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EDUCATION

Degree	Institution (location)	Date
Ph.D. - Education (Adult)	University of Minnesota Minneapolis, Minnesota	1986
M.S. - Public Health (Nursing)	University of Minnesota Minneapolis, Minnesota	1976
B.S. - Nursing (with honor)	Wheaton College Wheaton, Illinois	1964

Other Education

Diploma - Nursing (Valedictorian)	West Suburban Hospital Oak Park, Illinois	1962
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LICENSURE & CERTIFICATION

State	Active or Inactive
Registered Nurse (#611425) Board of Nurse Examiners for the State of Texas	Active 1994-present
Certified Public Health Nurse (#3275) Minnesota State Board of Health	Inactive 1972-2000
Certified Gerontological Nurse Practitioner American Nurses Credentialing Center (ANCC)	Inactive 1993-1998
Registered Nurse (#053537) Minnesota Board of Nursing	Inactive 1964-1995
Certified Adult Nurse Practitioner American Nurses Credentialing Center (ANCC)	Inactive 1977-1991
Registered Nurse Illinois State Board of Health	Inactive

Registered Nurse
Indiana State Board of Health Inactive

Certificate	Certifying Body	Inclusive Date
Graduate Summer Institute in Epidemiology Course work: Systematic Review & Meta Analysis (1 credit)	School of Public Health, University of Michigan Ann Arbor, Michigan	1997
Graduate Summer Institute in Epidemiology Course work: Fundamentals of Epidemiology (3 credits), Cardiovascular Epidemiology (3 credits)	School of Public Health, University of Minnesota Minneapolis, Minnesota	1981
National Institute of Occupational Health & Safety Course work: OHS for Nurse Educators (6 credits)	School of Engineering, Texas A & M University College Station, Texas	1979
Adult/Geriatric Nurse Practitioner Program Focus: Adult and Geriatric Primary Health Care Clinical Experience: Hennepin County Family Practice Residency Program	School of Public Health, University of Minnesota Minneapolis, Minnesota	1973
Major: Public Health Nursing Clinical Experience: Minneapolis Combined Nursing Service	School of Nursing University of Minnesota Minneapolis, Minnesota	1972

PROFESSIONAL EXPERIENCE (ACADEMIC)

Institution	Position title	Inclusive Dates
Swedish Hospital School of Nursing, Medical Surgical Nursing Minneapolis, Minnesota	Instructor	1964-1969
Lutheran Deaconess Hospital School of Nursing, Medical-Surgical Nursing/Community Health, Minneapolis, Minnesota	Instructor	1971-1974
University of Minnesota, Minneapolis, Minnesota School of Public Health	Instructor (Public Health Nursing)	1974-1977
	Assistant Professor	1977-1990

	(Public Health Nursing)	
	Chairperson	1977-1982
	Adult/Geriatric Nurse Practitioner Program Certificate	
	Chairperson	1980-1982
	Adult/Geriatric Nurse Practitioner Program Graduate	
	Assistant Professor (Public Health Administration)	1986-1992
	Associate Professor (Joint Appointment)	1992-1994
University of Minnesota, Minneapolis, Minnesota Graduate School	Examining Membership Graduate Faculty in Gerontology	1987-1994
	Associate Membership Graduate Faculty in Public Health	1986-1994
	Associate Membership Graduate Faculty in Nursing	1991-1994
University of Minnesota, Minneapolis, Minnesota School of Nursing	Assistant Professor	1991-1992
	Associate Professor with Tenure	1992-1994
Augsburg College, Department of Nursing - Community Health Nursing Minneapolis, Minnesota	Adjunct Assistant Professor	1986-1993
University of Texas at Houston Health Science Center at Houston Houston, Texas School of Nursing	Professor with Tenure	1994-present
	Theodore J. and Mary E. Trumble Professor in Aging Research	1994-1998
	Isla Carroll Turner Chair in Gerontological Nursing	1998-present
	Coordinator for International Activities	2005-present

University of Texas Health Science Center at Houston Houston, Texas School of Nursing Center on Aging (COA)	Associate Director for Aging Research	1994-1996
	Interim Director	Mar-Sep 1996
	Co-Project Director, Texas Consortium of Geriatric Education	1996-2001
	Director	1996-2004
	Co-Director	2009-2010
Department of Veterans Affairs, Medical Center Houston, Texas	Research Associate (WOS)	1997-1999
University of Texas Health Science Center at Houston Houston, Texas School of Public Health	Adjunct Professor (Joint Appointment)	1994-present
University of Texas Health Science Center at Houston Houston, Texas School of Medicine	Adjunct Professor (Joint Appointment)	1998-present
Department of Internal Medicine Division of Geriatric & Palliative Medicine	Co-Principal Investigator (Co-PI) (with Carmel Dyer, Medical School) Houston Geriatric Education Center	2007-present
	Director of Evaluation, Reynolds Foundation Grant	2009-present
John P. McGovern, M.D. Center for Health, Humanities & the Human Spirit, Houston, Texas	Faculty Associate	2004-present

INTERNATIONAL EXPERIENCE

Institution	Activity	Inclusive Dates
Yamaguchi University College of Health Sciences Ube City, Japan	Consultant	1999-2003
University of Stirling, Dementia Services Development Centre Stirling, Scotland	Visiting Scholar	July 2000
Florence Nightingale School of Nursing, King's College London, England	Visiting Professor	June 2000
Stockholm Center for Gerontology Research, Karolinska Institute Stockholm, Sweden	Visiting Scholar	May 2001
Kyungsung University Busan, Korea	Research Consultant	2003-2004
Chiang Mai University School of Nursing, Chiang Mai, Thailand	Visiting Professor Consultant, Center on Aging	Feb 2006 2003-2006
Huadong Geriatric Hospital Fudan University Shanghai, China	Visiting Scholar	Oct 2009
Macao Polytechnic Institute School of Nursing Macao, China	Visiting Professor	Oct 2009
College of Traditional Chinese Medicine School of Nursing Nanjing, China	Visiting Professor	Oct 2009
Universidad Iberoamericana de Ciencias y Tecnologia UNICIT Santiago, Chile	Visiting Professor	Dec 2009
University of Rome "Tor Vergata" School of Nursing Rome, Italy	Visiting Professor and Research Consultant	Jan 2010
Khon Kaen University	Visiting Scholar	April 2010

School of Nursing
Khon Kaen, Thailand

CLINICAL EXPERIENCE

Institution	Activity	Inclusive Dates
West Suburban Hospital Oak Park, Illinois	Staff/Charge Nurse Medical Surgical Nursing	1962-1964
Methodist Hospital Minneapolis, Minnesota	Staff/Charge Nurse Intensive Coronary Care Unit	1969-1971
Hennepin County Family Practice Clinic, Lutheran Deaconess Hospital Minneapolis, Minnesota	Adult/Geriatric Nurse Practitioner	1972-1974
Fremont and Beltrami Community Clinics, Metropolitan Medical Center, Minneapolis, Minnesota	Adult/Geriatric Nurse Practitioner	1973-1974
Struve Clinic, Inc. Minneapolis, Minnesota	Adult/Geriatric Nurse Practitioner	1979-1986

HONORS & AWARDS

Award	Awarding Organization	Date
National Nursing Honor Society	Sigma Theta Tau	1976
Invitational Educational Institute for Occupational Nurse Educators	National Institute of Occupational Safety and Health (NIOSH)	1977
National Leadership Fraternity	Phi Delta Kappa	1984
William Metcalf Award for Excellence in Research	Minnesota Association of Continuing and Adult Education	1986
Leonard M. Schuman Excellence in Teaching Award	School of Public Health University of Minnesota	1988
National Recipient of Scholarship to attend Institute on Research in Aging	Brookdale Foundation and National Institute on Aging	1988

Washington, DC

Geriatric Scholar	Illinois Geriatric Education (IGEC) University of Illinois	1989
Geriatric Faculty Fellow	Minnesota Area Geriatric Education Center (MAGEC) University of Minneapolis, MN	1990-1992
Public Health Honor Society	Delta Omega, Pi Chapter	1990
Invitational Congress on Minority Nurse Leadership	HRSA Division of Nursing Public Health Service	Jul 1993
Theodore J. and Mary Trumble Professorship in Aging Research	Endowed Position University of Texas Health Science Center Houston, School of Nursing	Dec 1994-1998
Outstanding Nurse	Nursing Celebration '96, Texas Nurses Association, District 9	Nov 1996
National Academic Honor and Professional Society in Gerontology	Sigma Phi Omega	1996
Nurse Leadership '97 Invitational Minority Congress	HRSA Division of Nursing Public Health Service	May 1997
Isla Carroll Turner Chair in Gerontological Nursing	Endowed Position University of Texas Health Science Center Houston, School of Nursing	Jan 1998 – to present
Invitational State of the Science Workshop: Informal Caregiving	National Institute of Health, National Institute of Nursing Research	Jul 2001
Elected Fellow (FGSA)	Gerontological Society of America	2003
Judith V. Braun Clinical Research Award	National Gerontological Nursing Association	Oct 2003
Joseph C. Valley Gerontological Professional of the Year	University of Texas Health Science Center at Houston, Center on Aging	Sep 2004
Stroke Manuscript of the Year	American Heart Association CVN Council	Nov 2004

Best Poster Award	NINR State of the Science Conference	Oct 2006
Elected Member	The University of Texas System, Academy of Health Science Education	Oct 2007
Platinum Award in the Ethics and Religion Category for "Living After Stroke: Conversations with Couples"	40 th WorldFest International Film Festival	Apr 2007
Gold Award in the Medical Education Category for "Stroke: Early Recognition and Treatment"	41 st WorldFest International Film Festival	Apr 2008
Elected Fellow (FAHA)	American Heart Association	Nov 2010

GRANTS

Research Grants

The Effect of a Competitive Health Care Market Upon the Utilization of Nurse Practitioners (BRSO S07 RR055448), Biomedical Research Support Grant Program, Division of Research Resources, National Institutes of Health, Principal Investigator, 1983-1985

A Study of the Variables Which Effect Young Men's Attitudes Toward Performing Regular Testicular Self-Examinations (BRSO S07 RR 055448), Biomedical Research Support Grant Program, Division of Research Resources, National Institutes of Health, Principal Investigator, 1983-1985

Exploration of the Relationship Between Health Practices and the Perception of Peer Attitudes Toward Health (BRSO S07 RR 055448-64), Biomedical Research Support Grant Program, Division of Research Resources, National Institutes of Health, Principal Investigator, 1984-1986

A Study of the Variables Related to Falls in Elderly Residents in Minneapolis High Rises (BRSO S07 RR 055448-86), Biomedical Research Support Grant Program, Division of Research Resources, National Institutes of Health, Principal Investigator, 1985-1987

Relationship Between Functional Status and the Elderly Woman's Ability to Live Independently, All University Council on Aging/Center for Urban Regional Affairs, University of Minnesota, Principal Investigator, 1986-1988

A Human Population Model of Aging and Its Relationship to Diet (BRSG S07 RR 055448-24), Biomedical Research Support Program, Division of Research Resources, National Institutes of Health. Co-Principal Investigator, (J. Brown PI), 1986-1988

Caring for Three Highly Dependent Populations at Home: Impact on Informal Caregivers (BRSG S07 RR 055448-59), Biomedical Research Support Program, Division of Research Resources, National Institutes of Health. Co-Principal Investigator, (M. Aroskar PI), 1988-1990

Burden of Caregiving: Real & Opportunity Costs, Sigma Theta Tau-Zeta Chapter, Principal Investigator, 1988-1989

Predictors of Client Movement During the First Year After Pre-Admission Screening (BRSG S07 RR 055448-27), Biomedical Research Support Program, Division of Research Resources, National Institutes of Health, Principal Investigator, 1989-1991

An Outcome Study of the Movement of Clients Between the Community and Nursing Homes the First Year After Pre-Admission Screening, Center for Urban and Regional Affairs-Academic Affairs Program, Principal Investigator, 1989-1992

Dependent and Independent Life in Elderly Nuns (The Nun's Study), National Institute on Aging, National Institutes of Health RO1, Co-investigator 1990-91, Consultant 1992-94, (D. Snowdon PI), 1990-1994

Videotape Intervention for Rural Caregivers of Persons with Dementia-Related Behavior Problems, Metropolitan Minneapolis St. Paul Chapter Alzheimer's Association, Principal Investigator, 1990-1992

Psychoeducational Intervention for Rural Caregivers of Elderly Persons with Dementia, All University Council on Aging/Center for Urban and Regional Affairs, University of Minnesota. Co-Principal Investigator (K. Hepburn Co-P), \$4,000, 1991-1992

Research Center for LTC of the Elderly, Unit Project: Community-Based LTC Services: Outcomes & Costs National Center for Nursing Research, National Institutes of Health (P20NR02300), Unit Project Director (S. Donaldson PI), \$30,000, 1990-1992

The Biography Project: A Psychoeducational Intervention for Families About to Institutionalize a Member With Dementia of the Alzheimer's Type, Alzheimer's Association, Co-Investigator (K. Hepburn, PI), 1992-1993

Cost Effective Quality: Improving Patient Outcomes, National Center for Nursing Research, National Institutes of Health (1RO1NR03490), Co-Investigator 1993-1994 - prior to move to UTHSC-H (M. Ryden, PI), 1993-1997

Randomized Intervention for Families of Persons with DAT, National Center for Nursing Research, National Institutes of Health (1R01NR02971), Principal Investigator, (~\$330,000), 1993-1997

Psychoeducational Intervention to Decrease Burden and Depression Among Caregivers of Stroke Patients, UTHSC- Houston, Research Transitional Award, Principal Investigator, (\$20,000), 1996-1998

Improving Outcomes for Stroke Patients: A Psychoeducational Program for Family Caregivers, Veteran's Administration Medical Center, Principal Investigator, (\$55,707), 1997-1999

Persons with Early-Stage Dementia: Insight and Awareness, National Institute of Health (1R03AG016130), Co-investigator (Jeffrey Toward, PI), (\$74,750), 1998-2000

Pain Experience of Elderly Hospice Patients, Oncology Nursing Foundation Janssen Pharmaceutical Research Grant, Sponsor/Advisor (Wendy Duggleby, PhD Candidate, PI) (\$8500), 1998-2000

Zuni Elders: Ethnography of American Indian Aging, National Institutes of Health, National Institute on Aging Minority Dissertation Research Grant, Sponsor/Advisor (Margaret Moss, PhD candidate, PI) (\$50,000), 1999-2001

Managing Anxiety in Caregivers of Alzheimer's Disease Patients: An Intervention, Alzheimer's Disease and Related Disorders Association, Inc. (NIRG-00-1910), Co-investigator (Rhonda Akkerman, PI) (\$96,939), 2000-2002

Intervention for Stroke Survivors and Spousal Caregivers (CAREs), Principal Investigator National Institute of Health, National Institute of Nursing Research, PI, (NR05316), (\$2,226,669), (2001-2005) No cost extension, 2006-2007.

The Impact of a Brief Foot Care Intervention for Person with Diabetes, Center for Border Health Research, Paso Del Norte Foundation, Sponsor/Advisor (Wanda Borges, PhD Candidate, PI) (\$74,700), 2002-2004

Capturing Cost for Outpatient Rehabilitative Stroke Care, American Nursing Foundation, Co-Investigator (Joan Wasserman, PI) (\$7,500), 2004-2005

Border Intervention by Promotores for Hispanics with Type 2 Diabetes, National Institutes of Nursing Research, National Research Service Award, Sponsor/Advisor (Connie Sixta, DSN Candidate, PI) (\$57,996), 2004-2006

Measuring Health-Related Quality of Life in Stroke Survivors, UTHSCH SON/PARTNERS Award Co-Investigator (Joan Wasserman, PI) (\$7,311), 2005-2006

Center for Border Health Research, Paso Del Norte Foundation, Promotores Led Diabetes Self-Management Intervention at Centro San Vicente Clinic, Sponsor/Advisor (Josefina Lujan, PhD Candidate, PI) (\$73,192), 2005-2006

Faith, Hope, and Life Satisfaction Among Stroke Survivors and Spousal Caregivers: A CAREs Follow-up, Principal Investigator, Isla Carroll Turner Friendship Trust (~\$37,000), 2008-2010

Contracts – Research

Consumer Perceptions of Assisted Living, Seniors Residential, Inc., (Project Director), 1997

Quality Long-Term Care: The Role of the Volunteer Ombudsman, Southwest Texas State University, (Project Director), 1997-1998

Needs Assessment for Harris County Residents Over Age 65 with Mental Health Problems, Mental Health Association, (Project Director), 1997-1998

Educational Grants/Contracts - Non-Research

Project: Statewide Continuing Education Workshop for Family, Adult and Geriatric Nurse Practitioners, Northland Area Health Education Center (N01-MB-24383) (Program Chair), 1977

Adult/Geriatric Nurse Practitioner Program, Minnesota Legislative Special, (Program Chair), 1977-1982

Project Development Grant: Young Men's Reproductive Health, Sigma Alpha Epsilon National Leadership Foundation, (Co-Principal Investigator) J. Rothenberg (Co-Principal Investigator), Copyright holder University of Minnesota, 1982-1983

Project Development Grant: Young Men's Sexual Responsibility, Northwest Area Foundation, (Co-Principal Investigator). J. Rothenberg (Co-Principal Investigator), Copyright holder University of Minnesota, 1983-1985

Project Development Grant: Young Men and STD Prevention, University of Minnesota, Health Sciences Learning Resources, (Co-Principal Investigator), J. Rothenberg (Co-Principal Investigator), Copyright holder University of Minnesota, 1985-1987

Education of Public Health Nursing for Leadership in Official Public Health Agencies, Division of Nursing, Bureau of Health Professions, HRSA, DHHS, (Project Director, 1993-1994 prior to move to UT-HSC-H), 1993-1996

Texas Consortium of Geriatric Education Centers, Subcontract with Baylor College of Medicine Center on Aging (Project Director), 1997-2004

Stroke: Conversations and Explanations (2 Videos of Living After Stroke: Conversations with Couples & Stroke: Early Recognition and Treatment), Isla Carroll Turner Friendship Trust, (Executive Producer), See 'Honors and Awards' for recognition of excellence, Copyright holder UTHSC Center on Aging, 2005-2006

Geriatric Resource Nurse, HRSA, Director of Evaluation (V. Fay, PI), 2006-2009

Houston Geriatric Education Center, HRSA, Co-PI (with Carmel Dyer, MD) (~\$600,000), 2007-2010, (~\$1,500,000), 2010-2015

Training Excellence for Aging Studies (TEXAS), Donald W. Reynolds' Foundation, Director of Evaluation, (C. Dyer, MD, PI), (\$2 million + 1.2 million matching), 2009-2012

PUBLICATIONS

Richard, E., Ostwald, S.K. (1983). A model for development of an off-campus rural nurse practitioner program. *Journal of Nursing Education*, 22(2), 87-92.

Ostwald, S.K., Abanobi, O.C., Kochevar, L.K. (1984). Nurse practitioners' perceptions of workplace encroachment. *Pediatric Nursing*, 10 (5), 337-341.

Witzig, D.K., Ostwald, S.K. (1985). Knowledge of toxic shock syndrome among adolescent females: A need for education. *Journal of School Health*, 55_(1), 17-20.

Sund, K., Ostwald, S.K. (1985). A study of the relationship between dual earner families' stress levels and personal and lifestyle-related variables. *Nursing Research*, 34_(6), 357-361.

Ostwald, S. K., Rothenberger, J. (1985). Development of a testicular self-examination program for college men. *Journal of American College Health*, 33, 234-239.

Ostwald, S.K., Williams, H.Y. (1985). Optimizing learning in the elderly: A model. *Lifelong Learning: An Omnibus of Practice and Research*, 9 (1), 10-13, 27.

Ostwald, S.K. (1986). Benefit-cost analysis: A framework for evaluating corporate health promotions programs. *AAOHN Journal*, 34_(8), 377-383.

Ostwald, S.K., Abanobi, O.C. (1986). Nurse practitioners in a crowded marketplace: 1965-1985. *Journal of Community Health Nursing*, 3_(3), 145-156.

Sheehan, M.K., Ostwald, S.K., Rothenberger, J. (1986). Contraceptive responsibility: Do young men and women differ? *Pediatric Nursing*, 12_(1), 17-21.

- Kromminga, S.K., Ostwald, S.K. (1987). The public health nurse as a discharge planner: Patients' perceptions of the discharge process. *Public Health Nursing, 4*(4), 224-229.
- Ostwald, S.K., Williams, H.Y. (1987). Community health nursing in workplace health programs: Rationale and ethics. *Journal of Community Health Nursing, 4*(3), 121-130.
- Ostwald, S.K., Abanobi, O.C. (1987). Strategies used by nurse practitioners to adjust to workplace encroachment. *Pediatric Nursing, 13*(3), 189-190.
- Hedenstrom, J., Ostwald, S.K. (1988). Adult day care programs: Maintaining a therapeutic triad. *Home Health Care Services Quarterly, 9*(1), 85-102.
- Harriman, L., Snowdon, D., Messer, L., Rysavy, D., Ostwald, S.K., Lai, C., Soberay, A. (1989). Temporomandibular dysfunction in the elderly. *Journal of Dental Research, 68*,191.
- Snowdon, D.A., Ostwald, S.K., Kane, R.L., Keenan, N.L. (1989). Years of life with good and poor mental and physical function in the elderly. *Journal of Clinical Epidemiology, 42*, 1055-1066.
- Snowdon, D.A., Ostwald, S.K., Kane, R.L. (1989). Education, survival, and independence in elderly Catholic sisters, 1936-1988. *American Journal of Epidemiology, 130*(5), 999-1012.
- Ostwald, S.K., Snowdon, D.A., Rysavy, D.M., Keenan, N.L., Kane, R.L. (1989). Manual dexterity as a correlate of dependency in the elderly. *Journal of American Geriatrics Society, 37* (10), 963-969.
- Ostwald, S.K. (1989). Changing employees' dietary and exercise practices: An experimental study in a small company. *Journal of Occupational Medicine, 31*(2), 90-97.
- Ostwald, S.K. Knutson, M. (1989). Employee health practices: Relationships between attitudes, perceptions and behaviors. *AAOHN Journal, 37*(1), 26-32.
- Brown, J.E., Thorp, T., Laby, B., Snowdon, D., Ostwald, S.K., Buzzard, M., Rysavy, D.M., Wieser, M.A. (1990). Videotape dietary assessment: Validity, reliability and comparison of results with 24-hour dietary recalls from elderly women in a retirement center. *Journal of the American Dietetic Association, 90*(12), 1675-1679.
- Ostwald, S.K., Weiss-Farnam, P., Monson, T. (1990). The impact of health education on health status: An experimental program for elderly women in the community. *Journal of Community Health Nursing, 7* (4), 199-213.
- Harriman, L., Snowdon, D.A., Messer, L.B., Ostwald, S.K., Lai, C.H., Soberay, A. (1990). Relationship of TMJ disorders to selected oral & systemic conditions in an elderly population. *Oral Surgery, Oral Medicine, Oral Pathology, 70*, 406-413.

Ostwald, S.K., Leonard, B., Choi, T., Keenan, J., Hepburn, K., Aroskar, M.A. (1993). Caregivers of frail elderly and medically fragile children: Perceptions of ability to continue to provide home health care. *Home Health Care Services Quarterly*, 14(1) 55-80.

Josten, L., Clarke, P. N., Ostwald, S. K., Stoskopf, C., Shannon, M. (1995). Public health nursing education: Back to the future for public health sciences. *Family & Community Health*, 18(1) 36-48.

Ostwald, S.K. (1997). Caregiver exhaustion: Caring for the hidden patients. *Advanced Practice Nursing Quarterly*, 3(2), 29-35.

Hepburn, K.W., Caron, W., Luptak, M., Ostwald, S.K., Grant, L., Keenan, J.M. (1997). The family stories workshop: Stories for those who cannot remember. *The Gerontologist*, 37(6), 827-832.

Ostwald, S.K. (1998). Critique of J. M. Long, C. C. Kee, M. V. Graham, R. B. Saethang, F.D. Dames. Medication compliance and the older hemodialysis patient, entitled Critique to Practice: Facilitating Research-Based Practice. *Journal of American Nephrology Nurse's Association*, 3 (1), 50-51.

Ostwald, S.K., Hepburn, K.W., Caron, W., Burns, T., Mantell, R. (1999). Reducing caregiver burden: A randomized psychoeducational intervention for caregivers of persons with dementia. *The Gerontologist*, 39(3), 299-309.

Caron, W., Hepburn, K., Luptak, M., Grant, L., Ostwald, S.K., Kennan, J. (1999). Expanding the discourse of care: Family constructed biographies of nursing home residents. *Families, Systems & Health*, 17 (3), 323-335.

Ostwald, S.K., Hepburn, K.W., Caron, W., Burns, T., Mantell, R., (2000, January). What's new in research: Intervention reduces caregiver burden, *The Brown University GeroPsych Report*, 4(1), 2-3.

Hepburn, K. W., Tornatore, J., Center, B., Ostwald, S.K. (2001). Dementia family caregiver training: Affecting beliefs about caregiving and caregiver outcomes. *Journal of the American Geriatric Society*, 49(4), 450-457.

Runge, A., Castle, B., Rush, T. L., Rowe, M., Ostwald, S. K. (2001). A beneficial blend. *Balance, (Official Publication of the American College of Health Care Administrators)*, 5(4), 17, 20-22.

Lees, E., Liss, S., Cohen, I., Kvale, J., Ostwald, S.K. (2001). Emotional impact of retirement on physicians. *Texas Medicine*, 97(9), 66-71. Related commentary by Liss, S., Cohen, I., Charalampous, K. (2001). Insights into physician retirement. *Texas Medicine*, 97(9), 72-74.

Toward, J. I., Ostwald, S.K. (2002). Exploring mental health service needs for the elderly: Results of a modified Delphi study. *Community Mental Health Journal*, 38 (2), 141-149.

Ostwald, S.K., Duggleby, W., Hepburn, K. (2002). The stress of dementia: An inside view. *American Journal of Alzheimer's Disease and Other Dementias*, 17 (5), 303-312.

Ostwald, S.K., Hepburn, K.W., Burns, T. (2003). Training family caregivers of patients with dementia: A structured workshop approach. *Journal of Gerontological Nursing*, 29(1), 37-44.

Ostwald, S.K., Runge, A., Lees, E., Patterson, G. (Nov/Dec, 2003). Texas certified volunteer LTC ombudsmen: perspectives of role and effectiveness. *Journal of the American Medical Directors Association (JAMDA)*, 323-328.

Ostwald, S.K., Runge, A. S. (2004). Volunteers speak out: motivations for volunteering. *The Journal of Volunteer Administration*, 22(1), 5-11.

Akkerman, R. L., Ostwald, S.K. (2004). Reducing Anxiety in Alzheimer's Disease Family Caregivers: The Effectiveness of Nine-Week Cognitive-Behavioral Intervention. *Alzheimer's Disease and Related Disorders*, 19 (2), 117-123.

Williams, L., Ostwald, S.K. (2005). Family Caregivers: A Vital Resource. *Nurse Investigator*, 6(3) 56-64. (Invited)

Ostwald, S.K., Wasserman, J., Davis, S. (2006). Medications, Co-morbidities & Medical Complications in Stroke Survivors: The CARES Study. *Rehabilitation Nursing*, 31 (1), 14-18.

Tariah, H., Hersch, G., Ostwald, S.K. (2006). Factors Associated with Quality of Life: Perspectives of Stroke Survivors. *Physical & Occupational Therapy in Geriatrics*, 25 (2), 33-50.

Schulz, C., Wasserman, J., Ostwald, S.K. (2006). Recruitment and retention of stroke survivors: The CARES experience. *Physical & Occupational Therapy in Geriatrics*, 25(2), 17-29.

Lujan, J., Ostwald S.K., Ortiz, M. (2007). Promotora Diabetes Intervention for Mexican Americans. *The Diabetes Educator*, 33, 660-670.

Borges, W., Ostwald, S.K. (2008). Pies Sanos – Improving foot self-care behavior. *Western Journal of Nursing Research*, 30 (3), 325-341

Sixta, C.S. & Ostwald, S.K. (2008). Strategies for Implementing a Promotores-Led Diabetes Self-Management Program into a Clinic Structure: Promotora-Led Diabetes Self-Management Clinic Program. *The Diabetes Educator*, 32(2), 299-309.

- Sixta, C.S. & Ostwald, S.K. (2008). Texas-Mexico Border Intervention by Promotores for Patients with Type 2 Diabetes: Promotora Intervention for Type 2 diabetes. *The Diabetes Educator*, 32 (2), 285-298.
- Ostwald, S.K., Davis, S., Hersch, G., Kelley, C., Godwin, K. (2008). Evidence-Based Educational Guidelines for Stroke Survivors Following Discharge Home. *Journal of Neuroscience Nursing*, 40 (3), 173-179,191.
- Ostwald, S.K., Swank, P.R., Khan, M.M. (2008) Predictors of Functional Independence and Stress Level of Stroke Survivors at Discharge from Inpatient Rehabilitation. *Journal of Cardiovascular Nursing*, 23(4), 371-377.
- Ostwald, S.K. (2008). Predictors of Life Satisfaction Among Stroke Survivors and Spousal Caregivers: A Narrative Review. *Aging Health*, 4(3), 241-252. (Invited)
- Ostwald, S.K., Godwin, K.M., Cheong, H., Cron, S. (2009). Predictors of resuming therapy within four weeks after discharge from inpatient rehabilitation. *Topics in Stroke*,16(1), 80-91.
- Ostwald, S.K., Bernal, M.P., Cron, S., Godwin, K.M. (2009). Stress Experienced by Stroke Survivors and Spousal Caregivers During the First Year After Discharge from Inpatient Rehabilitation. *Topics in Stroke*, 16(2), 93–104. (Invited)
- Ostwald, S.K., Godwin, K.M., Cron, S. (2009.) Predictors of Life Satisfaction in Stroke Survivors and Spousal Caregivers Twelve to Twenty-Four Months Post Discharge From Inpatient Rehabilitation. *Rehabilitation Nursing*, 34(4), 160-167,174.
- Ostwald, S.K. (2009). Who is caring for the caregiver? Promoting spousal caregiver's health. *Journal of Family and Community Health*, 32(1), S5-S14. (Invited)
- Persson, D.I., Ostwald, S.K. (2009). Younger Residents in Nursing Homes. *Journal of Gerontological Nursing*, 35(10), 22-31.
- Qifang, S., Ostwald, S.K., Wang, S. (2010). Improving glycemic control self-efficacy and glycemic control behavior in Chinese patients with Type 2 diabetes mellitus: randomized controlled trial, *Journal of Clinical Nursing*, 19, 398-404.
- Casarez, R.L., Engebretson, J.C., Ostwald, S.K. (2010). Spiritual practices in self-management of diabetes in African Americans, *Holistic Nursing Practice*, 24 (4), 227-237.
- Chalermwannopong, S., Panuthai, S., Srisuphan, W., Panya, P., Ostwald, S.K. (2010). Effects of the transitional care program on functional ability and quality of life of stroke survivors, *CMU Journal of Natural Science*, 9(1), 49-66.

Pickens, S., Ostwald, S., Murphy-Pace, K., Bergstrom, N. (2010). Systematic review of current executive function measures in adults with and without cognitive impairments, *International Journal of Evidence-Based Healthcare*, 8:110-125.

Kelley, C., Graham, C., Christy, J.B., Hersch, G., Shaw, S., Ostwald, S.K. (2010). Falling and Mobility Experiences of Stroke Survivors and Spousal Caregivers, *Physical and Occupational Therapy in Geriatrics*, 28(3), 235-248.

Non-Peer Reviewed Publications

Ostwald, S.K., Weiss-Farnan, P. (1990). *Health Promotion in the Elderly: Critical Factors for Success*. Report prepared for Health Futures Institute, Minneapolis, Minnesota.

Ostwald, S.K., Weiss-Farnan, P. (1991). *Promoting Health for Seniors: Keys to Success*, Minneapolis, Minnesota: Health Futures Institute.

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Ostwald, S.K., *Consumer Perceptions of Assisted Living: Market Research Study Results*, Houston Gerontological Society Newsletter, January/February, 2000, Volume 43.

Books & Chapters

Ostwald, S.K., Williams, H.Y. (1986). Optimizing Learning in the Elderly: A Model. In Bradley C. Courtenay, *Helping Older Adults Learn*, (11-18). Glenview, Illinois: Scott Foresman & Company.

Spradley, B., Ostwald, S.K. (1989). Trends Affecting Minnesota's Adult Learners. In Howard Y. Williams (ed.) *Minnesota's Adult Learners*, (27-34) Monograph No. 1, Minneapolis, MN: Minnesota Association for Continuing Adult Education.

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Burton, J., Beck, J., Ostwald, S.K., Rabins, P., Reuben, D., Roth, J., Shapiro, J., Whitehouse, P. (Asso. Eds.). (1997), *The Year Book of Geriatrics and Gerontology*, Geriatric Nursing (341-372), St. Louis, MO: Mosby. (invited section author)

Burton, J., Beck, J., Ostwald, S.K., Rabins, P., Reuben, D., Roth, J., Shapiro, J., Whitehouse, P. (Asso. Eds.). (1998), *The Year Book of Geriatrics and Gerontology*, Geriatric Nursing (341-374), St. Louis, MO: Mosby. (invited section author)

Ostwald, S.K., Hepburn, K.W., Caron, W., Burns, T., Mantell, R. Reducing burden among caregivers of persons with dementia. (2000) In: B. Vellas & L. J. Fitten (Eds.), *Research and Practice in Alzheimer's Disease* (Vol. 3), (pp. 323-328), New York, NY: Springer Publishing Company. (invited)

Frazier, L., Ostwald, S.K. (2002), Genetics and Gerontological Nursing: A Need to Stimulate Research. In P. G. Archbold, B. J. Stewart & K. S. Lyons (Eds.), *Annual Review of Nursing Research*, 20(Chapter 11, 323 – 337), New York: Springer. (invited)

Ostwald, S.K. (Spring 2004), Caregiving, In: M. H. Beers (Ed.), *The Merck Manual of Health and Aging- Home Edition*, West Point, PA: Merck Research Laboratories, (Softcover, 2006) (invited)

Ostwald, S.K. (2006), The Caregiver in Dementia. In: S.M. Loboprabhu, J.W. Lomax, & V. Molinari (Eds) *Caregiving in Dementia: A Guide for Health Care Providers and Caregivers*, Baltimore, MD: Johns Hopkins Press. (invited)

Ostwald's and Dyer, C.B. (In Press), Fostering Resilience, Promoting Health, and Preventing Disease in Older Adults (Chapter 3), *Introduction to Gerontology*, Stuart-Hamilton, I. (ed), Hamilton, Cambridge: Cambridge University Press. (Invited)

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Media & Other Creative Products

Ostwald, S.K., (Co-Producer), Rothenberger, J. (Co-Producer), & Sullivan, W. A. (1983), *Young men's reproductive health*, [20 minute slide-tape/video program], Minneapolis, Minnesota, University of Minnesota.

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Rothenberger, J. (Co-Producer), Ostwald, S. K. (Co-Producer), (1988), *Young men & sexually transmitted diseases*, [18 minute slide-tape/video program], Minneapolis, Minnesota, University of Minnesota.

Ostwald, S.K. (Executive Producer), Cole. T. (Co-Producer), (2006), *Living after stroke Conversations with couples*, [26 minute DVD]. Houston, Texas, University of Texas at Houston, Copyright 2007 (Platinum Award – see 'Awards and Honors')

Ostwald, S.K.(Executive Producer) Cole, T. (consultant), *Stroke: Early Recognition and Treatment*. (20 minutes DVD) Houston, TX, University of Texas at Houston Copyright 2007 (Gold Award – see 'Awards and Honors')

Ostwald, S.K. (Executive Producer), Cole, T. *Stroke: Conversations and Explanations* (Two DVDs with Trailer) Houston, TX, University of Texas at Houston, Copyright 2007

Peer Reviewed Abstracts

Ostwald, S.K., & Rothenberger, J. (1985) Young men's sexual responsibility, *Journal of American College Health*, 33A.

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Ostwald, S.K. (1987). The Effect of Educational Strategies on Employees' Health: An Experimental Study in the Workplace. In *Adult Education Research Conference Proceedings*, (189-194). Laramie, Wyoming: University of Wyoming.

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Keenan, J.M., Ostwald, S.K., Choi, T., Hepburn, K.W. (1990) The physician's role with caregiving, *The Gerontologist*, 30 (Special Issue - October), 325A.

Aroskar, M.A., Keenan, J.M., Ostwald, S.K., Choi, T., Hepburn, K.W. (1990) Comparisons of caregivers of AIDS and elderly, *The Gerontologist*, 30 (Special Issue - October), 289A.

Ostwald, S.K., Choi, T., Keenan, J., Hepburn, K. (1990) Variables related to caregivers' predictions of their ability to continue to manage care, *The Gerontologist*, 30 (Special Issue - October), 324A.

Donaldson, S.K., Wade, M., Lindquist, R., Ostwald, S.K., Hancock, P. (1991) Advances to promote independent living in the elderly: Preserving autonomy, *The Gerontologist*, 31 (Special Issue - October), 1489A.

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Ostwald, S.K., Hepburn, K., Caron, W., Burns, T., Mantell, R., Vanloy, W., Krasnoff, A., Blount, K., Reckinger, D. (1995) Decreased caregiver burden and negative reactions to disruptive behaviors in persons with ADRD: Preliminary report, *The Gerontologist*, 35 (Special Issue – October).

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Ostwald, S.K., Lim, P., Protas, E., Hersch, G., Robinson-Whelen, S., Turley, J. (1999) Three approaches to assisting family caregivers with in-home rehabilitation of stroke survivors, *Gerontologie und Geriatric*, 32 (Supplement 2), p. 782.

Ostwald, S.K. (1999) Assisted living: A supportive service option for all frail elders, *SYSTED99 Actes du Colloque*, June 29-July 2, 1999, p. 66.

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Tornatore, J., Hepburn, K., Ostwald, S.K. (2000) The role of beliefs about caregiving in family caregiver depression and burden, *Nursing and Health Sciences*, 3(2), September.

Akkerman, R. L., Ostwald, S.K. (2001) Managing anxiety in caregivers of persons diagnosed with Alzheimer's disease: A group cognitive-behavioral intervention. *The Gerontologist*, 41 (Special Issue 1 - October).

Ostwald, S.K., Hersch, G, Kelley, C, Davis, S., Robinson-Whelen, S, Swank, P., Khan, M., Peck, M. (2002) CAREs: Home-based intervention for stroke survivors and their spouses, *The Gerontologist*, 42, (Special Issue I - October), p. 65.

Ostwald, S.K. (2002). CAREs: Committed to Assisting with Recovery after Stroke, *Australasian Journal on Ageing*, 21. (4), Supplement 1, (December) 21A.

Ostwald, S.K. (2003) Interactions among stress, depression, social support, and physical function in stroke survivors and their spousal caregivers, *The Gerontologist*, 43, (Special Issue I, October).

Ostwald, S.K. (2004) Stroke is a Family Affair: The CAREs intervention study, *Geriatric Nursing*, 25 (1), p. 53.

Ostwald, S.K., Swank, P., Robinson-Whelen, S. (2004) Minority stroke survivors and spousal caregivers: are poorer outcomes due to ethnicity, SES, or age. *The Gerontologist*, 44 (Special Issue 1- October).

Ostwald, S.K., Robinson-Whelen, S., Swank, P. (2005) Examining correlates of burden & depression in spousal caregivers of stroke survivors. *The Gerontologist*, 45(Special Issue 1 - October).

Ostwald, S.K. (2006) Function and economic burden for stroke survivors and their spousal caregivers after hospital discharge: CAREs study. *The Gerontologist*, 46(Special Issue 1 – October) p384-386, 321A

- Ostwald, S.K., Davis, S., Hersch, G., Kelley, C., Janssen, K. Physical and psychological changes in stroke survivors and spousal caregivers over a 12-month period.
- Swank, P., Ostwald, S.K., Robinson-Whelen, S. Predictors of change over time in stroke survivors and their spousal caregivers.
- Wasserman, J., Godwin, K., Ostwald, S.K. Outpatient rehabilitative stroke care: Service utilization and associated costs.
- Hersch, G., Coutinho, F., Ostwald, S.K. Occupational changes for stroke survivors and spousal caregivers during the first year post hospital discharge.

Wasserman, J., Godwin, K., Ostwald, S.K., Cron, S. (2007) Stroke survivors' change in health related quality of life over time as measured by the stroke impact scale, *Value in Health (The Journal of the International Society for Pharmacoeconomics and Outcomes Research)*, 10(6), A312.

Wasserman, J., Godwin, K.M., Ostwald, S.K., Cron, S., (2008) Changes in Health-Related quality of Life for Long-Term Stroke Survivors as Measured by the Stroke Impact Scale, *Stroke*, 39 (2), p702.

Janssen, K., Wasserman, J., Ostwald, S.K. (2008) Impact of Inpatient Rehabilitation Complications on Stroke Survivor Recovery, *Stroke*, 39 (2), p734.

Godwin, K.M., Wasserman, J., Ostwald, S.K. (2008) Outpatient Rehabilitative Service Cost the First Year Post Stroke, *Stroke*, 39 (2), p706.

Casarez, R., Godwin, K.M., Ostwald, S.K. (2008) Expressions of Spirituality in Caregivers of Stroke Survivors, *Stroke*, 39 (2), p736.

Ostwald, S.K., Godwin, K.M., Cheong, H., Cron, S. (2008) Predictors of Resuming Therapy within Four Weeks after Discharge from Inpatient Rehabilitation, *Stroke*, 39 (2), p680.

Godwin, K.M., Wasserman, J., Cron, S.G., Ostwald, S.K. (2008) The Effect of Aphasia on Depression and Mutuality Among Stroke Survivors During the First Year Post Stroke, *The Gerontologist*, 48 (Special Issue III-October), p75.

Ostwald, S.K., Derkits, L., Janssen, K. (2009) The Role of Faith in Stroke Recovery, *The Gerontologist*, 49 (Special Issue 2 – October) p366.

Godwin, K.M., Reilley, B., Ostwald, S.K., Dyer, C.B. (2009) Disaster Preparedness for Vulnerable Elders: An Interdisciplinary Student Team Competition, *The Gerontologist*, 49 (Special Issue 2 – October) p493.

Godwin, K.M., Cron S.G., Ostwald S.K. (2010) Long- term Stroke Related Health Outcomes for Stroke Survivors and their Spousal Caregivers, *Stroke*, 41 (4), p e359.

Other

Lentsch, P.M., Ostwald, S.K. (1977). 1976 Gerontological Nursing Books of the Year. *American Journal of Nursing*, 77(1).

Ostwald, S.K. (1983). Review of Coping with a Hysterectomy: Your Own Choice, Your Own Solutions (Susanne Morgan). *American Journal of Nursing*, 83(4), 650.

Ostwald, S.K. (1984). Review of Women's Health: Volume 1, Ambulatory Care (Lois J. Sonstegard, Karen Mundell Kowalski, & Betty Jennings). *American Journal of Nursing*, 84 (6), 843.

Ostwald, S.K. (1985). Review of Nursing Assessment: A Multidimensional Approach (Janis P. Bellack & Penny A. Bamford). *American Journal of Nursing*, 85 (2), 213.

Snowdon, D.A., Gonzales, N., O'Leary, B.M., Ostwald, S.K., (1989). Making Mammography a Habit. *JAMA*, 262_(2), 207. Letter to the editor with original research findings.

Ostwald, S.K. (2007). Preserving Patient Autonomy and Privacy in an Era of Genetic Discoveries. *Journal of Gerontological Nursing*, 33 (5). Invited Guest Editorial.

PRESENTATIONS

International

Ostwald, S.K. (1999, March), *The evolving role of family: Caring for a loved one*, Presented at the Yamaguchi University, Ube City, Japan. (presentation)

Ostwald, S.K., (1999, July), *A supportive service option for frail elders*, Presented at the SYSTED99 International Conference, Grenoble, France, June 29-July 2, 1999. (presentation)

Ostwald, S.K. Lim, A.C., Hersch, G., Protas, G., Kelley, C., Whelen-Robinson, S. Turley, J. (1999, July). *Three approaches to assisting family caregivers with in-home rehabilitation of stroke survivors*. Presented at the IVth European Congress of Gerontology, Berlin, Germany. (presentation)

Ostwald, S.K. (1999, September). *Advocates for nursing home residents*. Presented at the Fourth Global Conference on Ageing, Montreal, Canada. (presentation)

Ostwald, S.K., (2000, March), *Family caregiver research: Multidisciplinary approaches to reduce family stress*. Presented at the Symposium on Health Care for the Elderly, Yamaguchi University, School of Medicine, Ube City, Japan. (presentation)

Ostwald, S.K. (2000, March), *Insights on dementia: The patient's view*. Presented at the Symposium on Health Care for the Elderly, Yamaguchi University, School of Medicine, Ube City, Japan. (presentation)

Ostwald, S.K.(2000, July), *Perceptions of persons with dementia and their caregivers*, Presented at the Dementia Care Services Centre, University of Stirling, Stirling, Scotland. (presentation)

Ostwald, S.K., Hepburn, Kenneth W., Duggleby, Wendy (2001, June), *The stress of dementia: The patient's view*. Presented at the Proceedings of the International Sigma Theta Tau Meeting. Copenhagen, Denmark. (poster presentation)

Ostwald, S.K. (2002, October), *CARes: Implementing an interdisciplinary home intervention*. Presented at the Aged Care: The Way Ahead. 2rd Annual RANHS Symposium, Sydney, Australia. (presentation)

Ostwald, S.K. (2002, October), *CARes: Committed to assisting with recovery after stroke*. Presented at the Maturity Matters 6th Global Conference of Ageing, Perth, Western Australia. (presentation)

Ostwald, S.K. (2003, May), *Caregivers of alzheimer's disease*. Presented at the Convegno Il malato di Alzheimer: come riconoscerlo, come curarlo, come assisterlo, Oristano, Sardinia. (presentation)

Ostwald, S. K. (2003, June), *Reducing burden among family caregivers*. Presented at University La Sapienza, Rome, Italy. (presentation)

Ostwald, S.K. (2003, June), *Informal caregiver research*. Presented at the Catholic University of the Sacred Heart of Jesus, Rome, Italy. (presentation)

Ostwald, S. K. (2003, June). *Preventing caregiver burnout. catholic*. Presented at University of the Sacred Heart of Jesus, Rome, Italy. (presentation)

Ostwald, S.K., Swank, P., Robinson-Whelen, S. (2004, February). *Stress in stroke survivors & spousal caregivers: predictors & differences*. Presented at the 29th International Stroke Conference, San Diego, CA. (presentation)

Ostwald, S.K., Davis, S., Hersch, G., Kelly, C., Griffith, D. (2005, February). *CAReS: An interdisciplinary randomized clinical trial with stroke survivors and their spousal caregivers*. Presented at the 2005 International Stroke Conference, New Orleans, LA. (presentation)

Ostwald, S.K., (2005, August). *CAReS: The development and implementation of a randomized clinical trial with stroke survivors and their spousal caregivers after discharge from the hospital*. Presented at the US-Russian Nursing Conference. (presentation)

Ostwald, S.K., Swank, P., Robinson-Whelen, S. (2005, February). *Predictors of Physical and Psychosocial Function of Stroke Survivors at Discharge from Inpatient Rehabilitation*. Presented at the 2005 International Stroke Conference, New Orleans, Louisiana. (presentation)

Ostwald, S.K., Janssen, K. (2005, February), *The effects of stroke-related comorbidities, impairments and complications on stroke survivors' length of stay in rehabilitation: The CAReS Study*. Presented at the 2005 International Stroke Conference, New Orleans, LA. (presentation)

Ostwald, S.K., Robinson-Whelen, S., Coutinho, F. (2006, January), *Spousal caregivers of survivors: Burden, coping and social support*, Presented at The Congress on Chronic Care, Bangkok, Thailand. (presentation)

Wasserman, J., Godwin, K., Ostwald, S.K., (2006, February), *Capturing cost for outpatient rehabilitative stroke services*, Presented at the International Stroke Association, Kissimmee, FL. (poster presentation)

Wasserman, J., Godwin, K.M., Ostwald, S.K., Cron, S., (2008, February) *Changes in Health-Related quality of Life for Long-Term Stroke Survivors as Measured by the Stroke Impact Scale*. The International Stroke Conference. New Orleans, LA. (poster presentation)

Janssen, K., Wasserman, J., Ostwald, S.K. (2008, February), *Impact of Inpatient Rehabilitation Complications on Stroke Survivor Recovery*, The International Stroke Conference. New Orleans, LA. (poster presentation)

Casarez, R., Godwin, K.M., Ostwald, S.K. (2008, February), *Expressions of Spirituality in Caregivers of Stroke Survivors*, The International Stroke Conference, New Orleans, LA. (poster presentation)

Godwin, K.M., Wasserman, J., Ostwald, S.K. (2008, February), *Outpatient Rehabilitative Service Cost the First Year Post Stroke*, The International Stroke Conference, New Orleans, LA, (poster presentation)

Ostwald, S.K., Cron, S.G., Godwin, K.M., Wasserman, J. (2008, September), *Predictors of Burden Among Spousal Caregivers of Stroke Survivors 12 months after Discharge from Inpatient Rehabilitation*. 6th World Stroke Congress. Vienna, Austria. (poster presentation)

Ostwald, S.K., Godwin, K. M., Cheong, H., Cron, S. (2008, February) *Predictors of Resuming Therapy within Four Weeks after Discharge from Inpatient Rehabilitation*. The International Stroke Conference, New Orleans, LA. (poster presentation)

Reviewed in Lubiner, L. *Resuming Rehabilitation Therapy After Stroke*. *Neurology Reviews*. May 2008.

Ostwald, S.K., Godwin, K.M., Cron, S.G. (2009, March), *The Impact of Stroke on Couples' Expressions of Mutuality*. XVII International Family Therapy Association World Congress, Portoroz, Slovenia. (poster presentation)

Ostwald, S.K., Dyer, C.B. (2009, March), *Elder Abuse by Family Caregivers: An Issue for Health Care Professionals*. XVII International Family Therapy Association World Congress, Portoroz, Slovenia. (poster presentation)

Ostwald, S.K. (2009, March) *CAReS: A Multidisciplinary Intervention for Stroke Survivors and Spouses after Discharge Home*, University of Ljubljana School of Nursing, faculty and directors of nursing services for the university health science center, University of Ljubljana. (invited podium presentation)

Ostwald, S.K. (2009, September), *Preparing for the Aging Tsunami*. International Geriatric and Gerontological Nursing Conference, Huadong Hospital, Fudan University, Shanghai, China. (invited keynote presentation)

Ostwald, S.K. (2009, September), *CAReS: Multidisciplinary Intervention for Stroke Survivors and Their Spousal Caregivers*. 6 hours Pre-Conference Workshop, Huadong Hospital, Fudan University, Shanghai, China. (invited podium presentation)

Ostwald, S.K. (2009, September), *Research with Stroke Survivors and Their Spousal Caregivers Post Hospital Discharge*, Faculty & Graduate Students, Department of Nursing, College of Traditional Chinese Medicine, Nanjing, China. (invited podium presentation)

Ostwald, S.K. (2009, September), *Health Care of Older Adults*. Undergraduate Students, Department of Nursing, College of Traditional Chinese Medicine, Nanjing, China. (invited podium presentation)

Ostwald, S.K. (2009, September), *Factors Related to Stress Among Stroke Survivors and Spousal Caregivers. One Year versus Five Years Post Stroke*, Faculty and Students, College of Nursing, Polytechnic Institute, Macao, China. (invited podium presentation)

Ostwald, S.K. (2009, December), Faculty & Graduate Students, Universidad Iberoamericana de Ciencias y Tecnologia UNICIT, Schools of Nursing, Midwifery, and Physical Therapy, Santiago, Chile (invited podium presentations)

- Promoting Health and Preventing disease in Older Adults*
- Managing Comorbidities in High Risk Elders*
- Fostering Resilience and Preventing Burnout in Family Caregivers*
- Research Resilience and Preventing Burnout in family Caregivers*
- When Caregivers Become Abusers*

Ostwald, S.K. (2010, January), Directors, Faculty, & Graduate Students, University of Rome “Tor Vergata”, School of Nursing, Rome, Italy (invited podium presentations)

- The Aging Revolution: Are Nurses Ready?
- Writing a Successful Grant
- Design Issues for Intervention Studies
- After the Grant – then What
- “CAREs: An Interdisciplinary Intervention Research Study with Stroke Survivors and Their Spousal Caregivers

Ostwald, SK. (2010, February), *What Do they Know? Evidence-based Guidelines for Educating Stroke Patients and Their Caregivers after Stroke*, International Stroke Conference 2010, San Antonio, TX. (invited podium presentation)

Ostwald, S.K. (2010, February), *Preparing a Poster*, Stroke Nursing Symposium (sponsored by the American Heart Association CVN Council, American Heart International Stroke Conference 2010, San Antonio, TX. (invited podium presentation)

Godwin, K.G., Cron SG, Ostwald S.K. (2010, February), *Long- term Stroke Related Health Outcomes for Stroke Survivors and their Spousal Caregivers*, American Heart Association International Stroke Conference 2010. San Antonio, TX. (poster presentation)

Ostwald, S.K. (2010, March), *CAREs: Interdisciplinary Intervention for Stroke Survivors and Spousal Caregivers*, School of Nursing, Khon Kaen University, Khon Kaen, Thailand (invited presentation to faculty and doctoral students)

Ostwald, S.K. (2010, April), *Cultural Competence in Nursing*, Nursing Diversity and Dynamic in Art and Science, Phuket, Thailand (invited keynote presentation)

National

Ostwald, S. K. (2003, March), *Discharge disconnect: What happens when the patient goes home?* Presented at Joint Conference of the NCOA and ASA, Chicago, Illinois.

Ostwald, S.K. (2003, November), *Interactions among stress, depression, social support and physical function in stroke survivors and their spousal caregivers*, Presented at the Gerontological Society of America's 56th Annual Scientific Meeting, San Diego, CA.

Ostwald, S.K. (2003, November), *CAReS: Home-based intervention for stroke survivors and their spouses. Relationships in a changing world: From aging cells to aging societies*, Presented at the 53rd Annual Scientific Meeting of The Gerontological Society of America, Boston, Massachusetts.

Ostwald, S.K., Peck, M., Schulz. (2003, October). *Conducting longitudinal research with older adults: Recruitment and retention strategies used in CAReS*, Presented at the 18th Annual Convention, National Gerontological Nursing Association, Houston, TX.

Ostwald, S.K. (2003, October), *Stroke is a family affair: The CAReS intervention study*. Presented at the 18th Annual Convention, National Gerontological Nursing Association, Houston, TX.

Ostwald, S.K. (2003, October), *The black box: Describing the intervention in nursing research*. Presented at the 18th Annual Convention, National Gerontological Nursing Association, Houston, TX.

Peck, M., Ostwald, S.K., Davis, S. (2003, October), *Addressing the wounds of caregiving: Promoting holistic healing through a CAReS intervention study*. Presented at the 18th Annual Convention, National Gerontological Nursing Association, Houston, TX.

Ostwald, S.K., Davis, S., Hersch, G., Kelley, C. (2003, October), *The whole is greater than the sum of the parts: Interdisciplinary intervention for stroke survivors and their spouses*, Presented at the 18th Annual Convention, National Gerontological Nursing Association, Houston, TX.

Ostwald, S.K., Countinho, F., (2005, October), *Recovering from stroke: The journey together*, National Gerontological Nursing Association, Myrtle Beach, SC.

Ostwald, S.K., Robinson-Whelen, Swank, P. (2005, November), *Examining correlates of burden and depression in spousal caregivers of stroke survivors*, Presented at the Gerontological Society of America, Orlando, FL.

Ostwald, S.K., Achenbaum, A. W. Justice, B., Justice R., (2006, March), *Symposium on the health in chronic illness*. Presented at the American Society on Aging/National Council on the Aging, Anaheim, CA.

Ostwald, S.K., Hersch, G., Coutinho, F. (2006, March), *Work patterns after stroke: Impact on stroke survivors and their spouses*, Presented at the American Society on Aging/National Council on the Aging Anaheim, CA.

Ostwald, S.K. (2006, September), *Preparatory strategies for life after discharge: Lessons from the CARES study*, Presented at the National Stroke Association Regional Workshops, September, 2006 Las Vegas, NV, & Boston, MA; October, Orlando FL; December, Chicago, IL.

Ostwald, S.K., Wasserman, J. Cron, S. (2006, October), *Predictors of Life Satisfaction Among Stroke Survivors and Spousal Caregivers One Year Post Hospital Discharge*, NINR State of the Science Conference, Washington, D.C. (Won Best Poster Award)

Ostwald, S.K., Hernandez, F., Coutinho, F. (2006, October), *Adverse events experienced by stroke survivors the first year following hospital discharge*, Presented at the American Rehabilitation Nurses Conference, Chicago, IL

Ostwald, S.K. (2006, November), *Function and economic burden for stroke survivors and their spousal caregivers after hospital discharge: CARES study*, Symposium with 4 papers presented at the Gerontological Society of America Scientific Conference, Dallas, TX.

Ostwald, S.K., Cron, S.G., Godwin, K.M. (2008, October), *Predictors of Stress Among Spousal Caregivers of Stroke Survivors: Coping Skills, Social Support and Preparation for Caregiving*, 2008 National State of the Science Congress on Nursing Research. Washington, DC. (podium presentation)

Wasserman, J., Godwin, K.M., Bernal, M.P., Cron, S.G., Ostwald, S.K. (2008, October), *Health-Related Quality of Life for Long-Term Stroke Survivors and Spousal Caregivers*, American Rehabilitation Nurses Foundation Annual Educational Conference, San Francisco, CA. (poster presentation)

Ostwald, S.K. (2008, October), *Sharing Hope with Survivors*, National Stroke Association Regional Conference in Atlanta, GA. (invited plenary presentation)

Godwin, K.M., Wasserman, J., Cron, S.G., Ostwald, S.K. (2008, November) *The Effect of Aphasia on Depression and Mutuality Among Stroke Survivors During the First Year Post Stroke*, Gerontological Society of America. North Harbor, MD. (poster presentation) Also shown at the Southeast Texas Rehabilitation Nurses Expo, June, 2009.

Godwin, K.M., Ostwald, S.K., Prati, L., Dyer, C. (2009, February), *Houston Geriatric Education Center: Interdisciplinary Student Team Competition on Elder Abuse and Mistreatment*, 35th Annual Meeting and Educational Leadership Conference of the Association for Gerontology in Higher Education, San Antonio, TX. (resource exchange presentation)

Kelly, C., Dyer, C., Ostwald, S.K., Prati, L., Godwin, K. (2009, February), *Multi-Disciplinary Education of Health Profession Students about Elder Abuse and Neglect*, 2009 APTA Combined Sections Meeting. Las Vegas, NV. (poster presentation)

Derkits, L., Janssen, K., Ostwald, S.K. (2009, November), *The Role of Faith in Stroke Recovery* Gerontological Society of America Scientific Sessions, Atlanta, GA. (poster presentation)

Godwin, K.M., Reilley, B., Ostwald, S.K., Dyer, C.B. (2009, November), *Disaster Preparedness for Vulnerable Elders: An Interdisciplinary Student Team Competition*. Gerontological Society of America Scientific Sessions, Atlanta, GA. (poster presentation)

Johnson, K.M., Kelley, C., Ostwald, S.K. (2010, February), *Disability of the Stroke Survivor and Burden of the Spousal Caregiver*, American Physical Therapy Association's Combined Sections Meeting. San Diego, CA. (poster presentation)

Ostwald, S.K. (2010, May), *Caregiver Burden: Helping Those Who Help Others*, American Heart Association Quality of Care and Outcomes Research in Cardiovascular Disease and Stroke 2010 Scientific Sessions, Washington, DC (invited podium presentation)

Ostwald, S.K., Godwin, K.M., Janssen, K., Derkits, L., Weerasinghe, I.S. (2010, September) *Differences in Religious Participation among Couples Coping with Stroke*. Association of Rehabilitation Nurses 36th Annual Educational Conference, Orlando, FL (poster presentation)

Regional/State

Ostwald, S.K. (2003, September), *Overview of the 'Nun's study'-Longitudinal study of the aging brain,* Presented at the Texas Medical Auditors Association Annual Conference, Houston, TX.

Coutinho, F., Ostwald, S.K., Spencer, J., (2005, November), *Adaptation: The caregiver's experience during the first year after a stroke*, Presented at the Texas Occupational Therapy Association.

Wasserman J., Godwin K., Ostwald S.K. (February, 2007) *Measuring Health Related Quality of Life (HRQoL) in Stroke Survivors*. SNRS, Galveston, TX.

Decker, S.A., Ostwald, S.K., Cron, S., Wasserman, J., Godwin, K. (2007, June), *Pain in Elderly Stroke Survivors*, Presented at the Annual SE Texas 2007 June Expo and Fundraiser, Association of Rehabilitation Nurses, Houston, TX, June 19, 2007.

Ostwald, S.K. (2008, February), *Promoting Well-Being of Stroke Survivors and Spousal Caregivers*. Promoting Health in Underserved Populations: Advancing Healthy Aging, Austin, TX. (invited podium presentation)

Ostwald, S.K. (2008, November), *Caregiving: Primary Cause of Elder Abuse?* Statewide training session for Long Term Care Ombudsmen in Texas, Houston, TX. (podium presentation)

Derkits, L., Janssen, K., Godwin, K.M., & Ostwald, S.K. (2009, June), *The Role of Faith in Stroke Recovery*. Southeast Texas Rehabilitation Nurses Expo, Houston, TX. (poster presentation)

Godwin, K.M., Wasserman, J., Cron, S.G., Ostwald, S.K. (2009, June), *The Effect of Aphasia on Depression and Mutuality Among Stroke Survivors During the First Year Post Stroke*. Southeast Texas Rehabilitation Nurses Expo., Houston, TX. (poster presentation), Also shown at the Gerontological Society of America, North Harbor, MD. November, 2008.

Ostwald, S.K. (2010, May), *Offering HOPE: Early Detection and Management of Alzheimer's Disease- Creating & Supporting Informed Patients & Families*, 2010 Schlichting Professional Conference, Alzheimer's Association, Houston & SE Texas Chapter (invited podium presentation)

Local

Ostwald, S.K., Achenbaum, W. A., Wieck, L. (2000, September), *Caring for the elderly. vulnerable populations—elderly/disabled/ women module*, Presented at the 4th Annual Houston International Community Health Summit, Houston, Texas.

Ostwald, S.K., (2001, April), *Family caregiving: Meeting the challenge caregiving and loss: Family needs, professional responses*, Presented at the 8th Annual Hospice Foundation of America Community Workshop & Live-via-Satellite Teleconference, Memorial Drive United Methodist Church, Houston, Texas.

Ostwald, S.K. (2002, May), *Strokes*. Health & Wellness Seminar, Metropolitan C. M. E. Church, Houston, Texas.

Ostwald, S.K. (2003, January), *Aging with grace: Lessons from the nun study*, Presented at the Christ the King Lutheran Church, Houston, Texas.

Ostwald, S.K. (2003, January), *Aging with grace: Lessons from the nun study*, Presented at the Parkinson's Disease Research, Education and Clinical Center, HVAMC. Houston, Texas.

Ostwald, S.K. (2003, February), *Aging with grace: Lessons from the nun stud*,. Presented at the Alzheimer's Association, Houston Area Chapter.

Countinho, F., Hersch, G., Ostwald, S.K. (2006, March), *Occupations gained and lost: A caregiver perspective*, Presented at the Occupational Adaptation Symposium.

Decker, S.A., Ostwald, S.K., Cron, S., Wasserman, J., Godwin, K. (2007, June), *Pain in Elderly Stroke Survivors*. Presented at the Annual SE Texas 2007 June Expo and Fundraiser, Association of Rehabilitation Nurses, Houston, TX, June 19, 2007.

Ostwald, S.K. (2007, May), *Preparing to Help Your Parents Age-Lessons for Your Own Aging*, Presented to the Bellaire Rotary Club, Houston, TX, May 17, 2007.

Ostwald, S.K. (2009, April), *Nursing Crisis: UT School of Nursing Approaches*, UT Talks, Luncheon for UTHSC-H Friends. (invited podium presentation)

Ostwald, S.K. (2009, May), *Surviving Stroke*, Harris County Hospital District Community Center. (invited community presentation)

Ostwald, S.K. (2009, November) *Prevention and Early Identification of Elder Abuse. What is the Caregiver's Role?* The Alzheimer's Association Schlicting Educational Conference in Houston. (invited podium presentation)

Ostwald, S.K. (2010, April), *Staying Sharp in Houston: Local Brain Experts Discuss Successful Aging*, Panel Discussion for Public Forum Sponsored by the UTHSC Neuroscience Research Center and Dana Alliance for Brain Initiatives (invited panel discussion)

PROFESSIONAL SERVICE

Consultations

Institution	Location	Role	Inclusive Dates
Minnesota Hospital Association Long Term Care Quality Assurance Project	Minneapolis, Minnesota	Clinical Consultant (LTC Quality Assurance)	1975-1976
Mount Olivet Homes, Inc. Edina Care Center and Willows Nursing Homes	Minneapolis, Minnesota	Nurse Consultant (Special Projects & Staff Education)	1974-1984
Veterans' Administration Health Center	St. Cloud, Minnesota	Clinical Nursing Research Consultant	1980-1988
The Press, Inc.	Chanhassen,	Evaluation Consultant	1984-1985

	Minnesota	(Health Promotion Program)	
Hennepin County Community Health Department, Community-Based Long-Term Care Program	Minneapolis, Minnesota	Evaluation Research Consultant (Client Outcomes)	1987-1995
Minnesota Department of Human Services, Long Term Care Management Division	St. Paul, Minnesota	Evaluation Consultant (Evaluation of Assisted Living)	1989-1993
Health Futures Institute	Minneapolis, Minnesota	Research Consultant (Health Promotion of Elderly)	1990-1991
Martin Luther Manor	Bloomington, Minnesota	Evaluation Consultant (Evaluation of Adult Day Care)	1991
School of Nursing University of North Carolina	Chapel Hill, North Carolina	Community Health Nursing Consultant	1992
NINR Grant, Intervention for Spouses of Persons with Dementia Department of Family Practice & Community Medicine Medical School, University of Minnesota, (PI: K. Hepburn)	Minneapolis, Minnesota	Research Consultant	1997-2000
NINR Grant, Telenovela Intervention for Elderly Hispanics College of Nursing, University of Arizona , (PI: J Crist)	Phoenix, Arizona	Research Consultant	2006-2010

Editorial Boards/Panels

Publication	Role	Inclusive Dates
The Gerontologist	Peer Reviewer	1993-2000
Year Book of Geriatrics and Gerontology (Mosby)	Associate Editor	1996 - 1998
Lifetime Health Newsletter, (UT-HHSC)	Editorial Advisory Board	1996-2000
Journal of American Geriatric Society	Peer Reviewer	1996-2000
Aging Well Newsletter	Editorial Advisory Board	1997-1999

Nursing & Health Sciences: An International Journal	Peer Reviewer	1999, 2004-2009
Rehabilitation Nursing Foundation	Member, Review Panel for 2000 Grant Process	2000
International Journal of Nursing Studies	Assistant Editor	2000-2006
International Journal of Nursing Studies	Reviewer	2000-present
Research on Aging	Peer Reviewer	2001-2008
Review Panel for Research Grants Council of Hong Kong	Member	2003- 2009
Journal of Gerontological Nursing	Panel of Reviewers	2001-2010
Journal of Gerontological Nursing	Section Co-Editor Genetics and Gerontology	2002-2005
Patient Education and Counseling	Reviewer	2010
Journal of Transcultural Nursing	Reviewer	2010
Research in Gerontological Nursing	Reviewer	2010
Research in Nursing & Health	Reviewer	2010
Newsletter of the Neuroscience Research Center	Editorial Advisory Board	2010-

Professional Service

Organization	Role	Inclusive Dates
The Alzheimer's Association	The Medical and Scientific Advisory Council, Initial Review Board	1998,2000, 2006, 2008
FY98 Dean's Research Award Competition	Proposal Reviewer UT-HHSC School of Nursing, Pre-Submission Grant Reviewer	1998, 2006, 2009, 2009, 2010
American Rehabilitation Nurses Association	Grant Reviewer, Rehabilitation Nursing Foundation – Review research grants	2007-2009

submitted to the ARN annually and revised criteria for grant submission and review.

National Stroke Association	Reviewer, CE Module on Stroke Rehabilitation	2008-2009
The 2010 International Nursing Conference, 'Diversity and Dynamic of Nursing Science and Art,' Patong Beach, Phuket, Thailand	Abstract Reviewer	2009

Professional Memberships

Alzheimer's Association, Greater Houston and SE Texas

Volunteer 1995-present

Speaker at caregiver and professional meetings, 2009, 2010

Consultant to Education Committee

American Heart /Stroke Association

Member, CVN Council

Member, Stroke Council

Older Populations Committee of the Councils on Clinical Cardiology and Cardiovascular Nursing 2010-2012

Planning Committee Stroke Nursing Symposium 2008-2010

Abstract Reviewer for Stroke Nursing Symposium 2008-2010

Stroke Manuscript of the Year Award 2004

Invited Speaker Stroke Nursing Symposium 2005, 2010

Invited Speaker International Stroke Conference 2010

Invited Speaker Quality of Care and Outcomes Research in Cardiovascular Disease and Stroke Scientific Sessions, 2010

Gerontological Society of America (Fellow)

Faculty Preceptor, GSA National Student Fellowship Program in Applied Gerontology, 1990

Fellow, 2003

Young in Career Faculty Mentor 2005-2010

National Stroke Association

Rehabilitation and Recovery Advisory Board, 2007-2009

Invited Speaker, Hope Conference, 2007-2008

Conference Planning Committee, 2007-2009

CE Module Reviewer on Stroke Rehabilitation, 2008-2009

Texas Geriatrics Society

Board of Directors (1997-1998)

World Stroke Organization
Member

Institutional Service

Institution (#1) – University of Minnesota (University-Wide)

Search Committee for Provost for U of MN Health Sciences	Member	1993-1994
University of Minnesota Council on Aging (AUCA)	Member	1985-1994
Executive Committee	Member	1985-1994
Academic Development Committee	Co-Chair	1985-1987 1992-1993
Curriculum Sub-Committee	Chair	1985-1987
Sub-Committee Multidisciplinary Perspectives on Aging Course	Member	1985-1992
Policy Committee	School of Public Health Representative	1985-1992
Gerontology Steering Committee	Graduate Minor	1987-1993
Search Committee for AUCA Chair	Member	1987-1989
School of Public Health-Minnesota		
Public Health Administration Review Committee	Member	1986-1987
Hospital and Health Care Administration	Faculty	1986-1992
Division of Health Services Administration, Public Health Administration	Faculty	1986-1992
APT Ad Hoc Review Committee	Member	1986 - 1988, 1990
Administrative Council	Faculty-at-Large Alternate	1986-1987
Review Committee	Health Education Major	1987-1988
Administrative Council	Faculty-at-Large Representative	1987-1988

Public Health Nursing	PHN Interim Chairperson	Summer 1988, Winter 1990, Summer 1990
Search Committee for Director of Patient Care Administration, ISP	Member	1988
Public Health Nursing Futures' Committee	Member	1989-1990
MHA Strategic Planning Committee	Member	1989-1990
Ad Hoc Task Force on Long Term Care Administration	Member	1989-1990
Public Health Administration Admission Committee	Member	1989-1992
Search Committee for Endowed Chair in Long Term Care and Aging	Member	1989-1990
Joint PHN Planning Committee	Member	1990-1991
Public Health Administration Task Force on Curriculum	Member	1991-1992
Public Health Nursing Liaison School of Public Health and School of Nursing	Member	1991

School of Nursing-Minnesota

Committee	Role	Inclusive Dates
PHN Curriculum	Member	1990-1991
PHN Faculty	Search Committee	1991
PHN 75 th Anniversary Celebration	Planning Committee	1992-1993
Faculty Practice Policies for School of Nursing	Advisory Committee	1992-1994
Curriculum Committee	Member	1992-1994
Graduate Sub-committee	Chair	1992-1994
PHN Steering Committee	Member	1992-1994
PHN Advisory Committee	Member	1992-1994

Strategic Planning Committee for Internal Environment	Co-Chair	1993-1994
Consultative Committee	Member	1993-1994
General Assembly	Vice-Chair	1993-1994
<u>Institution (#2) – Texas and UT System</u>		
Senator J.E. Buster Brown’s Health Care Advisory Council	Member	1997-1999
Texas State Steering Committee for CVD and Stroke Prevention	Member of Goal IV Committee (Prevention of Secondary Stroke Prevention)	2007-present
UT Academy of Health Science Educators	Awards Committee	2007-present
UTHSC-H School of Nursing University-Wide		
Research Council	Member	1995-1998
Elder Care Task Force	Member	1996-1997
Committee for Protection of Human Subjects	Member	1996-2000
Life/Work Council Advisory Committee	Member	1996-2003
Women’s Mental Health Series Planning Committee, Harris County Psychiatric Center	Member	1997-1998
Medicine Public Health Task Force	Member	1997-1999
UT-Houston Interdisciplinary Student Health Care Team Clinical Competition	Member	1998-2003
	Director	2008-2010
Southern Association of Colleges & Schools (SACS) Content Team and Synthesis Task Force	Co-Chair	1998-2000
Feasibility Study: Interdisciplinary Health Professions Education and Training	Member	1997-2000
Faculty Research Advisory Council	Member	2004-2006

Advisory Council, McGovern Center for Health, Humanities and the Human Spirit	Member	2005-present
Center for Clinical and Translational Sciences	Community Advisory Board	2007-2010
Houston Geriatric Education Center	Member	2007-present
Inter-faculty Council	Member	2008-present
Global Health Initiative	Member	2008-present

University of Texas Health Science Center-Houston School of Nursing

Search Committee for Associate Dean for Research and Evaluation	Chair	1995-1996
Architectural Committee for Nursing & Biomedical Sciences Building	Member	1998
SON Administrative Council	Member	1995-2004, 2009-2010
Doctoral Planning Committee	Member	1995-2004
Doctoral Curriculum Subcommittee	Member	1996-2004
Grant Writing Group	Member	1997-2008
Appointment, Promotion & Tenure Committee	Member	1998-2000
	Chair	1999-2000 2005-2006 2008-present
Six-Year Review Committee for Tenured and Tenure Track Faculty	Chair	1998-2000
Search Committee, Trumble Professor of Aging Research	Member	1998-1999
Faculty Life Council	Member	1999-2000 2005-2006 2008-present
Graduate Council	Member	1999-2001

PhD Council	Member	2004-present
Intramural Research Reviewer	Member	2004-present
Research Advisory Committee	Member	2007-present
Research Mentor	Junior Faculty	2006-present

Community Service

Organization (#1) - MINNESOTA

Committee	Role	Inclusive Dates
Ebenezer Society Community Services	Advisory Committee	1986-1993
	Executive Committee	1987-1994
Courage Institute Committee	Courage Rehabilitation Center	1990-1992
Minnesota Association of Continuing and Adult Education	Board of Directors	1991-1992
Minnesota Public Health Association	Governing Council	1991-1993
Health Futures Institute Advisory Committee for Senior Health Promotion Initiative	Member	1991-1992
Minnesota Association of Occupational Health Nurse (MAOHN) Scholarship Fund Advisory Committee	The St. Paul Foundation	1991-1994
Journey to Wholeness	Board of Directors	1993-1994

Organization (#2) - HOUSTON

Committee	Role	Inclusive Dates
University of Houston Center's for Pharmaceutical Care of the Elderly	Advisory Board	1997-1999
Houston Junior Forum	Advisory Board	1997-2000
Houston Community College System	Mental Health Advisory Board	1998-2000

St. Luke Episcopal Hospital	Community of Hope Lay Chaplain	2003-present
Christ the King Lutheran Church	Health Ministry Council	2003-present

OPTIONAL APPENDICES**Courses Taught**

University of Minnesota School of Nursing,

Public Health Interventions Across the Lifespan (Nurs 8040), 4 credits, 1992-1994,

Public Health Nursing Intervention Practicum (Nurs 8060), 4 credits, 1992-1994

Masters Research Project (Nurs 8050), 4 credits, 1992-1994

Thesis Credits: MS (Nurs 8777), 16 credits, 1992-1994

Advanced Public Health Nursing (Nurs 5609), 3 credits, 1992-1993

University of Minnesota School of Public Health-Public Health Administration (U of MN)

Public Health Program Planning and Grant Writing (PubH 5731), 4 credits, 1992-1994

Independent Study: Public Health Administration (PubH 5707), 1-12 credits arr, 1987-1994

University of Minnesota School of Public Health-Gerontology Minor (U of MN)

Multidisciplinary Perspectives on Aging (PubH 5737), 4 credits, coordinator, lecturer, curriculum task force, 1987-1992

The Elderly: A High Risk Population (PubH 5736), 3 credits, 1984-1994

University of Minnesota School of Public Health-Public Health Nursing (U of MN)

Public Health Leaders as Educators (PubH 5506), 3 credits, 1985-1988

Topics: Adult Health (PubH 5738), credits arr, 1983-1992

Research Methodology in Public Health Nursing (PubH 5510), credits arr, 1983-1992

Healthy Adults: A Public Health Perspective (PubH 5511), 3 credits, 1983-1986

Seminar: Leadership Roles in Public Health Nursing (PubH 5529), 1 credit, 1983-1985

Seminar: Public Health Nursing Research (PubH 5532), 1 credit, 1983-1985

Adults at Risk: Public Health Nursing Approaches (PubH 5512), 3 credits, 1983-1985

Collaborative Health Care Practice in Gerontology (PubH 5582), 2-3 credits, 1980-1982

Adult Nurse Practitioner I, II, & III (PubH 5579, 5580, 5581), 28 credits, 3 quarter sequence of courses, 1977-1982

University of Texas Health Science Center-Houston (UTHSC-H) School of Public Health

Independent Study LTC Community Options (PH 4499), Fall 1997

University of Texas Health Science Center-Houston (UTHSC-H) School of Nursing

Research Applications (N 5508), 4 credits, 1995- 1999

Issues in Aging (N5550), 3 credits, 1997- 2000

Science-Based Practice (N 7550), 3 credits, 1997-present

Innovations in Practice (N7752) 3 credits, 2007-2009

Independent Study Gerontology (N5522), (3 credits, 1998-present

Independent Study Research Practicum (N7700), 1998-present

Dissertation (N7704), 2000-present

Candidacy (N7705), 2003-present

Intervention, Perspectives of the US Health Care System (N5522), 2004-2008

BSN Honors Programs, V II for BSN Honors (N5522), 2004-present.

Research Applications (N6501), 4 credits, 2010

List of Project/Thesis/Dissertation Advisees

Institution, name, Title of thesis/dissertation/project, degree obtained, date of degree, role, funding obtained to support work

Texas Woman's University Graduate Physical Therapy Program Professional Papers Based on CARES Study

Kristen Johnson, PT, advanced masters, "Functional disability and caregiver burden/depression in stroke survivors and spousal caregivers." 2002

Jaime Dadd, chairperson, "Description of home-based physical therapy evaluation and education for stroke survivors and their spouses after hospital discharge." 2003

Lynnette Parmer, "Outcome measures and falls in stroke survivors." 2006 and ongoing

Kendrick Widemon, "Adverse events of stroke survivors and spousal caregivers, 1 year post discharge from hospital." 2006

Texas Woman's University Graduate Occupational Therapy Program Professional Papers Based on CARES Study

Stephanie Jane Lawrence, MS. "Effectiveness of occupational therapy telephone interventions on stroke caregiving" May 2000

Brenda Rowlett, "Occupational therapy intervention outcomes for caregivers of stroke survivors" May 2000

Heather Bluzard. "Improving outcomes for stroke patients: A website prototype" December 2000

Ronni G. Espinoza. "Assisting in recovery after stroke with leisure occupations" December 2003

Tina Lakeshia Bailey. "Home safety and environmental adaptations for stroke survivors and their caregivers" December 2003

Quyen Kim Tran. "Environmental adaptation for stroke survivors and level of stress experienced by caregivers" December 2004

Salimah Virani. "A comparison of the clinical value of the SAFER tool with the Stroke Impact Scale and the Perceived Stress Scale" May 2005

Reagan Marie Kruppa. "The effects of unilateral neglect on the stroke survivor and spousal caregiver during post stroke rehabilitation" December 2005

Danese Elayne Zander. "Home safety and its influence on the stroke dyad" December 2005

Laura Pustejovsky. "Performing leisure occupations safely for stroke survivors" December 2006

Jessica Foust, "Analysis of an occupational therapy equipment protocol for stroke survivors" December 2007

Kelly Richard, "Post-stroke effects on leisure activities of stroke survivors and occupational wellness." December 2007

Alicia Wyatt, "A retrospective study of intervention recommendations made to stroke survivors following SAFER assessment." December 2007

Violeta Chen, MOT, "Wellness of stroke survivors". December 2008

Jocelyn Bey, MOT, "Return to work patterns of stroke survivors". December 2008

Lacey Moore, MOT, "Leisure participation of female stroke survivors". December 2008

Leslie Weichert, MOT, "The effect of stroke upon the employability of the stroke survivor and spousal caregiver". December 2008

Marla Herring, MOT, "Social and Leisure Participation of Stroke Survivors", (In process)

Texas Woman's University PhD Occupational Therapy Program

Franzina Countinho, BS, PhD, MOT, "A Caregiver Prospective: Adaptation after Stroke" Graduation August, 2006-PhD, Department of Occupational Therapy, Texas Woman's University, Houston, TX (Committee Member).

Hashem Salman Abu Tariah, BS, MSN, PhD, MOT. "Perspectives of Stroke Survivors on their Post Stroke Transitions" Graduation May, 2006- PhD, Department of Occupational Therapy, Texas Woman's University, Houston, TX (Committee Member).

University of Houston

Tristan Amador, MS, PhD (May, 2007, School of Social Work) Geriatric social workers: An exploration of job satisfaction, strengths, and motivation for continued care for older adults. (Dissertation Committee Member).

International Doctoral Program with Chiang Mai University

Totsaporn Khampolsiri, MSN, PhD "Nursing Intervention For Enhancing Quality of Life of Stroke Survivors" (Dissertation Committee Member, 2006, USA Advisor 2003).

Shi Qifang, MSN “Effects of Health Education Focus on Behavioral Factors Affecting Glycemic Control Among Diabetes Mellitus Patients in China” (USA Advisor 2006, Co-Advisor Chiang Mai University, 2006-2007, Dissertation Committee Member, 2007).

Salee Chalermwannapong, MSN “Effectiveness of a Transitional Care Program for Stroke Survivors” (Dissertation Committee Member, 2009) (USA Advisor 2005).

Nongyauw Meethien, MSN “Community Based Nutritional Intervention for Thai Elderly in NE Thailand” (in process) (USA Advisor 2006).

The University of Texas School of Nursing-Houston

PhD Dissertation Committee Member:

Loretta Williams, MSN, DSN
Melinda Stanley-Hermanns
Cleo Richards, MSN

PhD Candidacy Committees:

Patricia Washington
Wendy Duggleby
Margaret Moss
Wanda Borges
Connie Sixta
Loretta Williams (Chair)
Josefina Lujan
Michelle Pacquin
Gia Mudd (Chair)
Cleo Richards (Chair)
Carlee Lehna (Chair)
Melinda Stanley-Hermanns (Chair)
Kathleen Misseldine (Chair)
Thittaya Phutthikhamin (Chair)
Diane Monsivais (Chair)
Krittapat Fulfon (Chair)
Danice Greer
Sabrina Pickens

PhD Dissertation Chair

Wendy Duggleby, MSN, DSN, “Pain Experience of Elderly Hospice Patients with Cancer,” August 1999. (\$8,500) Oncology Nursing Foundation Janssen Pharmaceutical Research

Grant (Dissertation Chair). Current Position- Research Chair, School of Nursing, University of Alberta, Edmonton, Alberta, Canada.

Patricia Washington, MSN, DSN, "Culturally Sensitive Cancer Education: Effect on Fatalism, Knowledge, Participation in Mammography Screening Among Black Women," August 1999. (\$5,000) Dissertation funding from Joseph C. Valley Memorial Trust Fund and local community banks (Dissertation Chair) Current Position- Educator, MD Anderson Cancer Center.

Margaret Moss, MSN, PhD, JD, "Zuni Elders: Ethnography of American Indian Aging," August 2000. (\$50,000) National Institute of Health, National Institute on Aging Minority Dissertation, (Dissertation Chair). Current Position- Chair of Leadership and Policy, School of Nursing, Yale University.

Wanda Borges, MSN, PhD "Brief Foot Care Intervention for Type 2 Diabetics," December 2004 (\$74,000) Dissertation Grant from Paso del Norte Foundation, Center for Border Health (Dissertation Chair). Current Position- Associate Professor, University of New Mexico, Los Cruces, NM.

Lujan, Josefina, MSN, PhD, "Promotora-led Diabetes Self Management Intervention," May 2006 (\$73,192) Center for Border Health Research, Paso Del Norte Foundation, (Dissertation Chair). Current Position- Dean, School of Nursing, Texas Tech University in El Paso

Connie Sixta, PhD, " Border Intervention Promoters for Type 2 Diabetes," May, 2007 (\$57,996, National Institutes of Nursing Research, National Research Service Award), Speros Martel Scholarship, Cynda Clark Dissertation Award, (Dissertation Chair)

Danice Greer, MSN, PhD(c) "Intervention for Management of Hypertension in African American Women" (in process)

Sabrina Pickens, MSN, PhD(c), (Dissertation: Executive Function in Self Neglectors) (in process) Dissertation Chair

MSN Program

Sharon Faye Rorick, MSN, "The Relationship Between Frequency of Urinary Incontinence and Pressure Ulcers in Texas Nursing Facility Residents," August 1996.

Joyce Mickanin, MSN, "The Relationship of Pressure Ulcers and Urinary Tract Infections with Activities of Daily Living in Texas Nursing Home Residents," December 1996.

Anna Kathleen Hamilton, MSN, "The Relationship of Pressure Ulcers and Urinary Tract Infections with Activities of Daily Living in Texas Nursing Home Residents," December 1996.

Joyce Ruth Halliday, MSN, "The Relationship Between Urinary Tract Infection and Bladder Control in a Random Sample of Medicaid Residents in Texas Nursing Facilities in September 1990," December 1996.

Janet M. Davis, MSN, "Cognitive Status and Toileting: The Effects on Bowel Control in the Nursing Home Elderly," December 1996.

Peggy Sue Bourque, MSN, "The Relationship of Pressure Ulcers and Urinary Tract Infections with Activities of Daily Living in Texas Nursing Home Residents," December 1996.

Joan Fitzsimmons, MSN, "The Relationship Between Hearing Ability and Cognitive Status in a Sample of Elderly Nursing Home Residents," May 1997.

Barbara McMurray, MSN, BSN, "Nursing Management of Eating and Feeding Needs of Residents with Senile Dementia of the Alzheimer's Type: An Educational Module," May 1997.

Carol L. Mayer, MSN, BSN, "Assisting the Long-Term Care Ombudsman to Resolve Complaints: An Algorithm," May 1997.

Elizabeth Dianne Carlson, MSN, "Health-Promotion Lifestyle Profile II: Health Promotion," December 1997 (Chair).

Cynthia E. Williams, MSN, "Change in Cognition in the Elderly in Nursing Homes Over a 12-Month Period," May 1998.

Maria Skillas, MSN, "The Relationship Between Age and Gender on Frequency of Disruptive Behavior in a Random Sample of Medicaid Residents in Texas Nursing Facilities," May 1998.

Kelly Ann McGraw, MSN, "Change in Cognition in the Elderly in Nursing Homes Over a 12-Month Period," May 1998.

Ryan Dean Johnson, MSN, "Hearing and Functional Communication," May 1998.

Nancy Hooser Gilman, MSN, "The Relationship Between Age and Gender on Frequency of Disruptive Behavior in a Random Sample of Medicaid Residents in Texas Nursing Facilities," May 1998.

Sandee Lee Esquivel, MSN, "Aggressive Behaviors in the Cognitively Impaired Elderly," May 1998.

Catherine Rowena Copeland, MSN, "Functional Communication and Disruptive Behavior in Medicaid Residents in Texas Nursing Facilities," May 1998.

Julie Wynne Brocke, MSN, "Aggressive Behaviors in the Cognitively Impaired Elderly," May 1998.

BSN Honor's Program

Deborah Ann Griffith, BSN, RCT with Stroke Survivors and Spousal Caregivers, May 2005.

Fransisca Hernandez, BSN, Adverse Events Experienced by Stroke Survivors During Their First Year Hospital Discharge, May 2006.

Teresa Grothaus, BSN, Positive and Negative Emotions Expressed by Spouses of Stroke Survivors, May 2007.

Elsa Bahiru, BSN, Quality of Life of Long Term Stroke Survivors, May 2008.

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Jennifer Fagen, BSN student, Hope in Stroke Survivors and Spousal Caregivers, current

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Samantha McKinnon, BSN student, Health Promotion Intervention for Caregivers of Stroke Survivors, current