

Christian Paige Owen, Ph.D, MSN, RN, CEN

6901 Bertner Ave. Houston, Tx 77030

Christian.p.owen@uth.tmc.edu

281-844-1966 (cell)

EDUCATION

Degree	Institution (location)	Date
PhD, Nursing	Jane & Robert Cizik School of Nursing at UTHealth, Houston, Texas	2019-2024
Post-Master's, Nursing Education	Jane & Robert Cizik School of Nursing at UTHealth, Houston, Texas	2020-2021* *courses completed
MSN, Leadership & Administration	Jane & Robert Cizik School of Nursing at UTHealth, Houston, Texas	2016-2019
BSN	University of Texas Health Science Center at Houston School of Nursing, Houston, Texas	2007

Other Education

EMT Basic Certification	Cypress Creek Emergency Medical Services Education Program, Spring, Texas	2014
Texas Educator Certification, Secondary Education	Texas Teachers Alternative Teacher Certification Program, Houston, Texas	2013-2014
Sexual Assault Nurse Examiner Regional Training – Adult & Pediatric	Sexual Assault Prevention & Crisis Services Program, Crime Victim Services Division of the Texas Office of the Attorney General	July 2011

LICENSURE & CERTIFICATION

State	Active or Inactive	Inclusive Dates
Registered Nurse, Texas	Active Compact License (#741431)	6/2007 – 7/2024
EMT, Texas DSHS	Inactive License (#737112)	11/2014 – 12/2018
EMS Instructor, Texas DSHS	Inactive License (#175289)	2/2016 – 12/2018

Certificate	Certifying Body	Inclusive Dates
Certified Emergency Nurse	Board of Certified Emergency Nurses	10/2010 – 8/2026

TeamSTEPPS Master Trainer	Texas IPE Consortium	4/2021- Present
CITI: Good Clinical Practice Basic Course	Collaborative Institutional Training Initiative	8/2020 – 2/2027
CITI: GCP – Social and Behavioral Research Best Practices for Clinical Research	Collaborative Institutional Training Initiative	2/2024 – 2/2027
CITI: Human Research, Group 2 Social & Behavioral Researchers & Key Personnel Basic Course	Collaborative Institutional Training Initiative	8/2020 – 8/2023
Emergency Nursing Pediatric Course (ENPC) Provider	Emergency Nurses Association	6/2017 - 5/2025
Trauma Nursing Core Course (TNCC) Provider	Emergency Nurses Association	5/2009 - 8/2023
Emergency Medical Technician	National Registry of Emergency Medical Technicians	11/2014 – 5/2021
Certified Educator, Health Science Technology Education (Grades 8-12)	Texas Education Agency	10/2014 - 7/2020
Stop the Bleed Instructor	American College of Surgeons	7/2022 - Present
Basic Life Support (BLS) Provider	American Heart Association	5/2006 - 6/2026
Advanced Cardiac Life Support (ACLS) Provider	American Heart Association	8/2009 - 8/2024
Pediatric Advanced Life Support (PALS) Provider	American Heart Association	5/2010 – 6/2014
Certified Sexual Assault Nurse Examiner, Adult (SANE- A)	Commission for Forensic Nursing Certification, International Association of Forensic Nurses	5/2013 – 12/2016
Certified Sexual Assault Nurse Examiner, Pediatric (SANE-P)	Commission for Forensic Nursing Certification, International Association of Forensic Nurses	5/2013 – 12/2016
Certified Sexual Assault Nurse Examiner, Adult & Pediatric (CA/CP-SANE)	Texas Office of the Attorney General	5/2012 – 5/2014
Basic Disaster Life Support	National Disaster Life Support Foundation	6/2009 – 12/2012
Advanced Disaster Life Support	National Disaster Life Support Foundation	6/2009 – 12/2012
NIMS 100	National Incident Management System/FEMA	9/2014 - Present
NIMS 200	National Incident Management	9/2019 - Present

NIMS 700	System/FEMA National Incident Management System/FEMA	9/2014 – Present
NIMS 800	National Incident Management System/FEMA	9/2019 - Present

PROFESSIONAL EXPERIENCE

Institution	Position title	Inclusive Dates
Houston Methodist Hospital (TMC), Emergency Department, Houston, Texas Houston, Texas	Emergency Staff Nurse, Charge Nurse, Clinical Preceptor	6/2007 – 10/2010
St. Luke's Hospital at The Vintage, Emergency Department, Houston, Texas	Emergency Staff Nurse, Charge Nurse, Clinical Preceptor	10/2010 – 4/2012
Priority Emergency Room, Katy, Texas	Emergency Staff Nurse	1/2012 – 12/2012
Memorial Hermann Healthcare System, Forensic Nurse Response Team & Mobile Forensic Unit, Houston, Texas	Forensic Nurse Examiner	4/2012 – 9/2013
Tomball Independent School District, Tomball Memorial High School, Tomball, Texas	Health Science Technology Education Teacher, EMS Instructor, HOSA Club Advisor	8/2013 – 6/2016
University of Texas Health Science Center at Houston School of Dentistry, Houston, Texas	Manager of Clinical Safety, Infection Control & Emergency Preparedness; Oral Surgery RN	6/2016 – 11/2016
Harris Health System, System Quality & Risk Management, Houston, Texas	Patient Safety Manager	11/2016 – 5/2017
Houston Methodist The Woodlands Hospital, Education Department, The Woodlands, Texas	Nurse Education Specialist, Emergency Service Line	5/2017-5/2018
Buffalo Consulting, LLC., Galveston, Texas	TNCC/ENPC Course Instructor	12/2017 – 1/2020
Axiom Medical Consulting, LLC., Professional Development Department, The Woodlands, Texas	Nurse Educator, Telephonic Nurse Case Manager	5/2018 – 4/2019
America's ER Medical Center, Cypress, Texas	Emergency Staff Nurse (PRN)	5/2019 – 12/2019
Sam Houston State University, College of Health Sciences, The Woodlands, Texas	Adjunct Clinical Instructor, Nursing	8/2019 – 12/2019

Jane & Robert Cizik School of Nursing at UTHealth, Houston, Texas	Instructor, Undergraduate Programs	5/2019 – 12/2022
Sigma Theta Tau International, Indianapolis, Indiana (Remote)	Manager of Education	11/2022 – 11/2023
HealthStream, Nashville, Tennessee (Remote)	Sr. Product Manager	11/2023 – 6/2024
Jane & Robert Cizik School of Nursing at UTHealth, Houston, Texas	Assistant Professor, Research	6/2024 – Present

HONORS & AWARDS

Award	Awarding Organization	Date
A+ Teacher of the Year	Tomball Memorial High School, Tomball ISD	2014
BCEN Honorary Certification Recognition Award, Large Facility	Board of Certified Emergency Nurses (BCEN)	2017
MSN Student Award	Zeta Pi Chapter, Sigma Theta Tau International	2019
PhD Student Award	Zeta Pi Chapter, Sigma Theta Tau International	2019
Jonas Nurse Scholar in Mental Health	Jonas Philanthropies	2021
Rising Star Award	Zeta Pi Chapter, Sigma Theta Tau International	2022
Bronze Medal, Nursing Education	The Good Samaritan Foundation, Houston, Texas	2022
Digital Innovators Program Member	Graduate Nursing Student Academy, AACN	2023
PhD Writing Award	Cizik School of Nursing at UTHealth, Houston, Texas	2024
School of Nursing Faculty Award of Excellence	Cizik School of Nursing at UTHealth, Houston, Texas	2024

GRANTS

Research Grants

Texas ENA PhD Dissertation Grant, Texas Emergency Nurses Association, \$6000, awarded 2023

Academic Scholarships

Joan Eberhardt Memorial Endowment Scholarship, Emergency Nurses Association Foundation, \$5000, awarded 2019

ENA Foundation Member-Supported Doctoral Scholarship, Emergency Nurses Association Foundation, \$4000, awarded 2020

Jonas Nursing and Veterans Healthcare Scholarship, Jonas Philanthropies & Cizik School of Nursing at UTHealth, \$30,000, awarded for 2021-2023

ENA Foundation Member-Supported Doctoral Scholarship, Emergency Nurses Association Foundation, \$2700, awarded 2021

Texas ENA/Delta Sigma Theta Doctoral Scholarship, Texas Emergency Nurses Association, \$6000, awarded 2021

Healthcare and Nursing Education Foundation (HNEF) Scholarship, Greater Houston Community Foundation, \$12,400, initially awarded 2020 and renewed through 2023

PUBLICATIONS

Peer Reviewed Publications

Owen, C. P., Djukic, M., Whisenant, M., Lobiondo-Wood, G. (2022). Factors of maladaptive coping in emergency healthcare professionals: A systematic review. *Journal of Nursing Scholarship*, 55(2), 536-548. <https://doi.org/10.1111/jnu.12848>

Owen, C. P., McEwen, M., Jones, E. & Djukic, M. (2024). Prevalence and Predictors of Secondary Traumatic Stress in a National Sample of Emergency Nurses: A Cross-Sectional Study. (submitted June 2024).

Non-Peer Reviewed Publications

Owen, C.P. (April, 2020). It's dark outside. *Journal of Emergency Nursing On the Other Side of the Rails Blog*. <https://www.jenonline.org/content/y-men-blog-april-2020>

Books & Chapters (past to current)

Galle, K. & **Owen, C. P.** (2022). Violence. In Nies, M. & McEwen, M. (Eds.), *Community/Public health nursing: Promoting the health of populations* (8th ed.). St. Louis: Elsevier.

Other

Visser, L. & Montejano, A. (2023). *Rapid Access Guide for Triage and Emergency Nurses* (2nd ed.) New York: Springer Publishing. [Guest Reviewer on Chapter 5: Older Adult & Chapter 25: Sexual Assault/IPV]

PRESENTATIONS

International

Pine, R., Yu, E., Von Wenckstern, T. Santa Maria, D., McCain, C., Ebel, J., & **Owen, C.** (2022, July). *Outcomes of enabling student placement during a pandemic: a strategic academic partnership* [accepted, oral presentation]. Sigma's 33rd International Nursing Research Congress. Edinburg, Scotland.

Owen, C., Djukic, M., Whisenant, M. & Wood, G. (2022, July). *Factors of maladaptive coping in emergency healthcare professionals: A systematic review* [accepted, Rising Star poster]. Sigma's 33rd International Nursing Research Congress. Edinburg, Scotland.

National

Owen, C. & Hekel, B. (2023, February). *An empirical exploration of attitudes, practices, and needs regarding trauma-informed education among nursing faculty.* [accepted as in-person presentation for February 2023]. Sigma's Creating Healthy Work Environments 2023 Conference. Austin, Texas.

Owen, C. (2023, May). *"Tag, you're it!" Empowering leadership on the frontlines.* [oral in-person presentation]. AACN's NTI ExpoEd 2023 Conference. Philadelphia, Pennsylvania

Owen, C. (2023, May). *Conference abstracts made easy... Showcase what you know and GO!* [oral in-person presentation]. AACN's NTI ExpoEd 2023 Conference. Philadelphia, Pennsylvania

Owen, C. (2023, May). *Coping with trauma(tic) work: Staying steady in the storm* [oral in-person presentation]. AACN's NTI ExpoEd 2023 Conference. Philadelphia, Pennsylvania

Owen, C. & Gomez, J. (2023, August). *Feedback in the clinical setting* [oral in-person presentation]. GNSA's Digital Innovators Program Project. AACN's 2023 GNSA Conference. Washington, D.C.

Owen, C. & Ficarra, M. (2024, April). *Building Mentorship: Myths, Misconceptions & Success* [oral in-person presentation]. ANCC Transition to Practice Symposium, New Orleans, LA.

Owen, C. P., McEwen, M., Jones, E. & Djukic, M. (2024, June, Accepted). *Prevalence and Predictors of Secondary Traumatic Stress in a National Sample of Emergency Nurses: A Cross-Sectional Study.* [poster presentation]. Council on Advancement of Nursing Science. Washington, D.C.

Regional/State

Owen, C.P., Ebel, J., Yu, E., McCain, C., Pine, R., VonWenckstern, T. and Djukic, M. (2021, February). *Catalyzing a practice-academic partnership model with dedicated education units to meet the clinical care and education needs during the Covid-19 pandemic* [oral presentation]. Southern Nursing Research Society 35th Annual Conference: Humanizing Care through Technology and Interdisciplinary Collaboration Virtual Conference.

Local

Owen, C.P. (2020, 2021, 2022). *Acute stroke, traumatic brain injury, and acute spinal cord injury.* Cizik School of Nursing at UTHealth, Houston, Texas. Repeat Guest Lecturer (invited). Undergraduate Nursing Program, N4538: Management of Patients in High Acuity Settings.

Owen, C.P. (2021, April). *Secondary traumatic stress, emergency care, and clinical education initiatives* [oral presentation]. Virtual Cizik School of Nursing and UT School of Dentistry Collaboration Workshop.

Owen, C.P. (2021, July). *Maintaining mindfulness (and your sanity) in nursing...* Guest presenter (invited). Cizik School of Nursing's chapter of National Alliance for Mental Illness (NAMI).

Hekel, B. & **Owen, C. P.** (2022, May). *A trauma-informed approach to nursing education* [In-person Faculty Professional Development CNE opportunity]. Cizik School of Nursing. Houston, Texas.

Owen, C. P. (2022, July). *RAPID psychological first aid: Providing support during times of stress.* Guest presenter (invited). UTHealth's Summer Health Professions Education Program. McGovern School of Medicine. Houston, Texas.

Owen, C. (2022, October). *Coping with Trauma(tic) Work* [oral presentation with NCPD]. Houston ENA's 2022 Spooky Topics Educational Symposium. Memorial Hermann Cypress Hospital. Cypress, Texas.

PROFESSIONAL SERVICE

Editorial Boards/Panels

Reviewer, <i>International Journal of Nursing Studies Advances</i>	2024 - Present
Reviewer, <i>Policy, Politics, & Nursing Practice</i>	2021 - Present
Reviewer, <i>Journal of Emergency Nursing</i>	2020 - Present

Professional Memberships

Sigma Theta Tau International, Zeta Pi Chapter	2017- Present
Emergency Nurses Association, Texas Emergency Nurses Association, Houston ENA	2007 – Present
American Nurses Association, Texas Nurses Association, District 9	2019 - Present
Southern Nurses Research Society	2020 - Present
International Society for Traumatic Stress Studies	2020 - Present
Council for the Advancement of Nursing Science	2024 - Present

Professional Service

Houston Methodist Hospital Houston, Texas	Co-Chair, Emergency Department Shared Governance Council	2008-2010
Memorial Hermann Hospital System Houston, Texas	Forensic Nursing Unit Representative, Nursing Unit Practice Council	2012-2014
Montgomery County Sexual Assault	Member, Forensic Nurse	2012-2014

Response Team (Montgomery County SART), Conroe, Texas	Representative	
Tomball Memorial High School, Tomball ISD, Tomball, Texas	Advisor, Health Occupations Students of America (HOSA)	8/2013-6/2016
	Instructor, Teen Community Emergency Response Team (CERT)	11/2015-12/2015
Cypress Creek EMS/Tomball ISD Tomball, Texas	Instructor, BLS/Heartsaver First Aid	5/2014-5/2016
	EMS Instructor, DSHS Approved EMT-B Course #610981	8/2015-5/2016
	EMS Instructor, DSHS Approved EMT-B Course #610107	8/2014- 5/2015
Ben Taub General Hospital Harris Health System	CLER Accreditation Committee	11/2016-5/2017
Houston Methodist Hospital System	Member, Emergency Department Professional Development Council (EDPDC)	5/2017-5/2018
Houston Methodist The Woodlands Hospital	Chest Pain Accreditation Committee	5/2017-5/2018
	Stroke Accreditation Committee	5/2017-5/2018
	Peer Review Committee	5/2017-5/2018
Texas IPE Consortium	Facilitator, TeamSTEPPS Virtual Master Training Course	11/2021-Present
Texas Nurses Association, District 9	Chapter Delegate (elected)	6/2021-12/2021
Emergency Nurses Association	Houston ENA President	1/2024-12/2024
	Houston ENA President-Elect	1/2023-12/2023
	Houston ENA Director	1/2022-12/2022
	Texas ENA Workplace Violence Committee Member	1/2022-12/2023
Sigma Theta Tau International, Zeta Pi Chapter	Chapter Vice President	5/2017-10/2018
	Chapter President	10/2018-7/2020
	Membership Task Force	8/2020-7/2022
	Leadership Succession Committee Member	8/2022-7/2023

Institutional Service

Cizik School of Nursing at UTHealth

Baccalaureate Council	Faculty Member	1/2019-12/2022
RN-BSN Task Force	Faculty Member	1/2019-12/2022
Simulation Committee	Faculty Member	8/2020-12/2022
DEU Pilot Program	Clinical Faculty	8/2020-9/2020
Admissions, Progression, and Graduation (APG) Committee	Faculty Member (elected)	8/2022-12/2022
Faculty Life Council	Faculty Member (elected)	8/2022-12/2022

Community Service

Nurse Volunteer, TOMAGWA Vaccination Clinic, Tomball, Texas		8/2014
Team Captain, Montgomery County Light the Night Walk, Leukemia & Lymphoma Society, The Woodlands, Texas		10/2014
Volunteer, Great Strides Walk for Cystic Fibrosis, The Woodlands, Texas		5/2015
Team Captain, Montgomery County Light the Night Walk, Leukemia & Lymphoma Society, The Woodlands, Texas		10/2015
Distribution Volunteer, Hurricane Harvey supply and donation efforts, Cypress Creek EMS, Spring, Texas		9/2017
Medical Shelter Lead Nurse, American Red Cross and Texas National Guard, Lonestar Tomball College campus, Tomball, Texas		8/2017
Volunteer, 2017 Methodist Emergency Care Center Toy Drive benefiting Texas United for Puerto Rico and Interfaith of The Woodlands, The Woodlands, Texas		12/2017
Assistant Athletic Director, Tomball Patriots Football Club, All-American Youth Football & Drill Team League		1/2017 - 11/2017
Medical Volunteer, 2018 Woodlands Pathfinder Pediatric Home Care 2K Fun Run, The Woodlands, Texas		2/2018
Medical Tent Team Leader, The Woodlands Marathon, The Woodlands, Texas		1/2018 - 3/2018
Volunteer, 2018 Angelman Walk, The Woodlands, Texas		5/2018
Athletic Director, Tomball Patriots Football Club, All-American Youth Football & Drill Team League		1/2018 – 10/2019

Team Mom, Walker County Wolves Youth Football Club	Spring 2022
Medical Volunteer, The Woodlands Marathon, The Woodlands, Texas	2/2022
Board Member, Conroe High School Girls Soccer Booster Club, Conroe, Texas	10/2022-Present

OPTIONAL APPENDICES

Courses Taught

Sam Houston State University, The Woodlands, Texas

Fall 2019

N3631: Nursing Fundamentals, BSN Program

Clinical Instructor (Traditional Clinical)

I served as a clinical instructor facilitating skills labs, hospital-based rotations, and post-conference sessions. Student feedback was positive with high scores on student evaluations.

Cizik School of Nursing at UTHealth, Houston, Texas

Summer 2019 – Fall 2022

N3523B: Adult & Older Adult Health Care 2 Clinical, BSN Program

Clinical Instructor (Traditional Clinical/DEU Pilot Program)

Clinical faculty for Senior level students and facilitated skills labs, online simulations, and post-conferences. In Fall 2020, during the COVID-19 pandemic, I served as one of two faculty chosen to facilitate traditional clinical rotations as part of a Dedicated Education Unit Pilot Program in collaboration with Memorial Hermann Hospital Cullen 4 Unit. Student feedback positive with high scores on student evaluations.

Summer 2019 – Spring 2021

N3515B: Adult Health Care I Clinical, BSN Program

Clinical Instructor (Traditional Clinical)

Clinical instructor facilitating skills labs, live and online simulations, hospital-based rotations, and post-conference sessions. Student feedback positive and evaluations consistently reflecting high scores.

Summer 2020 – Fall 2022

N4528B: Management of Patients in High Acuity Settings Clinical, BSN Program

Clinical Instructor (Lab & Simulation Faculty)

Clinical faculty for Senior level students and facilitated skills labs, online simulations, and post-conferences. Student feedback positive and evaluations consistently reflecting high scores.

Fall 2020 – Fall 2022

N4528 Management of Patients in High Acuity Settings, BSN Program

Guest Lecturer (Didactic)

Presented online/in-person didactic lectures for Neuro Section of the Course. Presentations included Traumatic Brain Injury, Acute Stroke, and Spinal Cord Injury. Student feedback positive and evaluations consistently reflecting high scores.

Spring 2020 – Fall 2022

N3703W: Management and Leadership, RN to BSN Program

Co-Faculty

Co-lead course with another faculty member. I revised and developed online modules to align with course objectives using evidence-based online pedagogical strategies. Student feedback was positive and evaluations consistently reflected high scores.

Spring 2020

N3511: Health Assessment, BSN Program

Clinical Instructor (Lab & Simulation Faculty)

Lab faculty and conducted lab sessions to demonstrate and encourage the use of physical examination findings and interview data to formulate nursing diagnoses that guide the nursing process. Student feedback was positive with high scores on student evaluations.