

CURRICULUM VITAE

Mahrokh 'Mitzy' Kobeissi, DNP, APRN, FNP-C

Assistant Professor | Department of Graduate Studies

Cizik School of Nursing at The University of Texas Health Science Center at Houston (UTHealth)

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EDUCATION

ACADEMIC	DEGREE	YEAR
UTHealth Houston, Texas	Doctor of Nursing Practice 4.0 GPA	8/2015
UTHealth Houston, Texas	Master of Science in Nursing Family Nurse Practitioner	5/2011
Houston Baptist University	Bachelor of Science in Nursing	2/2006

LEADERSHIP	YEAR
Hudson Institute of Coaching	Biweekly Coaching 2/2021 - present
UTHealth Houston, Texas	Emerging Leaders Institute 11/2020

CERTIFICATES	YEAR
American Board of Telehealth	Telehealth Primary Care Certificate Program 10/2021 - present

LICENSURE & CERTIFICATION

	STATE	EXP.
Registered Nurse License Texas Board of Nursing	Texas	5/31/2023
Advanced Practice Registered Nurse Texas Board of Nursing	Texas	5/31/2023
Family Nurse Practitioner (FNP) American Academy of Nurse Practitioners Certification Board		6/30/2026

M. Kobeissi CV

PROFESSIONAL EXPERIENCE

ACADEMIC EXPERIENCE	INSTITUTION	YEAR
Assistant Professor Department of Graduate Studies	UTHealth Cizik School of Nursing	8/1/2018 to present
Clinical Instructor Department of Graduate Studies	UTHealth Cizik School of Nursing	1/1/2018 to 8/1/2018
LEADERSHIP EXPERIENCE	INSTITUTION	YEAR
FNP Track Coordinator MSN Track & BSN-DNP Track	UTHealth Cizik School of Nursing	9/1/2019 to 12/31/2021
NURSE PRACTITIONER EXPERIENCE	INSTITUTION	YEAR
Mitzy Med, PLLC [®] Telehealth Services www.mitzymed.com	Founder & Owner Est. April 2016	4/2016 to present
Family Clinic FNP	Dr. Gwozdz, MD	2013 to 2014
Christ Clinic FNP	UTHealth Cizik School of Nursing	5/1/2012 to 8/31/2013
REGISTERED NURSE EXPERIENCE	INSTITUTION	YEAR
Emergency room	Houston Methodist Hospital Texas Medical Center - Adult ER	2/2016 to 5/2011
Emergency room	Memorial Hermann Katy Hospital - Pediatric & Adult ER	2008 to 2009

HONORS & AWARDS

RECOGNITION	INSTITUTION	YEAR
2020 Excellence in Nursing Award, Bronze Medal in Nursing Education: Faculty	Good Samaritan Foundation	2020
Finalist, McGovern Award Outstanding Teacher	UTHealth Cizik School of Nursing	2021, 2020, 2019
The DNP Faculty Award of Excellence	The University of Texas Health Science Center at Houston (UTHSC-H)	2016
PARTNERS Scholarship	UTHSC-H	2013 - 2015
Accelerated DNP Scholarship	UTHSC-H	2014 - 2015
Hero of Ike	Houston Chronicle	2009
Outstanding BSN Graduate	Houston Baptist University	2006
Good Samaritan Scholarship	Good Samaritan Foundation	2004 - 2006
TNA Student Scholarship	Texas Nurses Association	2005
Memorial Hermann Volunteer Fund	Memorial Hermann Memorial City	2005
Nursing Scholarship	Harris County Medical Society Philanthropic Fund	2005

DOCTORAL SCHOLARSHIP – PRACTICE INQUIRY PROJECT

A Pilot Quality Improvement Project Evaluating the Effectiveness of Utilizing the Emergency Severity Index for Prehospital Triage, Cizik School of Nursing at UTHealth, 2015.

PEER REVIEWED PUBLICATIONS

2021

[Kobeissi, M. M., & Ruppert, S.D. \(2021\). Remote patient triage: Shifting towards safer telehealth practice. Journal of the American Association of Nurse Practitioners. \(In press\). \(IF 1.420\)](#)

[Kobeissi, M. M., Christopherson, K., Kearney, K., & Aggarwal, S. \(2021\). Expanding clinical education during a time of crisis: Innovative virtual simulation. Clinical Simulation in Nursing, 000, 1-4.:<https://doi.org/10.1016/j.ecns.2021.04.018> \(IF 1.713\)](#)

PRESENTATIONS

REGIONAL/STATE

Invited speaker: **“Telehealth Primer for Nurse Practitioners.”** Texas Nurse Practitioners Annual Conference (virtual), September 24-25, 2020.

LOCAL

Invited speaker: **“The Use of Virtual Reality as a Treatment for Loneliness in the Elderly.”** UTHealth-Rice Educational and Research Initiatives for Collaborative Health. Aging in Place IoT Conference, Houston, TX, January 30, 2020. Houston, TX.

MEDIA

“Telehealth and Primary Care.” Telehealth Gains Ground Amid COVID-19. Newspaper Interview. UTHealth Newsroom, May 5, 2020.

“The Many Faces of UTHealth.” Television Special. Mercedes Benz and UTHealth Partnership – ABC 13, Houston, TX., December 16, 2019

“Health Watch – Summer Colds.” Live Television Interview - Rashi Vats. Fox 26 Morning News, Houston, TX., June 25, 2019.

‘Giving Back to Humanity’. Cizik School of Nursing – Telehealth and Online Teaching. AACN TV, June 2019.

“Hero of Ike.” Newspaper Interview. Houston Chronicle, October 3, 2008.

POSTER

“Telehealth & Patient Acuity.” Texas Nurse Practitioners Annual Conference. September 24-26, 2021; Virtual Poster.

“Kahoot! Live Online Adult Game-Based Learning.” Kenneth I. Shine, M.D. Academy of Health Sciences Innovations in Health Sciences Conference. Austin, TX, February 27, 2020.

“A Pilot Quality Improvement Project Evaluating the Effectiveness of Utilizing the Emergency Severity Index for Prehospital Triage.” Houston, Texas. The University of Texas Health Science Center at Houston. Houston, TX, August 14, 2015.

PROFESSIONAL SERVICE

NATIONAL SERVICE	YEAR
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National Organization of Nurse Practitioner Faculties Telehealth Committee & Telehealth Policy Sub-committee	2021-2023
American Academy of Nurse Practitioners Certification Board Certification Exam Item Writer	2019

INSTITUTIONAL SERVICE CIZIK SCHOOL OF NURSING UTHEALTH

LEADERSHIP	YEAR
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<ul style="list-style-type: none"> • Family Nurse Practitioner Track Coordinator 	9/1/2019-12/31/2021
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COUNCILS	YEAR
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<ul style="list-style-type: none"> • Faculty Life Council 	2021-2023
<ul style="list-style-type: none"> • Doctor of Nursing Practice Council 	2020-present
<ul style="list-style-type: none"> • Master's Council 	2018-present

TASK FORCES & WORKGROUPS	YEAR
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<ul style="list-style-type: none"> • Graduate Department, 5-Year Strategic Planning Task Force 	2020-2021
<ul style="list-style-type: none"> • CSON Strategic Communications Task Force 	2020-2021
<ul style="list-style-type: none"> • Doctor of Nursing Practice Group Advising Model for Scholarly Projects 	2021
<ul style="list-style-type: none"> • Doctor of Nursing Practice Clinical Scholarship Portfolio Workgroup 	2021
<ul style="list-style-type: none"> • Doctor of Nursing Practice Curriculum & Objective Workgroup 	2021
<ul style="list-style-type: none"> • Graduate Preceptor Recognition Task Force 	2020

COMMITTEES	YEAR
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<ul style="list-style-type: none"> • Chair, Search Committee: Associate Dean for Practice and Community Engagement 	2020-2021
<ul style="list-style-type: none"> • Member, UT Systemwide Virtual Telehealth Committee 	2020-present
<ul style="list-style-type: none"> • Member, Graduate-Undergraduate Master Calendar 	2019-present
<ul style="list-style-type: none"> • Member, Patient Care EPA – Developing Competencies for NP Outcomes 	2020
<ul style="list-style-type: none"> • Member, UT Telemedicine Education Interprofessional Education Group 	2019-2020

COMMUNITY SERVICE	YEAR
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<ul style="list-style-type: none"> • Presenter, "Nursing Innovations & Careers in Telemedicine" at Summer Health Professions Education Program (SHPEP) Enrichment program improving access to information for students interested in health professions 	6/17/2021 7/1/2020
<ul style="list-style-type: none"> • Telehealth Service –Post Hurricane Harvey 	2017
<ul style="list-style-type: none"> • Lakemont Community Quarterly Health Article Reaching 1,000 homes 	2003-2005

2021-2022

MEMBERSHIPS		
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ORGANIZATION	ROLE	YEAR
Texas Nurse Practitioners	Member	2020 - present
National Organizations of Nurse Practitioner Faculties	Member	2019 - present
National League for Nursing	Member	2019 - present
Sigma Theta Tau International Honor Society Zeta Pi Chapter	Member	2014 - present
American Association of Nurse Practitioners (AANP)	Member	2012 - present
AANP Special Interest Group – Health Informatics & Telehealth	Member	2021-present
American Academy of Family Physicians	Digital Subscriber	2018 - present
National Student Nurses Association, Houston Baptist University	Vice President Advisor	2004 – 2005 2005 – 2006

APPENDIX A – LIST OF COURSES TAUGHT
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2022 Cizik School of Nursing at UTHealth Graduate Studies
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SPRING SEMESTER	SUMMER SEMESTER	FALL SEMESTER
Course Lead – BSN-DNP N6908W FNP 1 Didactic		
Course Lead - MSN N6194W FNP 1 Didactic		
Faculty – N6842 DNP Transitions & Innovations in Healthcare Delivery		
Faculty - MSN N6152B: Advanced Physical Examination and Differential Diagnosis Lab		
N6830 – DNP Project Advisement		

2021 Cizik School of Nursing at UTHealth Graduate Studies
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SPRING SEMESTER	SUMMER SEMESTER	FALL SEMESTER
Course Lead - MSN N6194W FNP 1	Course Lead - MSN N6194W FNP 1	Course Lead – BSN-DNP N6908W FNP 1
Course Lead - MSN N6194B FNP 1 Clinical	Course Lead - MSN N6194B FNP 1 Clinical	Course Lead – BSN-DNP N6908B FNP 1 Clinical
Course Lead - MSN N6752 FNP Preceptorship	Course Lead - MSN N6752 FNP Preceptorship	Course Lead - MSN N6194W FNP 1
Faculty - DNP N6842 Transitions & Innovations in Healthcare Delivery	Faculty – DNP N6845 Practice Management	Course Lead - MSN N6194B FNP 1 Clinical
		Course Lead - MSN N6752 FNP Preceptorship

2020 Cizik School of Nursing at UTHHealth Graduate Studies		
SPRING SEMESTER	SUMMER SEMESTER	FALL SEMESTER
Course Lead – MSN N6194W FNP I	Course Lead – MSN N6194W FNP I	Course Lead - BSN-DNP N6908W FNP I
Course Lead – MSN N6194B FNP I Clinical	Course Lead – MSN N6194B FNP I Clinical	Course Lead - BSN-DNP N6908B FNP I Clinical
Course Lead – MSN N6752 FNP Preceptorship	Course Lead – MSN N6752 Preceptorship	Course Lead - MSN N6194W FNP I
	Designer & Co-Lead for Telehealth Clinical Simulation (COVID-19 response)	Course Lead - MSN N6194B FNP I Clinical
		Course Lead - MSN N6752 Preceptorship

2019 Cizik School of Nursing at UTHHealth Graduate Studies		
SPRING SEMESTER	SUMMER SEMESTER	FALL SEMESTER
Course Lead - MSN N6194W FNP I	Course Lead - MSN N6194W FNP I	Course Lead - MSN N6194W FNP I
Course Lead - DNP N6842 Transitions and Innovations in Healthcare Delivery	Clinical Faculty - MSN N6194B FNP I Clinical	Course Lead - MSN N6194B FNP I Clinical
Faculty - MSN N6195W FNP II	Course Lead - DNP N6845 Practice Management	Course Lead - MSN N6752 FNP Preceptorship
Faculty - MSN N6152B Advanced Physical Examination and Differential Diagnosis Lab		

2018 Cizik School of Nursing at UTHealth Graduate Studies		
SPRING SEMESTER	SUMMER SEMESTER	FALL SEMESTER
Clinical Instructor - MSN N6752: Advanced Clinical Practice: FNP Preceptorship	Clinical Instructor - MSN N6165W Advanced Practice Role & Population Health	Faculty - N6194W FNP I - MSN
	Clinical Instructor - MSN N6194B FNP I Clinical	Faculty - MSN N6165W: Advanced Practice Role & Population Health
	Clinical Instructor - MSN N6195B FNP II Clinical	Faculty - MSN N6105W: Evaluation & Application of Research Faculty - MSN N6152B: Advanced Physical Examination and Differential Diagnosis Lab