. Sydnee Lucas
*Course Lead - MSN N6194W FNP 1 Didactic	Preceptor to PhD Education Student – 120 hours	Preceptor to PhD Education Student – 120 hours
Course Lead - MSN N6194B FNP 1 Clinical	*Course Lead - MSN N6194W FNP 1 Didactic	*Course Lead – BSN-DNP N6908W FNP 1 Didactic
Course Lead - MSN N6752 FNP Preceptorship	Course Lead - MSN N6194B FNP 1 Clinical	Course Lead – BSN-DNP N6908B FNP 1 Clinical
*Faculty - DNP N6842 Transitions & Innovations in Healthcare	Course Lead - MSN N6752 FNP Preceptorship	*Course Lead - MSN N6194W FNP 1 Didactic
	*Faculty – DNP N6845 Practice Management	Course Lead - MSN N6194B FNP 1 Clinical
		Course Lead - MSN N6752 FNP Preceptorship

2020 Assistant Professor Department of Graduate Studies UTHealth Cizik SON		
SPRING SEMESTER	SUMMER SEMESTER	FALL SEMESTER
FNP Track Coordinator	FNP Track Coordinator	FNP Track Coordinator
*Course Lead – MSN N6194W FNP I Didactic	*Course Lead – MSN N6194W FNP I Didactic	*Course Lead - BSN-DNP N6908W FNP I Didactic
Course Lead – MSN N6194B FNP I Clinical	Course Lead – MSN N6194B FNP I Clinical	Course Lead - BSN-DNP N6908B FNP I Clinical
Course Lead – MSN N6752 FNP Preceptorship	Course Lead – MSN N6752 Preceptorship	*Course Lead - MSN N6194W FNP I Didactic
! Designer & Co-Lead: Telehealth Clinical Simulation NP track COVID-19 Response		Course Lead - MSN N6194B FNP I Clinical
		Course Lead - MSN N6752 Preceptorship

2019 Assistant Professor Department of Graduate Studies UTHealth Cizik SON		
SPRING SEMESTER	SUMMER SEMESTER	FALL SEMESTER
*Course Lead - MSN N6194W FNP I Didactic	*Course Lead - MSN N6194W FNP I Didactic	FNP Track Coordinator
Course Lead - DNP N6842 Transitions and Innovations in Healthcare Delivery	Clinical Faculty - MSN N6194B FNP I Clinical	*Course Lead - MSN N6194W FNP I Didactic
*Faculty - MSN N6195W FNP II	*Course Lead - DNP N6845 Practice Management	Course Lead - MSN N6194B FNP I Clinical
Faculty - MSN N6152B Advanced Physical Examination and Differential Diagnosis Lab		Course Lead - MSN N6752 FNP Preceptorship

APPENDIX A: FACULTY WORKLOAD AND SPECIAL PROJECTS (*Indicates online course)

2018 Department of Graduate Studies UTHealth Cizik SON		
SPRING SEMESTER	SUMMER SEMESTER	FALL SEMESTER
Clinical Instructor	Clinical Instructor	Assistant Professor
MSN - N6752: Advanced Clinical Practice: FNP Preceptorship	*MSN - N6165W Advanced Practice Role & Population Health	*Faculty - N6194W FNP I - MSN Didactic
	MSN - N6194B FNP I Clinical	*Faculty - MSN N6165W: Advanced Practice Role & Population Health
	MSN - N6195B FNP II Clinical	Faculty - MSN N6152B: Advanced Physical Examination and Differential Diagnosis Lab
		Faculty - MSN N6105W: Evaluation & Application of Research

APPENDIX B: MENTORSHIP – PROJECTS & CAREER

DNP QUALITY IMPROVEMENT PROJECTS

+ indicates mentored published work

1. + A telehealth protocol to improve diabetes outcomes in primary care. Rashmi Momin. 2021-2022.
2. Design and implementation of an emergency room fast track. Current Student.
3. A birthing plan protocol on admission to labor and delivery. Current Student.
4. Provider bias and pain management in the emergency department. Current Student.
5. Protocol to increase patient electronic health record activation. Current Student.
6. A social media protocol to address obesity at a wellness facility. Current Student.

MASTER'S STUDENT ADVISEMENT

2018 – present: Academic advisement and degree plan counseling for 50-130 MSN students