

Sydnee H. Lucas, DNP, MSN, APRN, FNP-BC  
 6901 Bertner Ave | Suite 694 | Houston, Texas 77030  
 713-500-2157/Fax 713-500-2171  
 Sydnee.Lucas@uth.tmc.edu

### EDUCATION

Degree	Institution	Date
Doctor of Nursing Practice	The University of Texas Health Science Center (Houston, TX)	2015
Master of Science in Nursing Family Nurse Practitioner	The University of Texas Health Science Center (Houston, TX)	2013
Bachelor of Science in Nursing Registered Nurse	Duquesne University (Pittsburgh, PA)	2011

### LICENSURE & CERTIFICATION

<u>Texas</u>	<u>Active</u>	
Certificate	Certifying Body	Inclusive Date
Board Certification	American Nurses Credentialing Center Family Nurse Practitioner	02/01/2024
<u>Texas</u>	<u>Active</u>	
Certificate	Certifying Body	Inclusive Date
Registered Nurse License	Texas Board of Nursing	08/31/2022
<u>Texas</u>	<u>Active</u>	
Certificate (write out)	Certifying Body	Inclusive Date
Advanced Practice Registered Nurse	Texas Board of Nursing	08/31/2022
Certificate	Certifying Body	Inclusive Date

Basic Life Support	American Heart Association	11/2023
--------------------	----------------------------	---------

PROFESSIONAL EXPERIENCEAcademic Experience

Institution	Position title	Inclusive Dates
UTHealth Cizik School of Nursing	Assistant Professor	01/2021- Present

Leadership Experience

UTHealth Cizik School of Nursing	FNP Track Coordinator MSN Track & BSN-DNP Track	01/2022- Present
----------------------------------	--	---------------------

Clinical Experience

Physician Resources Inc.	Locum Tenens Family Nurse Practitioner	11/2020- Present
Legacy Community Health	Family Nurse Practitioner School Based Health	11/2019- 12/2020
Texas Children's Hospital The Center for Children and Women at Greenspoint	Family Nurse Practitioner	12/2015- 11/2019
Park Plaza Pediatrics	Family Nurse Practitioner	06/2015- 12/2015
Allegheny General Hospital	Registered Nurse Medical Intensive Care Unit	06/2011- 07/2012
Allegheny General Hospital	Nurse Extern Medical Intensive Care Unit	05/2010- 08/2010
Allegheny General Hospital	Nurse Extern Medical-Surgical Floor	05/2009- 08/2009

HONORS & AWARDS

Award	Awarding Organization	Date
'APRN of the Year' Nominee	Texas Children's Hospital	2019
Community Health Service Award	The University of Texas Health Science Center at Houston	2016
DNP Award	Sigma Theta Tau Honor Society of Nursing Zeta Pi Chapter	2014
The John S. Dunn Accelerated	The University of Texas Health Science	2012-2015

FNP-DNP Scholarship

Center at Houston

**PUBLICATIONS**Peer Reviewed Publications

Lucas, S. H., & Thompson, S. (2017). Reducing Antibiotic Use in Pediatric Upper Respiratory Infection: A Multifaceted Parent-Clinician Approach. *Journal of Nursing & Interprofessional Leadership in Quality & Safety*, 1(2).

Bryan, J., Lucas, S., Quist, M., Steers, M., Foster, D., Young, C., Lu, Q. (2016). God, can I tell you something? The effect of religious coping on the relationship between ambivalence over emotional expression, anxiety, and depressive symptoms. *Psychology of Religion and Spirituality*. 8(1), 46-53.

Bryan, J. L., Young, C. M., Lucas, S. H., & Quist, M. C. (2016). Should I say thank you? Gratitude encourages cognitive reappraisal and buffers the negative impact of ambivalence over emotional expression on depression. *Personality and Individual Differences*. 120, 253-258.

**PRESENTATIONS**

Lucas, S.H., DeLaGarza, H., (2021). Adolescent Consent & Confidentiality: Do We Know Best? The Office of Professional Development and the Nursing Education Post Master's Program at the Cizik School of Nursing at UTHealth, Houston, Texas.

Lucas, S.H. (2021). Community Collaboration for Implementing and Integrating Social Determinants of Health (SDoH) Screenings in the Clinical Setting. *Texas Nurse Practitioner 33<sup>rd</sup> Annual Conference*, Galveston, Texas.

Lucas, S.H., Chinwe, E., Preddy, M., Vazquez, K. (2021). It Takes a Village: Clinical Best Practices for Adolescent Consent and Confidentiality Texas Campaign Webinar Series.

Lucas, S.H., Richardson, B.R., Marton, S.A. (2018), Community Collaboration to Implement Social Determinants of Health Screening in Patient Centered Medical Homes Across Houston at Texas Children's Health Plan, The Centers for Children and Women, Greenspoint and Southwest. *Texas Primary Care and Health Home Summit*, Austin, Texas.

Lucas, S.H., Chapman, S., Marton, S.A. (2018). Management of Pediatric Behavioral Health Disorders in an Integrated Pediatric Medical Home. *Texas Children's Hospital Advanced Practice Provider 4<sup>th</sup> Annual Conference*, Houston, Texas.

Lucas, S.H., Thompson, S.T., Huynh, A. (2014). Reducing Inappropriate Antibiotic Prescribing in Pediatric Upper Respiratory Infections in a Retail Clinic Setting: A Multifaceted Approach. *Texas Nurse Practitioner 26<sup>th</sup> Annual Conference*, San Antonio, Texas.

Lucas, S.H. (2011). Nursing in Nicaragua – An International Healthcare Experience. Rita M. McGinley Symposium Exploring Social Justice for Vulnerable Populations: The Face of the Immigrant, Pittsburgh, Pennsylvania.

#### List of Project/Thesis/Dissertation Advisees

The University of Texas Health Science Center at Houston School of Nursing, Lucas, S.H., Reducing Inappropriate Antibiotic Use in Pediatric Upper Respiratory Infection in a Retail Clinic Setting: An Approach Using Shared Decision Making, DNP, 2015.

### **PROFESSIONAL SERVICE**

#### Professional Service

Organization	Role	Inclusive dates
TX Society for Adolescent Health and Medicine	Secretary	2021-2023
Houston NAPNAP	Scholarship Committee Member	2021
Houston Global Health Collaborative	Executive Committee: Abstract Committee Chair	2014-2016
Deans' Honors Colloquium in Interprofessional Collaboration	Participant	2014
Houston Global Health Collaborative	Abstract Committee Member	2013
Alpha Tau Delta Professional Nursing Fraternity	Service Chair	2010-2011

### **Institutional Service**

#### Leadership

Family Nurse Practitioner Track Coordinator	1/1/2022-Present
---	------------------

#### Councils

Master's Council	2021-Present
------------------	--------------

Doctor of Nursing Practice Council	2021-Present
------------------------------------	--------------

#### Task Forces and Workgroups

NP Preceptor Competency Evaluation Workgroup	12/2021-01/2022
--	-----------------

---

Professional Memberships

International Association for Adolescent Health	Member	2022-Present
Society for Adolescent Health and Medicine	Member	2021-Present
Texas Society for Adolescent Health and Medicine	Member	2021-Present
Doctors for Change	Member	2015-Present
Texas Nurse Practitioner	Member	2013-Present
Houston Area NAPNAP	Member	2017-Present
Sigma Theta Tau International Zeta Pi Chapter	Member	2009-Present 2012-Present
Duquesne University Student Nurses Association	Member	2007-2011

**Appendix A: List of Courses Taught**Courses Taught

2022	Cizik School of Nursing at UTHealth	Graduate Studies
Spring Semester	Summer Semester	Fall Semester
UTHealth Cizik School of Nursing, Family Nurse Pract I-Clinical (2211NURS6194B100), Assistant Professor, Course Lead		
UTHealth Cizik School of Nursing, Family Nurse Pract I-Clinical for DNP (2211NURS6908B100), Assistant Professor, Course Lead		
UTHealth Cizik School of Nursing, Family Nurse Pract Preceptorship (2211NURS6752), Assistant Professor, Course Lead		
UTHealth Cizik School of Nursing, Family Nurse Pract Preceptorship for DNP (2211NURS6911), Assistant Professor, Course Lead		
UTHealth Cizik School of Nursing, Diagnostic Tests and Procedures (2211NURS6551W100), Assistant Professor		

UTHealth Cizik School of Nursing, Clinical Scholarship Portfolio Adv (2221NURS6830-330), Assistant Professor, Course Lead		
2021	Cizik School of Nursing at UTHealth	Graduate Studies
Spring Semester	Summer Semester	Fall Semester
UTHealth Cizik School of Nursing, Family Nurse Pract I-Clinical (2211NURS6194B100), Assistant Professor	UTHealth Cizik School of Nursing, Family Nurse Pract I-Clinical (2211NURS6194B100), Assistant Professor	UTHealth Cizik School of Nursing, Family Nurse Pract I-Clinical (2211NURS6194B100), Assistant Professor
UTHealth Cizik School of Nursing, Family Nurse Pract I (2211NURS6194W100), Assistant Professor	UTHealth Cizik School of Nursing, Family Nurse Pract I (2211NURS6194W100), Assistant Professor	UTHealth Cizik School of Nursing, Family Nurse Pract I (2211NURS6194W100), Assistant Professor
UTHealth Cizik School of Nursing, Family Nurse Practitioner II-Clinical (2211NURS6195B100), Assistant Professor	UTHealth Cizik School of Nursing, Family Nurse Practitioner II-Clinical (2211NURS6195B100), Assistant Professor	UTHealth Cizik School of Nursing, Family Nurse Practitioner II-Clinical (2211NURS6195B100), Assistant Professor
UTHealth Cizik School of Nursing, Family Nurse Practitioner II (2211NURS6195W100), Assistant Professor	UTHealth Cizik School of Nursing, Transition to Advanced Nursing Practice (2212NURS6154W100), Assistant Professor	UTHealth Cizik School of Nursing, Transition to Advanced Nursing Practice (2212NURS6154W100), Assistant Professor
UTHealth Cizik School of Nursing, Diagnostic Tests and Procedures (2211NURS6551W100), Assistant Professor	UTHealth Cizik School of Nursing, Diagnostic Tests and Procedures for DNP (2211NURS6811W100), Assistant Professor	UTHealth Cizik School of Nursing, Diagnostic Tests and Procedures (2211NURS6551W100), Assistant Professor

---

UTHealth Cizik School of Nursing, Advanced Physical Examination and Differential Diagnosis Practicum (2211NURS6152B100), Assistant Professor	UTHealth Cizik School of Nursing, Advanced Physical Examination and Differential Diagnosis Practicum (2211NURS6152B100, B200), Assistant Professor	
--	--	--

The University of Texas Health Science Center at Houston School of Nursing, Adult and Older Adult Health Care II (3523), Teaching Assistant

The University of Texas Health Science Center at Houston School of Nursing, Health Assessment (3511), Teaching Assistant