

Sara Linn Lewandowski DNP, MS, RN, CNE, HWNC-BC

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**EDUCATION**

<b>Degree</b>	<b>Institution</b>	
Doctor of Nursing Practice (Health Leadership)	Chamberlain College of Nursing	2014
Post master's nursing education	Texas Woman's University	2014
Masters in Nursing Science (Nursing Administration)	Texas Woman's University	2010
Bachelor in Nursing Science	Texas Woman's University	2002
Associate of Applied Science	San Jacinto College	1998
Bachelor of Arts	Stephen F. Austin State University	1993

**LICENSURE & CERTIFICATION**

<b>RN No Active</b>	<b>State</b>	
654362	Texas	2/2023
Certified Nurse Educator (N 9/2024		
CYT-200 3/2024	Texas	2/2024
Board certified Nurse Coach 3/2024	Texas	3/2024
Board certified holistic nurse 9/2024	Texas	9/2024
Certified Ushi Healing touch practitioner	Texas	
University of Texas Health Educator's Fellowship Certificate Program (completed 6/2021)		
Revised 3/2021		

**PROFESSIONAL EXPERIENCE**

<b>Institution</b>	<b>Position Title</b>	<b>Inclusive Dates</b>
Stephen F. Austin State University	Communication Recruiter	1993-1994
Bay Area Dermatology	Nurse Assistant	1994-1998
Gulf Coast Family Doctors	Staff RN	1998-2000
Health South Corporation	Charge RN- rehabilitation	2000-2002
West Houston Hospital (HCA)	Charge RN- rehabilitation	2002-2017
West Houston Hospital (HCA)	Marketing RN Liaison	2015-2017
West Houston Hospital (HCA)	Stroke group leader	2015-2017
Lone Star College CyFair	Assistant Professor	2010-2013
Lone Star College CyFair	Associate Professor	2013-2015
Lone Star College CyFair	Professor	2015-2017
UTHSC-Cizik School of Nursing	Assistant Professor	2018-current

**HONORS & AWARDS**

<b>Award</b>	<b>Awarding Organization</b>	<b>Date</b>
Good Samaritan Scholarship	Good Samaritan Foundation	2012,2013
Cum Laude Honor Graduate	Texas Woman’s University	2002,2010
NLN Ambassador	National League for Nursing	2012,2013
Nursing Faculty Shortage Award THECB		2015,2019, 2020
Community Ambassador	Lone Star College	2016
Magna cum Laude Graduate	Chamberlain College of Nursing	2017
Nominating committee candidate	American holistic nurses association	2020
Good Samaritan Award- Bronze medalist		2021

**EDUCATIONAL GRANTS**

Campus Innovation Grant to Improve Simulation (\$15,000)	Role- PI Lone Star College 2016
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Faculty Development Grant Simulation(\$2187)

Role- PI Lone Star College  
2016

### **PEER REVIEWED PUBLICATIONS**

**Lewandowski, S.** (2017). Utilization of a High Fidelity Simulation Experience and Impact on New Nurses' Clinical Judgment. *POJ Nurs Prac Res* 1(1):1-4.

**Lewandowski, S., Strunk, F., Mathew-Joseph (2021).** An Introductory Affirmation Discussion for First Semester RN-BSN students. *Nurse Educator Journal*.

**Oyeleye, B., Lewandowski, S. (In press).** (2020). Preventing Falls at Long term-Care Facilities Using the CDC's STEADI Program. *American Nurse Journal*.

**Lewandowski, S., Preito, V., Landry, K.**(2021). Rising to the Covid 19 Nursing Education Challenges and Transitioning to Online Clinical: Reflecting a Year Later. *Nurse Educator Journal*.

### **MAGAZINE PUBLICATIONS**

**Lewandowski, S.** (2019). Trusting your heart: peace, guidance and health. *AHNA Beginnings*, 39 (2): 22-23.

### **NEWSPAPER PUBLICATIONS**

**Lewandowski, S.** (2012). Faces In the Crowd: A Nurse Devoted to the Profession, *Houston Chronicle*, 1-4.

### **PRESENTATIONS**

#### **International**

**Lewandowski, S.,\_Strunk, F.** (2019). Virtual Simulation's Nurse-Patient Conversational Realism and Presence Measurement, Invited Poster Presenter, International Nursing Association for Clinical Simulation and Learning. Where was this?

**Lewandowski, S., Mathew-Joseph, N., Schaefer, F.** (2021). Online Affirmations for RN-BSN students and effects on stress, accepted poster, American Holistic Nurse's Association Annual Conference, Florida, USA.

**Oyeleye, B., Lewandowski, S., Anasi, S.** (2021). Introducing Incivility Awareness into an online undergraduate nursing curriculum: Strategies and learning outcomes, Australian Nurse Teachers Conference, Sydney, Australia.

#### **Regional/State**

**Lewandowski, S.** (2017) Central Texas Chapter American Holistic Nurse's Association, Resilience Paradigm for Health, Conference attendee and panel participant where was this

**Lewandowski, S. , Prieto, V.** (2020). Using Simulation Online to replace clinical hours during a pandemic. Invited speaker, Elsevier regional webinar.

**Lewandowski, S., Schaefer, F., Mathew-Joseph, N. (2021).** Online Affirmations for first semester RN-BSN students. Invited podcast speaker, Nurse Educator Journal Editor in Chief, Dr. Marilyn Oermann.

**Lewandowski, S., Mathew-Joseph, N., Schaefer, F.** (2021). Online Affirmations for RN-BSN students and effects on stress, accepted presenter, University of Texas Advances in Teaching and Learning Conference, Houston, Texas.

**Lewandowski, S., Oyeleye, B., Anasi, S. (2021).** Reflections on Nursing Incivility by RN-BSN Students in a Professional Nursing Practice course, accepted presenter, Texas League for Nursing Annual Summit conference, Houston, Texas.

#### **Local or Houston Area**

**Lewandowski, S.** (2013). Using I-pad adapters in the classroom, Invited presenter for Lone Star College Health and Behavioral Sciences Department

**Lewandowski, S.** (2013). Leadership for new nurses, Invited presenter for new nurse residency program, North Cypress Hospital

**Lewandowski, S.** (2013). Have a voice in educating nurses about stroke communication, Invited presenter, Stroke Warriors of Houston, West Houston Hospital, HCA

**Lewandowski, S.** (2017). Simulation for interprofessional faculty development, presenter, grants committee, Lone Star College

**Lewandowski, S.** (2017). Utilization of a high fidelity simulation experience and impact on new nurse's clinical judgment, Invited presenter for Memorial Hermann Hospital Nursing Education Department

**Lewandowski, S.** (2017). Utilization of a high fidelity simulation experience and impact on new nurse's clinical judgment, Invited poster presenter for UTH School of Nursing

**Lewandowski, S.** (2018). Heart Openers for Health, SLIH Yoga and Fitness Studio, Community health workshop presenter.

**Lewandowski S.** (2020). Using online simulation learning system to replace clinical hours, Cizik school of Nursing, faculty online Panapto presenter.

**Lewandowski, S., Schaefer, F.** (2020). Online Affirmations and Effect on RN-BSN student stress, University of Texas Health Educator's Fellowship, virtual mid point project presentation.

**Lewandowski, S.,** (2020, 2021). *Cultivating your calling and commitment to nursing.* Power of Nursing Invited Seed Talk guest speaker.

#### **Professional Service**

Lewandowski, S. Hesi Online Module Reviewer, Elsevier Publishing ,2016-2018

Lewandowski, S., American Holistic Nurse's Association Awards and Grants Committee reviewer, 2019-present

American Holistic Nurse's Association Education Committee, peer reviewer, 2018- present

Master's Nursing Education Preceptor, Kathleen Spera, 2013

Post Master's Nursing Education Preceptor, Dr. Florence Schaefer, 2019

Lone Star College Faculty Mentor, Tanisha Ricketts, 2013

Lone Star College Faculty Mentor, Moni Ifelayo, 2015-2017

**Editorial Boards/Panels**

Lead online discussion facilitator, *The Circle*, Sigma Theta Tau Complementary health approaches discussion board, September 2019-current

Nursing Education in Practice, Peer Reviewer, 2021-present

**Professional Membership**

Sigma Theta Tau, member 2018-2020

American Holistic Nurse's Association, member 2018-current

National League for Nursing, member 2012-current

International Association for Clinical Simulation and Learning, member, 2018- current

Texas League for Nursing, member, 2021-present

**Institutional Service**

<b>Institution</b>	<b>Committee</b>	<b>Role Dates</b>
West Houston Hospital	Staffing Committee	2010-2014
Lone Star College	System Curriculum Chair	2015-2017
Lone Star College	Testing and Progression Chair	2013-2015
Lone Star College	Simulation Committee Chair	2015-2017
Lone Star College	Program Evaluation Chair	2014-2017
Lone Star College	Wellness Committee	2013-2017

Lone Star College	Faculty Mentor Committee	2014-2017
UTH Cizik School of Nursing	RN-BSN Task Force	2018-present
UTH Cizik School of Nursing	Bachelors Council	2018-present
UTH Cizik School of Nursing	APG Committee Chair	2019-present
UTH Cizik School of Nursing	Wellness Committee	2019-present
UTH Cizik School of Nursing	Simulation Task Force Chair	2019-2020
UTH Cizik School of Nursing	Simulation Task Force Member	2020-present
UTH Cizik School of Nursing	Curriculum Committee Member	2021-present

**Community and Institutio Professional Service**

Cypress Bible Church teen ministry volunteer 2012-2016

North Cypress Hospital, disaster drill coordinator, 2012, 2013

North Cypress Hospital, community nursing education coordinator, 2012, 2013

Susan G. Komen Breast Cancer Marathon Participant, 2012-2016

UTH Cizik School of Nursing, IPE simulation facilitator, 2018, 2019

UTH Interfaculty Council ad hoc volunteer invited attendee, (Dr. Allison Edwards) 2018, 2019

UTH Cizik School of Nursing, Simulation volunteer facilitator for high acuity & care two courses, 2019, 2020

UTH Power of Nursing Course Small group facilitator volunteer, 2020, 2021

UTH Covid Vaccine Hub Volunteer, 2021

UTH Cizik School of Nursing Recruitment Team for Health Assessment Student Tutors Member 2018, 2019, 2020, 2021 UTH Summer Health Professions Program, Faculty Volunteer Blood pressure screenings, 2018, 2019

Nurse led Virtual Healing Circles Volunteer Lead facilitator, Emergency Nurses Association/AHNA, 2020

**OPTIONAL APPENDICES**

**Courses Taught (past to current) (online, didactic, traditional clinical)**

**Lone Star College Cyfair:**

RNSG 2560 Advanced medical surgical clinical, RNSG 2231 Advanced medical surgical didactic (spring, 2011)

RNSG 1115 Health Assessment, RNSG 1144 Fundamental Skills, RNSG 1341 Medical Surgical one clinical (Fall, 2011)

RNSG 1115 Health Assessment, RNSG 1341 Medical Surgical one didactic, RNSG 2231 Advanced Medical surgical didactic (spring 2012)

RNSG 1261 Medical surgical one clinical (Lead faculty), RNSG 1341 Medical surgical one didactic (Lead faculty), advanced medical surgical didactic (fall 2012)

RNSG 2231 Advanced medical surgical didactic (Lead faculty), RNSG 2307 Adaptation to Professional Nursing Role (Lead faculty) spring 2013

RNSG 1341 Medical surgical one didactic (Lead faculty), RNSG 1261 Medical surgical one clinical (Lead faculty), RNSG 2307 Adaptation to Professional Nursing Role (Lead faculty) Fall 2013

RNSG 2231 Advanced medical surgical didactic (Lead faculty), RNSG 2560 Advanced medical surgical clinical (Lead faculty), Spring 2014

RNSG 2231 Advanced medical surgical didactic (Lead faculty), RNSG 2560 Advanced medical surgical clinical, RNSG 2307 Adaptation to Professional Nursing Role (Lead faculty) Fall 2014

RNSG 1115 Health assessment, RNSG 1309 Introduction to Nursing Role, RNSG 1261 Medical surgical clinical one (Lead faculty) Spring 2015

RNSG 1261 Medical surgical one, RNSG 1341 Medical surgical one didactic (Lead faculty), RNSG 2307 Adaptation to Professional Nursing Role (Lead faculty) Fall 2015

RNSG 1362 Medical surgical two clinical (Lead faculty), RNSG 1343 Medical surgical two didactic, RNSG 2307 Adaptation to Professional Nursing Role (Lead faculty) Spring 2016

RNSG 1341 Medical surgical one didactic, RNSG 1261 Medical surgical clinical (Lead faculty) Summer 2016

RNSG 1261 Medical surgical one clinical, RNSG 1115 Health assessment Fall 2016

RNSG 1144 Skills, RNSG 1115 Health Assessment, RNSG 2307 Adaptation to Professional Nursing Role (Lead faculty) Spring 2017

RNSG 1341 Medical surgical one didactic, RNSG 2307 Adaptation to Professional Nursing Role (Lead faculty), Summer 2017

RNSG 2307 Adaptation to Professional Nursing role (lead faculty), RNSG 2231 Advanced medical surgical didactic, Fall 2017

**University of Texas, Cizik School of Nursing**

NURS 3511W Health Assessment for RN-BSN, spring 2018

NURS 3701 Professional Nursing practice for RN-BSN, NURS 3702 Issues in Professional Practice for RN-BSN, N3511W Health Assessment for RN-BSN, summer 2018

NURS 3701 Professional Nursing practice for RN-BSN, NURS 3511 Health Assessment for Pacesetter, NURS 3511W, Health Assessment for RN-BSN (Lead faculty), Fall 2018

NURS 3511W Health Assessment for RN-BSN (Lead faculty), NURS 3511 Health Assessment for Pacesetter, NURS3701 Professional Nursing Practice for RN-BSN, N3515B Care one lab, Spring 2019

NURS 3511W Health Assessment for RN-BSN (Lead faculty), NURS 3511 Health Assessment for Pacesetter (Lead faculty), NURS3701 Professional Nursing practice for RN-BSN, NURS 3515B Care one lab, Summer 2019

N3511W Health Assessment for RN-BSN (Lead faculty, N3511 Health Assessment for Pacesetter (Lead Faculty), N3701 Professional Nursing Practice, N3523B Care two, Fall 2019

N3511W Health Assessment for RN-BSN (Lead faculty, N3511 Health Assessment for Pacesetter (Lead Faculty), N3701 Professional Nursing Practice, NURS 3702 Issues in Professional Practice for RN-BSN, Spring 2020

N3511W Health Assessment for RN-BSN (Lead faculty, N3511 Health Assessment for Pacesetter (Lead Faculty), N3701 Professional Nursing Practice, NURS 3702 Issues in Professional Practice for RN-BSN, Summer 2020

N3511W Health Assessment for RN-BSN (Lead faculty, N3511 Health Assessment for Pacesetter (Lead Faculty), N3701 Professional Nursing Practice, NURS 3702 Issues in Professional Practice for RN-BSN, N3523B Care Two Clinical Fall 2020

N3511W Health Assessment for RN-BSN (Lead faculty, N3511 Health Assessment for Pacesetter (Lead Faculty), N3701 Professional Nursing Practice, NURS 3702 Issues in Professional Practice for RN-BSN, N3523B Care Two Clinical Spring 2021

N3511W Health Assessment for RN-BSN (Lead faculty, N3511 Health Assessment for Pacesetter (Lead Faculty), N3701 Professional Nursing Practice, NURS 3702 Issues in Professional Practice for RN-BSN, N3523B Care One Clinical, Summer 2021



