Mary Ellen Trail Ross, DrPH, MSN, RN, GCNS-BC The University of Texas Health Science Center at Houston, UTHealth Cizik School of Nursing 6901 Bertner Avenue, Office 749 713)500-2134 (Office) / 713)500-2142 (Fax) <u>Mary.E.Ross@uth.tmc.edu</u>

EDUCATION

DrPH, Module: Community Health Practice	The University of Texas Health Science Center, School of Public Health, Houston, TX	8/1996-5/2001
MSN, Nursing Education & Administration (Gerontology)	The University of Texas Health Science Center, School of Nursing, Houston, TX	9/1986-5/1988
BSN	McNeese State University, Lake Charles, LA	8/1978-5/1982
LICENSURE & CERTIFICATION		
RN	Texas Louisiana	1986-present 1982-1988
Gerontological Clinical Nurse Specialist (GCNS-BC)	American Nurses Credentialing Center	2020-2025
PROFESSIONAL EXPERIENCE		
St. Patrick Hospital Lake Charles, LA	Charge Nurse Medical & Surgical Nursing	6/1982-9/1986
St. Joseph Hospital Houston, TX	Staff Nurse Medical Nursing	1/1987-1/1988
UTHSC-SON at Houston	Graduate Teaching Assistant	1/1988-8/1988
UTHSC-SON at Houston	Instructor of Clinical Nursing	9/1988-9/1993
Independence Hall Apartment Complex for Elderly & Disabled Houston, TX	Faculty Practice-Managed Clinic	9/1990-1/1991
UTHSC-SON at Houston	Assistant Professor of Clinical Nursing	9/1993-9/2011
UTHSC-SON at Houston	Associate Professor of Clinical Nursing	9/2011-9/2022
UTHSC, Cizik Shool of Nursing at Houston	Professor of Clinical Nursing	9/2022-present

Mary Ellen Trail Ross

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HONORS & AWARDS

Induction into Sigma Theta Tau International Honor Society for Nursing, Zeta Pi Chapter		1988
Scholastic All American Collegiate Award	The U.S. Achievement Academy	1988
Who's Who Among Students in American Universities and Colleges		1988
Membership to the Regents of the Nightingale Honor Society		1988
Honorary Lifetime Member of the Alumni Association	UTHSCH-School of Nursing	1988
The Harris County Medical Society Auxiliary Clinical Excellence Award	Harris County Medical Society	1988
John P. McGovern Outstanding Teacher of the Year Award Nomination	UTHSCH-School of Nursing	1990
John P. McGovern Outstanding Teacher of the Year Award Nomination	UTHSCH-School of Nursing	1991
Service Award as UTSON Representative & Chair, Task Force	UTHSCH, Advisory Committee for the Texas Plan	8/1991
Mentor Program Appreciation Award for Outstanding Contribution	Sponsored by UTHSC-H Mentee Program	1991 1992
Volunteer of the Year Award	The William Smith Sr. Tri-County Child Development Council, Inc. Head Start Program, Ft. Bend County TX	5/1998
Outstanding Volunteer Award	The William Smith Sr. Tri-County Child Development Council, Inc. Head Start Program, Ft. Bend County TX	5/1999
Sigma Phi Omega Induction	National Academic Honor & Professional Society in Gerontology	5/2001
Selected to attend the Summer Research Institute on African American Aging Research, Institute of Gerontology	Michigan Center for Urban African American Aging Research Wayne State University, Detroit, MI	6/2001
Featured Member of the Month (Gerontology News publication)	Gerontological Society of America	9/2001

Summer Institute on Aging Research FellowThe National Institute on Aging, National Institutes on Health, Queenstown, MDD7/2004John P. McGovern Teacher of the Year Award NominationUTHSCH-School of Nursing The National Black Nurses Association2007Nurse Researcher of the Year AwardThe National Black Nurses Association7/2007Service as Chairperson of the Scholarship Committee AwardFt. Bend County Black Nurses Association, Inc.4/2009Service as Chairperson of the Scholarship Committee AwardFt. Bend County Black Nurses Association, Inc.4/2009	
Award NominationNurse Researcher of the Year AwardThe National Black Nurses Association7/2007Service as Chairperson of the Scholarship Committee AwardFt. Bend County Black Nurses Association4/2009Outstanding Recruiter AwardFt. Bend County Black Nurses Association, Inc.4/2009Service as Chairperson of the ScholarshipFt. Bend County Black Nurses Association, 1nc.4/2009	
Service as Chairperson of the Scholarship Committee AwardFt. Bend County Black Nurses Association4/2009Outstanding Recruiter AwardFt. Bend County Black Nurses Association, Inc.4/2009Service as Chairperson of the ScholarshipFt. Bend County Black Nurses Association, Inc.4/2010	
Committee AwardOutstanding Recruiter AwardFt. Bend County Black Nurses Association, Inc.Service as Chairperson of the ScholarshipFt. Bend County Black Nurses Association4/2010	
Inc. Service as Chairperson of the Scholarship Ft. Bend County Black Nurses Association 4/2010	
Outstanding Recruiter Award Ft. Bend County Black Nurses Association, 4/2010 Inc.	
John P. McGovern Teacher of the YearUTHSC-H School of Nursing2010Award Nomination	
Nursing Celebration 2010 Outstanding Texas Nurses Association, District 9 2010 Nurse Award – Honoree	
PARTNERS Research Scholar Grant Award PARTNERS – UT Health School of Nursing 2011-2014	
Service Award for Chairperson of the Scholarship Committee Ft. Bend County Black Nurses Association 4/2011, 4/2 4/2013, 4/2 4/2015, 4/2 4/2017, 4/2 4/2019, 4/2	2014, 2016, 2018
4/2019, 4/2	
Recruiter of the Year Ft. Bend County Black Nurses Association 4/23/2016	
Recruiter of the YearFt. Bend County Black Nurses Association4/23/2016Certificate of Special Congressional Recognition, on Behalf of the Constituents of the 9 th Congressional District of Texas, for Invaluable Service to the Community (Presented to SelectedAl Green, Member of Congress4/23/2016	

Good Samaritan Foundation 2018 Excellence in Nursing 'Gold Medalist' Nursing Education: Faculty Award	Good Samaritan Foundation	9/2018
John P. McGovern Teacher of the Year Award Nomination	UTHSC-H School of Nursing	5/2019
Nurse Educator of the Year Award	The National Black Nurses Association	7/2019
Distinguished Educator in Gerontological Nursing Award and Recognition	The National Hartford Center of Gerontological Nursing Excellence (NHCGNE)	10/28/2020
John P. McGovern Teacher of the Year Award Nomination	UTHSC-H School of Nursing	5/2022

GRANTS

Research Grants

Ross, M.E.T., Principal Investigator. Stress and Coping in African American Grandparents Who Are Raising Their Grandchildren, PARTNERS, The UTHSCH-SON, \$4000, 5/2000.

Ross, M.E.T., Faculty Member & Internal Advisory Board Member - Consortium for Research in Elder Self-Neglect of Texas (CREST), Project Research Grant on Elder Self-Neglect, (P20RR20626), NIH, (Principal Investigator, Carmel Dyer; Co-Investigator, Marianne Marcus), Amount: \$1,670,805, 2005-2006.

Ross, M.E.T., Faculty Member - Aldine/UT Partnership to Prevent Obesity in Youth, Interested in Grandparent/Parent Role (R21NR0009288-01A1), NIH, National Institute of Nursing Research, (Principal Investigator, Janet Meininger), 2006-2008.

Ross, M.E.T., Principal Investigator. Psychological Profile, Salivary Cortisol, and Perceived Health of Grandmothers with Childrearing Responsibility, Isla Carroll Turner Funding through UTHSCH-SON, Center on Aging, \$5000, 11/2/2009.

Ross, M.E.T., Principal Investigator. Psychological Profile, Salivary Cortisol, and Perceived Health of Grandmothers with Childrearing Responsibility, Dean's Research Award, UTHSCH-SON, \$2,500, 2/1/2010.

Ross, M.E.T., Principal Investigator. Kinship Caregivers Needs, Stress, Burden, Health, and Social Support. PARTNERS Research Scholar Grant Award, UTHSCH-SON, \$14,000, 3/2011- 9/2014.

Roberts, K., Principal Investigator, Amith, M., Lyons, M., **Ross, M.E.T.**, Coinvestigators. An Al-powered chatbot for supporting the medication information needs of older adults. Funding, Maria C. and Christopher J. Pappas Family Distnguished Chair in Nursing, UTHSCH-CSON, \$30,000, 5/1/2020-2021.

Pickens, S. & Beck, M., Principal Investigators, **Ross, M.E.T.,** Najafi, B., Jefferson, F., Consultants. Feasibility of Measuring Frailty in Vulnerable Older Adults with Dementia. Woodcock Institute, Texas Woman's University, Houston, \$15,000, 12/1/2021-11/31/2022.

Educational Grants

Ross, M.E.T., Principal Investigator - Peer Tutoring Proposal written upon recommendation of Dean P. Starck in response to request by Breakthrough to Nursing (BTN), project of the National Student Nurse's Association(NSNA), for peer undergraduate tutors. Proposal was approved by Dean Starck and funding established forthree undergraduate peer tutors. Peer tutoring program has grown and remains in existence. 11/1993.

Ross, M.E.T., Faculty - Building Geriatric Nursing Excellence, The John A. Hartford Foundation, (Project Director, Vaunette Fay), \$225,000, 1/2002-12/2004.

Ross, M.E.T., Faculty - Faculty Development in Geriatric Nursing, HRSA-Bureau of Health Professions. Basic Nursing Education and Practice Program, (Project Director, Vaunette Fay), \$622,000, 3/1/2002-2/28/2005.

Ross, M.E.T., Faculty - Geriatric Resource Nurse Education, HRSA-Bureau of Health Professions, (Project Director, Vaunette Fay), \$504,000, 7/1/06-6/31/09.

Ross, M.E.T., Principal Investigator - Development of a Simulation/Functional Assessment Lab to Teach Student Nurses About the Needs and Concerns of Older Adults. Texas Organization of Baccalaureate and Graduate Nursing Education. 10/2013. Not funded

McBee, M., Principal Investigator, **Ross, M.E.T**., Hong, Y., & Cron, S., Co-Investigators, Advancing Nursing Diversity through Financial, Academic, and Social Support (ANDFAST). HRSA Nursing Workforce Diversity Program grant. 11/2016. Not funded.

Pickens, S. & **Ross, M.E.T.** Principal Investigators, Elder Abuse Detection and Intervention Utilizing Simulation in an Undergraduate Nursing Program. Texas Organization of Baccalaureate and Graduate Nursing Education, \$4000, 3/2018.

Pickens, S., **Ross, M.E.T., &** Fay, V., (Collaborators for UT Cizik School of Nursing). HRSA Geriatrics Workforce Enhancement Program grant. HRSA-19-008. Project Directors, Naik, A. & Catic, A., Baylor College of Medicine, Grantee Institution. \$35,730,000, 7/1/2019-6/30/2024.

PUBLICATIONS

<u>Journals</u>

* (denotes **refereed** publications)

Ross, M.T. (1988). Strategies for promoting positive behaviors of staff in long term care facilities. *Nursing Homes, 37*(3), 23-25.

Ross, M.T. (1988). Letter to the Editor: Encourage Elder Independence! *Journal of Gerontological Nursing, 14*(6), 41.

***Ross, M.T.** (1991). Hardiness and compliance in elderly patients with diabetes. *The Diabetes Educator, 17*(5), 372-375.

*Ross, M.T. (1993). Settling an ongoing debate with one entry level. *Nursing Forum, 28*(3), 29-32.

***Ross, M.T.** (1993). Linking ethical principles with community practice. *Journal of Community Health Nursing,* (4), 233-239.

*Ross, M.T. & Wright, M. (1998). Long term care for elderly individuals and methods of financing. *Journal of Community Health Nursing*, 15(2), 77-89.

*Ross, M.T. & Aday, L. (2006). Stress & coping in African American grandparents who are raising their grandchildren. *Journal of Family Issues, 27*(7), 912-932.

Ross, M. E. T. (2009). Advance Directives: Preparing Early for the End–of-Life. Article for National Black Nurses Association Webpage on Geriatric Nursing & Geriatric Health Care: Keeping our Treasures Healthy. Sponsored by the Hartford Institute on Geriatric Nursing.

Ross, M.E.T. (2010). Elder Abuse: An Increasing Phenomenon. Article for National Black Nurses Association Webpage on Geriatric Nursing & Geriatric Health Care. Sponsored by the Hartford Institute on Geriatric Nursing.

***Ross, M.T.** (2012). Linking classroom learning to the community through service learning. *Journal of Community Health Nursing*, 29(1), 53-60.

***Ross, M.E.T.**, Kang, D.H., Cron, S. (2015). Psychological profile, salivary cortisol, c-reactive protein, and perceived health of grandmothers with childrearing responsibility. *Journal of Family Issues, 36*(14), 1904-1927.

*Ross, M.T., Otto, D.A, & Helton, A.S. (2017). Benefits of Simulation and Role-Playing to Teach Performance of Functional Assessments. *Nursing Education Perspectives, The Research Journal of the National League for Nursing*, 38(1), 47-48. First published online December 30, 2016. http://journals.lww.com/neponline/Abstract/publishahead/Benefits_of_Simulation_and_Role_Playing_to_Teach.99959.aspx

Ross, M.E. (2018). Community clinical group experience assisting at the George R. Brown Convention Center shelter after Hurricane Harvey. *Caring Minds*, The University of Texas Health Science Center at Houston, February 2018, 9.

***Ross, M.E.T.**, Bryan, J.L., Thomas, K., Asghar-Ali, A. A, & Pickens, S. L. (2020). Elder Abuse Education Using Standardized Patient Simulation in an Undergraduate Nursing Program. *Journal of Nursing Education, 59*(6), 331-335.

*Gudala, M., Mogalla, S., Lyons, M., Ramaswamy, P., Ross, **M.E.T**., & Roberts, K. (2021) Benefits, Barriers, and Needs for an AI-powered Medication Information Chatbot for Older Adults: A Qualitative Analysis. *Journal of Medical Internet Research (JMIR)* Preprints. <u>http://doi.org/10.2196/preprints.32169</u>

*Gudala, M., **Ross, M.E.T.,** Mogalla, S., Lyons, M., Ramaswamy, P., & Roberts, K. (2022). Benefits of, Barriers to, and Needs for an Artificial Intelligence–Powered Medication Information Voice Chatbot for Older Adults: Interview Study With Geriatrics Experts. *Journal of Medical Internet Research (JMIR), 5*(2), e32169. <u>http://doi.10.2196/32169</u>

Books & Chapters

Ross, M.E.T. & Summerlin, E.B. (2006). Senior Health. In M.A. Nies & M. McEwen (Eds.), Community/Public health nursing: Promoting the health of populations (4th ed., pp. 332-358). St. Louis: Elsevier/Saunders.

Ross, M.E.T. & Summerlin, E.B. (2011). Senior Health. In M.A. Nies & M. McEwen (Eds.), Community/Public health nursing: Promoting the health of populations (5th ed., pp. 354-378). St. Louis: Elsevier/Saunders.

Ross, M.E.T. & Summerlin, E.B. (2015). Senior Health. In M.A. Nies & M. McEwen (Eds.), Community/Public health nursing: Promoting the health of populations (6th ed., pp. 355-379). St. Louis: Elsevier/Saunders.

Ross, M.E.T. (2018). Senior Health. In M.A. Nies & M. McEwen (Eds.), Community/Public health nursing: Promoting the health of populations (7th ed., 361-385). St. Louis: Elsevier/Saunders.

Ross, M. E.T., Thomas, K.L., Pickens, S., Bryan, J., & Asghar-Ali, A. A. (2019). Elder Abuse. In Balasubramaniam, Meera, Gupta, Aarti, & Tampi, Rajesh (Eds.), Psychiatric Ethics in Late-Life Patients: Medicolegal and Forensic Aspects at the Interface of Mental Health (1st ed., pp. 165-181). Springer.

Ross, M.E.T. (in press). Senior Health. In M.A. Nies & M. McEwen (Eds.), Community/Public health nursing: Promoting the health of populations (8th ed.). St. Louis: Elsevier/Saunders.

Peer Reviewed Abstracts

*Ross, M.E.T. (2004). Abstract: Stress and coping in African-American Grandparents who are raising their grandchildren. Nursing & Health Sciences, 6(2), 163-164.

Pickens, S., Bryan, J.L., Asghar-Ali, A., Thomas, K., & Ross, M.E.T. (2019). Elder Abuse Training Utilizing Simulation in an Undergraduate Nursing Program. Journal of the American Geriatrics Society, 67(S1), S237.

*Murdock, C., Ross, M., Yu, E., Findley, J.C., Revere, F., Swails, J., Dyer, C., Jantea, R. (2021). Advancing the future geriatrics workforce during the pandemic: A virtual interprofessional clinical experience. Journal of the American Geriatrics Society, 69(S1), S3.

Other:

Ross, M.T. (1988). The Relationship Between Hardiness and Compliance in Elderly Diabetic Patients. Master's thesis, The University of Texas Health Science Center. Houston, Texas

Ross, M.T. (1991, June). Gerontology in the Undergraduate Curriculum." Assessed Gerontology threads and content in the undergraduate program. Reviewed all course syllabi for each didactic course in the undergraduate program. Made recommendations for additional content. Report implemented due to a charge by Dr. Linda Kaiser, Gerontology Division Head. Report submitted to and reviewed by Dean Starck and Department Chairs.

Recruitment Video for The University of Texas Health Science Center - Houston, Presentations by Faculty and Others, 15 minutes, 1991.

Ross, M.E.T. (2001). Stress and coping in African American grandparents who are raising grandchildren. Doctoral Dissertation, The University of Texas Health Science Center. Texas Medical Center Dissertations (via ProQuest). Paper AAI3027656. Houston, Texas.

http://digitalcommons.library.tmc.edu/dissertations/AAI3027656

Ross, M.E.T. (2005). Developed a module on "Elder Mistreatment." This module is a self-instructional, selfpaced, clinical nursing course used for student nurses and nurses in other healthcare disciplines. This work was supported by grants awarded by the Health Resources and Services Administration (HRSA) and the John A.

<u>Hartford Foundation of New York</u> to The University of Texas School of Nursing at Houston Center on Aging, and to the Huffington Center on Aging at the Baylor College of Medicine.

Media & Press Releases

Adams, A. (January 25, 2002). Many grandparents are resuming parental roles. Houston Chronicle Newspaper - 50 Plus section, pages 1-2.

Adams, A. (2002, January). Nursing research examines health effects of grandparents raising kids. Health Care Professional Update, 9(1), 10-12.

Ross, M.E.T, (2010, March 4), More Grandparents Raising Grandchildren, Fox News Interview, Retrieved March 19, 2010, from <u>http://www.myfoxhouston.com/dpp/news/local/100304-grandparents-raising-grandkids</u>

Ross, M.E.T. (2010, March 6). Raising Grandchildren Affects Health of Grandparents, Essence.com. Retrieved March 19, 2010, from http://www.essence.com/lifestyle/health/raising_grandchildren_can_affect_health.phpp or http://www.essence.com/topics/?s=UTHealth+School+of+Nursing

Ross, M.E.T. (2016, November 20), Custodial Grandparents Raising Grandchildren, Doug Pike Fifty Plus Radio Show, KPRC 950AM and KTRH 740AM. Retrieve interview at: <u>http://www.iheart.com/live/kprc-radio-</u> <u>2277/?autoplay=true&pname=676&campid=play_bar&cid=%2Fmedia%2Fplay%2F27492317%2F</u>

Ross, M.E.T. (2018). Interview for Good Samaritan Foundation 2018 "Excellence in Nursing" Gold Medalist Award for the Nursing Faculty Category. Sandy Dial, Interviewer & Videographer. Links to video of interview <u>https://youtu.be/WOhKoc949P8</u> and acceptance speech <u>https://youtu.be/oVbru_LJI40</u>

Ross, M.E.T. (2018). Fort Bend County Nursing Professor Awarded Gold Medal Honors. By Kristi Nix. Published 9/18/2018 in LMTonline and the SugarLand Sun Newspaper.

https://www.lmtonline.com/neighborhood/sugarland/news/article/Fort-Bend-County-nursing-professorawarded-gold-13235892.php

Ross, M.E.T. (2022). "Ross inspires nursing students to care for older adults through hands-on experiences." Interview In celebration of Women's History Month. By Faith Harper, 3/11/2022. Inside UTHealth Houston, The Insider. <u>https://inside.uth.edu/inside/story.htm?id=46f7ac23-3dc1-4b70-9fe2-</u> <u>3f065cee89e0&catinode=f37e9bf0-8ded-468c-b14a-9013d81d0357</u>

PRESENTATIONS

International

Ross, M.E.T. (1989, April). *The relationship between hardiness and compliance in elderly diabetic patients*. Sigma Theta Tau International Conference, Houston, TX. Poster Presentation

Ross, M.E.T. (2002, September 13). *Stress and coping in African American grandparents who are raising their grandchildren*. 3rd International RANHS Research Symposium on the Elderly. UTHSC- Center on Aging, Houston, TX. Podium Presentation. **Invited**

Ross, M.E.T. (2017, July 24). *Kinship Caregiver Stress, Burden, Health, Social Support, and Needs.* The 21st International Association of Gerontology & Geriatrics World Congress (IAGG). Moscone West Center. San Francisco, California, Poster Presentation

Ross, M.E.T. (2019, August 17). *Normal Physiological Changes of Aging*. 2019 Geriatric Nursing Summit. Beijing, China. Invitation by Dr. Jianye Wang, President, Beijing Hospital & Chairman, National Center of Gerontology Conference Committee. Podium Presentation. **Invited**

Jantea, R., Murdock, C., **Ross, M.E.,** Yu, T., Findley, J.C., Revere, L., Swails, J., Dyer, C., (May, 2021). Advancing the future geriatrics workforce during the pandemic: A virtual interprofessional clinical experience. 2021. American Geriatrics Society. Virtual Paper Presentation.

Ramaswamy, P., **Ross, M.E.T.,** Mandi, M., Roberts, K. (July, 2022). A Qualitative Analysis of Benefits, Barriers, and Needs for an AI-Powered Medication Information Chatbot for Older Adults. Sigma Theta Tau 33rd International Nursing Research Congress. Edinburgh, Scotland. Podium Presentation.

<u>National</u>

Ross, M.E.T. (2001, November 16). Stress and coping in African American grandparents who are raising their grandchildren. Gerontological Society of America Conference. Chicago, IL. Paper Presentation.

Ross, M.E.T. (2002, July 26). Stress and coping in African American grandparents who are raising their grandchildren. National Black Nurses Association's 30th Annual Institute and Conference. Houston, TX. Podium Presentation.

Upchurch, Sandra L.; Brosnan, Christine, A.; Reyes, Lisa; Taylor, Wendell; Selwyn, Beatrice; Villagomez, Evangelina; **Ross, Mary Ellen**; Sterchky, Sharon; Phillips, Melinda; Meininger, Janet, C. (2008, October 2-4). An Investigation of Obesity Prevention in Youth through Three Research Perspectives. 2008 National State of the Science Congress on Nursing Research, Washington, D. C. Poster Presentation.

Ross, M.E.T. (2010, October 19). Educating Nursing Students Through Service Learning in a Non-traditional Setting. Robert Wood Johnson Foundation Nursing Conference. Arlington, VA. Poster Presentation.

Ross, M.E.T. (2011, March 18). Use of Simulation to Teach About the Needs of Older Adults. Association for Gerontology in Higher Education's (AGHE) 36th Annual Meeting and Educational Leadership Conference. Cincinnati, OH. Resource Exchange Presentation.

Ross, M.E.T. (2013, August 2). Raising grandchildren and stress: What do biomarkers reveal? National Black Nurses Association's 41st Annual Institute and Conference. New Orleans, LA. Podium Presentation.

Ross, M.E.T. (2013, November). Psychological profile, salivary cortisol, c-reactive protein, and perceived health of grandmothers with childrearing responsibility. Gerontological Society of America Conference. New Orleans, LA. Podium Presentation.

Ross, M.E.T. (2016, August 5). Needs and Concerns of Grandparents and Other Kinship Caregivers Raising Children. National Black Nurses Association 44th Annual Institute and Conference. Memphis, Tennessee. Podium Presentation.

Pickens, S., Bryan, J.L., Asghar-Ali, A., Thomas, K., & **Ross, M.E.T**. (2019, May). Elder Abuse Training Utilizing Simulation in an Undergraduate Nursing Program. American Geriatrics Society 2019 Annual Scientific Meeting. Portland, Oregon. Podium Presentation.

Ross, M.E.T. (2019, July 27). Elder Abuse - Detection and Intervention Utilizing Simulation in an Undergraduate Nursing Program. National Black Nurses Association 47th Annual Institute and Conference. New Orleans, Louisiana, Podium Presentation.

Regional/State

Ross, M.E.T. (1992, June & April) Development of an Undergraduate Gerontology Elective. Workshop for Faculty Preparing to Teach Gerontological Nursing, sponsored by the Southern Regional Education Board, Houston, TX. Podium Presentation.

Ross, M.E.T. (1992, June & April; 1991, June & April), Gerontology integrated into the undergraduate curriculum. Workshop for Faculty Preparing to Teach Gerontological Nursing, Sponsored by the Southern Regional Education Board, Houston, TX. Poster Presentation.

Ross, M.E.T. (2002, May 1). Stress and coping in African American grandparents who are raising their grandchildren." 10th Annual Maintaining Quality of Life Caregiver's Conference on "Intergenerational Caregiving." Bryan, TX. Podium Presentation. **Invited**

Ross, M.E.T. (2002, July 15). Attitudes, Myths, and Stereotypes of Aging. Faculty Development in Geriatric Nursing Workshop for Nurses in the Southern Region. Houston, TX. Podium Presentation.

Ross, M.E.T. (2002, July 15). Theories of Aging. Faculty Development in Geriatric Nursing Workshop for Nurses in the Southern Region. Houston, TX. Podium Presentation.

Ross, M.E.T. (2002, July 17). Housing Options and Alternative Living Arrangements for Older Adults. Faculty Development in Geriatric Nursing Workshop for Nurses in the Southern Region. Houston, TX. Podium Presentation.

Ross, M.E.T. (2004, October 8). Gerontological nursing education course, Faculty Development in Geriatric Nursing Workshop. Video/Satellite transmissions to El Paso, TX. Podium Presentation.

Villagomez, E.T., Selwyn, B., Brosnan, C., Reyes, L., **Ross, M.E.**, Taylor, W., Upchurch, S., Meininger, J. (2008, April). Aldine-UT Partnership to prevent obesity in children: the parents' perspective on obesity. Center for Prevention and Health Promotion, Annual Research Conference, The University of Texas at Austin.

Ross, M.E.T. (2014, February 13). Psychological profile, salivary cortisol, c-reactive protein, and perceived health of grandmothers with childrearing responsibility. 28th Southern Nursing Research Society Conference. San Antonio, TX. Podium Presentation.

Ross, M.E.T. & S. Pickens, S. (2019, October 17). Elder Abuse Detection and Intervention Utilizing Simulation in an Undergraduate Nursing Program. Texas Organization of Baccaluareate and Graduate Nursing Education. Austin, Texas, Podium Presentation. **Invited**

Ross, M.E.T., Murdock, C., Yu, T., Jantea, R. (February, 2022). Advancing the Geriatrics Workforce: A Virtual Interprofessional Educational Experience. 36th Southern Nursing Research Society Conference. New Orleans, LA. Poster Presentation.

Local

Ross, M.E.T. (1988. January). The UTHSC-H MSN Program. Report made to UTHSC-H Development Board. Podium Presentation.

Ross, M.E.T. (1988). Gerontological Nursing. Report made to the UTHSC-H School of Nursing Valley Board for Gerontological Nursing. Podium Presentation.

Ross, M.E.T. (1988). Evaluation of Nursing Care of the Elderly on select units at St. Luke's Episcopal Hospital. Reports made to Sr. Vice President of Nursing, Assistant Directors of Nursing, Nurse Managers, and Staff Nurse Council, St. Luke's Episcopal Hospital, Houston, TX. Podium Presentation.

Ross, M.E.T. (1989, January). Physical Care of the Alzheimer's Patient for staff at Sheltering Arms Day Care Center. Houston, TX. Podium Presentation.

Ross, M.E.T. (1989, February). The Nursing Profession. Presentation to students at James A. Berry Elementary School, Houston, TX. Podium Presentation.

Ross, M.E.T. (1989, August). Five Year Texas Plan for Recruitment, Enrollment and Retention of Minority Students and Faculty at UTHSC-H School of Nursing. Report made to Community and Institutional Advisory Boards. Podium Presentation.

Ross, M.E.T. (1990, May). Incorporating the Nursing Process: Physiological & Psychosocial Changes & Developmental Tasks of Aging. The Department of Veteran Affairs Medical Center. Staff Nurses, Houston, TX. Podium Presentation. **Invited**

Ross, M.E.T. (1990, November). The "High Risk" Student. Presented to Faculty at The University of Texas Health Science Center at Houston School of Nursing on Faculty Enrichment Day. Podium Presentation.

Ross, M.E.T. (1991, March). Nursing as a Career Choice. Velma Chambers Elementary School, Houston, TX 140 First Graders. Podium Presentation.

Ross, M.E.T. (1992, October). Maintaining Physical and Functional Health While Aging. Sponsored by Rice University Continuing Education Department and the U.T. Center on Aging. Rice University, Houston, TX. Podium Presentation.

Ross, M.E.T. (1992, October). The Relationship between Hardiness and Compliance in Elderly Diabetic Patients."UTHSCH School of Nursing Research Sharing Day. Poster Presentation

Ross, M.E.T. (1992, November). Graceful Aging." Golden Age Hobby House. Houston, TX. Podium Presentation.

Ross, M.E.T. (1993, November). Geriatric Comprehensive Functional Assessment. "Aging in the 90s and Beyond" Conference Southeast College - Houston Community College System. Podium Presentation.

Ross, M.E.T. (1994, September). Moderator for Interventions in the Acute Care Setting. UTHSC-H School of Nursing and Center on Aging Conference. Houston, Texas.

Ross, M.E.T. (1997, February & 1999, February). Nursing as a Career Choice. Pecan Grove Elementary School. Richmond, TX and Holy Rosary Elementary School. Rosenberg, Texas. Podium Presentation.

Ross, M.E.T. (2001, October 17). Healthy aging. Grandparents Mini Conference at Thompson Elementary School. Houston, TX. Podium Presentation.

Ross, M.E.T. (2002, February 2). Solutions for Successful Aging: Treatment Network Approach. Seminar for Health Professionals. Sponsored by The Mental Health Association of Greater Houston & UTHHSC School of Nursing, Multidisciplinary Panel Discussion. **Invited**

Ross, M.E.T. (2002, September 13). Stress and coping in African American grandparents who are raising their grandchildren. 16th Annual Selenia E. and Joseph C. Valley, Sr. Conference "Managing Clinical Problems of Older Adults Across Care Settings." Houston, TX. Poster Presentation.

Ross, M.E.T. (2002, November). 8th Annual Research Day, Stress & Coping in AA Grandparents Raising Their Grandchildren. Sponsored by UTHSC-H Office of Research Affairs. Poster Presentation.

Ross, M.E.T. (2002, November). Caregiving Across the Lifecyle: Woman's Work. Custodial Grandparenting. Sponsored by the Women's Health Network. Texas Medical Center. Houston, TX. Podium Presentation.

Ross, M.E.T. (2003, June). Gerontological Nursing Course. Faculty Development in Geriatric Nursing Workshop. UTSON, Houston, TX. Podium Presentation.

Ross, M.E.T. (2003, October 16). Current Issues Related to Mental and Emotional Health. W. Leo Daniels Towers Health and Safety Fair Workshop. Houston, TX. Podium Presentation. **Invited**

Ross, M.E.T. (2004, March). Nursing as a Career Choice. Dulles Middle School Career Day – 8th Graders. Podium Presentation. **Invited**

Ross, M.E.T. (2004, June 15). Gerontological Nursing Education Course. Faculty Development in Geriatric Nursing Workshop. UTSON. Podium Presentation.

Ross, M.E.T. (2007, April 28). The 5 W's of Nursing. Keynote Speaker at the Nursing Youth Outreach Career Day. Sponsored by the Ft. Bend County Black Nurse's Association. W. Johnson Library. Houston, TX. Podium Presentation.

Ross, M.E.T. (2007, November 14). Stress Management. Presented at the Getting Connected: Empowering Caregivers Workshop at First United Methodist Church in Pasadena, TX. Program supported in part by the Harris County Area on Aging and the Texas Department on Aging. Podium Presentation. **Invited**

Ross, M.E.T. (2009, April 18). Academics – BSN Program. The Nursing Youth Outreach Mentorship Program Career Day Seminar: Nursing: The Key to Your Future. Sponsored by the Ft. Bend County Black Nurse's Association. Stimley Blueridge Library. Houston, TX. Podium Presentation.

Ross, M.E.T. (2010, May 1). Normal Physiological Changes of Aging. Presented to Ft. Bend County Black Nurses Association, Inc. Missouri City, TX. CEU Awarded. Podium Presentation. **Invited**

Ross, M.E.T. (2010, July 8). Elder Abuse: An Increasing Crime. Presented to seniors at Ft. Bend Seniors Meals on Wheels, Inc. Rosenberg, TX. Podium Presentation.

Ross, M.E.T. (2010, September 10). Grandparent Caregiver Stress Management. Presented at the 2nd Annual Grandparent Caregiver Service Expo (GCSE). DePelchin's Children Center. Houston, TX. Podium Presentation. **Invited**

Ross, M.E.T. (2012, April). Psychological Profile, Salivary Cortisol, & Perceived Health of Grandmothers with Childrearing Responsibility. UTHSCH School of Nursing Research Day. Poster Presentation

Ross, M.E.T. (2013, March 7). Psychological Profile, Salivary Cortisol, & Perceived Health of Grandmothers with Childrearing Responsibility. UTHSCH School of Nursing, Research Seminar Series. Podium Presentation. **Invited**

Ross, M.E.T. (2014, April 5). Custodial Grandparenting. Presented at the Ft. Bend County Black Nurses Association Annual Women's Health Symposium. RC Jefferson Family Life Center. Houston, TX. CEU awarded. Podium Presentation. **Invited**

Ross, M.E.T. (2015, March 7). The Nursing Profession. Presented at the Ft. Bend County Black Nurses Association "Spring Fling" for nursing students and those Interested in nursing. Missouri City Recreation and Tennis Center, Missouri City, TX. Podium Presentation.

Ross, M.E.T. (2016, March 5). The Nursing Profession. Presented at the Ft. Bend County Black Nurses Association "Spring Fling" for nursing students and those interested in nursing. Missouri City Recreation and Tennis Center, Missouri City, TX. Table Presentation and Q&A Sessions One on One.

Ross, M.E.T. (2016, March 7). Smoking Cessation. Presented at Ft. Bend Gardens Apartments. Rosenberg, TX. Podium Presentation. **Invited**

Ross, M.E.T. (2017, February 4). Nursing Interventions for Smoking Cessation. Presented to Ft. Bend County Black Nurses Association, Inc. CEU Awarded. Missouri City, TX. CEU awarded. Podium Presentation. **Invited**

Ross, M.E.T., Marsh, D., Cron, S., & Kang, D.H. (2017, June 9). Needs and Concerns of Grandparents and Other Kinship Caregivers Raising Children. UTHSCH School of Nursing Research Day. Sponsored by UTHSON & Zeta Pi Chapter, Sigma Theta Tau International. Houston, TX. Poster Presentation.

Ross, M.E.T., Cron, S., & Kang, D.H. (2018, April 6). Kinship Caregiver Stress, Burden, Health, Social Support, and Needs. UTHSCH School of Nursing Research Day. Sponsored by UTHealth Cizik SON & Zeta Pi Chapter, Sigma Theta Tau International. Houston, TX. Poster Presentation.

Thomas, K., Bryan, J.L., Asghar-Ali, A., **Ross, M.E.T**., & Pickens, S.L. (2018, April 16). Elder Abuse Training for Nursing Students. Houston, TX. Health Practicum Poster Presentation.

Thomas, K., Bryan, J.L., **Ross, M.E.,** Pickens, S.L., & Asghar-Ali, A., (May, 2018). Recognizing and Responding to Elder Abuse. 2018 Alzheimer's Association Research Symposium. Houston, TX. Poster Presentation.

Thomas, K., Bryan, J.L., Asghar-Ali, A., **Ross, M.E**., & Pickens, S.L., (May, 2018). Elder Abuse Training. 2018 Texas Academies Collaborative for the Health Professions-Southeast Educational (TEACH-S) Symposium. Houston, TX. Poster Presentation.

Ross, M.E.T. (2018, September 18). Can You Be Healthy While Aging, Normal Aging Changes. Geriatric Resource Nurse (GRN) Workshop. UT Cizik School of Nursing, Houston TX. Podium Presentation. **Invited**

Ross, M.E.T. (2019, April 27). Admission Requirements for UT Cizik School of Nursing BSN Pacesetter Program. Word of Restoration International Church. Rosharon, TX. Podium Presentation. **Invited**

Ross, M.E.T. (2019, September 23). Fall Prevention. Brazos Towers at Bayou Manor. Houston, TX. Podium Presentation. Invited

Pickens, S., Fay, V., **Ross, M.E.T.**, with guests, Bi, S., Magno, M., McCrea, D., & Pearce, S. (2020, May 4). COVID-19 Virtual Town Hall: Peer Support for Nurses During A Pandemic. Southeast Texas Geriatric Workforce Enhancement Program. Virtual Presentation.

Pickens, S., **Ross, M.E.T**., Thomas, K., Bryan, J.L., & Asghar-Ali (2021, January 14). Elder Abuse. The Houston Methodist Coordinated Care Team. Houston, TX. Oral Presentation via WebEx. **Invited**

Jantea, R., Murdock, C., Giza, D., **Ross, M.E.,** Yu, Teng-Yuan, Findley, J.C., Revere, L., Swails, J., Dyer, C., (June, 2021). Advancing the geriatrics workforce: A virtual interprofessional education clinical experience. UTHealth Advances in Teaching and Learning Day. Houston, TX. Poster Presentation.

Ross, M.E.T. (2022, February 5). Falls: An Important Geriatric Syndrome. Presented to Ft. Bend County Black Nurses Association, Inc. CEU Awarded. Missouri City. Oral Presentation via Zoom. **Invited**

PROFESSIONAL SERVICE

Manuscript Reviewer

Journal of Family Issues - 2006 Stress & Health - 2012 Journal of Child and Family Studies – 2014-present Nursing Education Perspectives -2017-present

Abstract and Other Editorial and Review Activities:

Reviewed Abstracts for:

- UTHealth School of Nursing Research Day 2015 Podium and Poster Presentations
- UTHealth School of Nursing Research Day 2016 Podium and Poster Presentations
- Good Samaritan Foundation 2019, Excellence in Nursing Awards
- Gerontological Society of America (GSA) Annual Meeting 2021 Podium, Symposium, and Poster Presentations
- Southern Nursing Research Society (SNRS) Annual Research Conference to be held 2/2022 Podium and Symposium Presentations

Professional Memberships

Houston Gerontological Society	Member Member, Scholarship Committee	1988-1995 2019-present 2021 - present
Texas Nurses Association	Member	1988-1995 2010-2012 2015-2016 2020-present
American Nurses Association	Member	1988-1995 2010-2012 2015-2016 2020-present
Sigma Theta Tau International Honor Society for Nursing	Member	1988-present
Zeta Pi Chapter	Undergraduate Counselor	1989-1991
	Treasurer	2010-2012
	Leadership Succession Committee & Board Member	2022-2024

Creater Hauston Chan	tor of the Disel.	Member		1000 1000
Greater Houston Chap Nurses Association				1990-1992
Sigma Phi Omega – National Academic Member Honor and Professional Society in Gerontology		Member		2001present
Gerontological Society	of America (GSA)	Member		2001-2003; 2013 – present
National Black Nurses	Association, Inc.	Member		1990-1992 2006-present;
		Member, Pro	ogram Committee	2007-2014 2015-present
		Co-Chair, Pro	ogram Committee	2015-2016
Ft. Bend County Black Nurses Association		Member, Re Member, Yo Committee	arship Committee search Committee uth Outreach & Mentorship itorial Advisory Committee	2006-present 2007-present 2007-2013 2007-present 2012-2013
Southern Nursing Research Society		Member		6/2013-present
UT Health Consortium on Aging		Member		2/2016 – present
The National Hartford Center of Gerontological Nursing Excellence (NHCGNE) Distinguished Educator in Gerontological Nursing Special Interest Group Committee AND Gero Content in Pre-Licensure Nursing Program Work Group Committee		Member		2020-present 2021-present
Institutional Service (S	<u>50N)</u>			
UTHSCH-SON	Gerontological Clinica	al Council	Gerontology Conference Planning Assistant	1988
UTHSCH-SON	Recruitment Commit	tee	Annual Open House Program Planner	1988-1991 1993-1994
UTHSCH-SON	Alumni Association		Honorary Lifetime Member	1988-present
Mary Ellen Trail Ross			Curri	culum Vitae, page 15

UTHSCH-SON	Advisor BSN Students	Advisor	1988 - present
UTHSCH-SON	Sigma Theta Tau International Honor Society for Nursing, Zeta Pi Chapter	Undergraduate Counselor Treasurer Leadership Succession Committee/Board Member	1989-1991 2010-2012 2022-2024
UTHSCH-SON	Texas Education Opportunity Plan Task Force	Chair & SON Representative	1989-1994
UTHSCH-SON	Center on Aging	Faculty Affiliate Member	1991-1994
UTHSCH-SON	Student Affairs Committee	Secretary	1991-1993
UTHSCH-SON	Learning Resource Center Collections Taskforce	Member	1992
UTHSCH-SON	Task Force on Student Advisement	Member	1992-1993
UTHSCH-SON	Professional Nursing Performance Peer Review Committee	Member	1992-1994
UTHSCH-SON	Recruitment Committee	Annual Open House Program Planner	1993-1994
UTHSCH-SON	National Student Nurse's Association, Breakthrough to Nursing (BTN)	Faculty Advisor	1993-1994
UTHSCH-SON	Faculty Life Council	Member	2001-2004; 2007-2009; 2010-2012 2016-2018
		Faculty Development Committee	2003-2004 & 2007-2008
UTHSCH-SON	Baccalaureate Council	Member Chair Admission, Progression, & Graduation Subcommittee Member	2003-present 6/2013-8/2014 12/2015 -9/2017
UTHSCH-SON	Search Committee	Member	2004-2005
UTHSCH-SON	Faculty Assembly	Member Treasurer	1988-present 2003-2005
UTHSCH-SON	Pacesetter Program Task Force	Member	2009-2010
UTHSCH-SON	Scholarship Committee	Member	1991-1992
		Chair	2009-2013

UTHSCH-SON	School of Nursing Administrative Council (SONAC)	Member	6/2013-8/2014
UTHSCH-SON	Diversity Student Nurses Association	Founding Faculty and Board Member	10/2014-present
UTHSCH-SON	BSN – Curriculum Sub-Committee	Member	4/2016-9/2018 7/2021-present
UTHSCH-SON	Student Nurses Association (SNA)	Advisor	Summer 2017- present
UTHSCH-SON	Appointment, Promotion, Tenure, and Review Committee	Member	9/2009-8/2010 9/2017-8/2018
UTHSCH-CSON	BSN Honor Cord Task Force	Member	7/2021-2022
UTHSCH-CSON	Diversity, Equity, & Inclusion (DEI) Research and Data Committee	Member	12/2021-present
<u>UTHSCH-University</u> <u>Wide Committees</u>			
UTHSCH	Multicultural Faculty Committee	Member	1989
UTHSCH	Texas Education Opportunity Plan Institutional Advisory Committee: Five Year Texas Plan for Recruitment, Enrollment & Retention of Minority Students & Faculty	School of Nursing Representative & Taskforce Chair	1989-1994
UTHSCH	Minority Faculty Association	Member School of Nursing Representative	2000-2001 2007
UTHSCH	Multicultural Affairs Committee	Member	2001-2007
UTHSCH	Consortium on Aging	Member	2/2016 – present
UTHSCH	Geriatric InterProfessional Education (Geri IPE) Faculty Team – Case Study & Debrief	Member	2020-present
UTHSCH	Texas Medical Center (TMC) Library Advisory Committee	Member	2022-present

Community Service

West University Senior Services for Elders	Health Fair	Coordinator (included screenings & distribution of educational materials)	1988 & 1989
Interfaith Ministries Meals on Wheels Program (formerly Houston Metropolitan Ministries)	Advisory Council	Member	1989-1994
James A. Berry School	Career Day Presentation: The Nursing Profession	Presenter	2/1989
American Diabetes Association	Minority Alert Day (Ripley House)	Performed Glucose Screening	3/1989
Velma Chambers Elementary School	Presentation: Nursing as a Career Choice (140 First Graders)	Presenter	3/1991
Independence Hall Apartment Complex	Health Fair for Elderly & Disabled Individuals	Coordinator (included screenings and the distribution of educational materials)	4/1991
UTHSCH	Mentor Program	Mentor	1990-1993
Interfaith Ministries (formerly Houston Metropolitan Ministries)	Meals on Wheels Program	Developed a Needs Assessment Questionnaire	10/1992
Rice University	Presentation: Maintaining Physical & Functional Health While Aging (46 participants).	Podium Presentation	10/1992
Golden Age Hobby House (Nutrition Site)	Presentation: Graceful Aging (35 participants)	Presenter	11/1992
Velma Chambers Elementary School	Student Nurses' Presentation: The Nursing Role	Coordinator	3/1994
Clifton Middle School	Health Fair Poster Presentation: Hypertension & providing B/P screenings	Participant	4/1994
Ft. Bend	Chili Cook-off	Provided First Aid & performed B/P Screenings	3/1996
Holy Rosary Elementary School	Presentation: Nursing as a Career Choice (4 th -8 th Grade)	Presenter	2/1997

	Liselth Fair	Co coordinator	4/1007
	Health Fair	Co-coordinator	4/1997
March of Dimes	Mother's March	Community Volunteer	1/1998
Pecan Grove Elementary School Richmond, Tx	(K-4 th grade)	Volunteer Reader	1998-2005
March of Dimes	Mother's March	Community Volunteer	9/1999
Pecan Grove Elementary School Richmond, Tx	1 st Grade Science Labs	Volunteer	2000 & 2001
W. Leo Daniels Towers Houston, Tx	Health & Safety Fair Workshop Presentation: Current Issues Related to Mental & Emotional Health	Presenter	10/2003
Sacred Heart Catholic Church Richmond, Tx	CCE Religious Education (5 th Grade)	Teacher Assistant	9/03-5/04
Pecan Grove Elementary School Richmond, Tx	5 th Grade Class	Room Mom	8/04-5/05
Sacred Heart Catholic Church Richmond, Tx	CCE Religious Education (5 th Grade)	Teacher	9/04-5/05
	Annual Turkey Day Fundraiser	In charge of Booth	10/2004
Pecan Grove Elementary School Richmond, Tx	Field Trip to Exchange City (5 th Graders)	Simulated Bank Volunteer	4/2005
George R. Brown Convention Center	Hurricane Katrina Shelter	Triage Nurse	9/2005
Sacred Heart Catholic Church Richmond, Tx	Annual Turkey Day Fundraiser	In charge of Booth	10/2005
Jewish Community Center Houston,Tx	2006 Houston Senior Olympics	Coordinator (130 Student Nurse Volunteers)	3/2006
Mount Carmel Baptist Church/Ft. Bend County Black Nurses Association	Heart Health Education Health Fair	Performed BP Screening & Provided Education	10/2006
Sacred Heart Catholic Church	Ft. Bend Health Care Center/Nursing Home, CCE Home Study Program	Christmas Caroller	12/2006
Jewish Community	2007 Houston Senior Olympics	Coordinator (120 Student	3/2007

Center Houston, Tx		Nurse Volunteers)	
Cuney Homes/Ft. Bend County Black Nurses Association	Cuney Homes Adopt-A-Family Program (gift & clothing drive)	Volunteer	12/2007
Sacred Heart Catholic Church Richmond, Tx	CCE Religious Education (8 th Grade)	Teacher	2009
Lamar Consolidated Independent School District	Special Olympics Richmond, TX	Volunteer	4/2010
Houston Solari Hospice Care	Professional Advisory Board	Member	4/2010-2014
Sacred Heart Catholic Church Richmond, Tx	Mass	Lector	2014-present
Tzu Chi Foundation Houston, Tx	Health Fair Screening & Teaching on Hypertension	Performed BP	10/24/2015
Sacred Heart Catholic Church Richmond, Tx	Annual Turkey Day Fundraiser	Volunteered in Bookstore Booth	10/2015
Ft. Bend Gardens Senior Apmts)	Presentation: "Smoking Cessation" (20 adults)	Podim Presentation	3/9/2016
Sacred Heart Catholic Church Richmond, Tx	Annual Turkey Day Fundraiser	Volunteered in Ticket Booth	10/2016
FBISD School TB Screening - 225 students	Bush High School	Information Intake	6/19/2017
Sacred Heart Catholic Church	Hurricane Harvey Shelter	Volunteered as an RN	9/9/17 & 9/10/17
George R. Brown Conv.Center	Hurricane Harvey Shelter	Supervised student nurses	9/13/2017
Sacred Heart Catholic Church Fundraiser	Annual Turkey Day	Volunteered in Dessert Booth	10/2017
Sacred Heart Catholic Church Fundraiser	Annual Turkey Day	Volunteered in Dessert Booth	10/2018
Word of Restoration International Church Rosharon, Texas	"Ask a Nurse!" A Career Day Seminar and "Make our Communities Safer"	Presented "UT Cizik School of Nursing Pacesetter BSN Program" Podium Presentation	4/27/2019

Brazos Towers at "Fal Bayou Manor Houston, Texas

"Fall Prevention"

Podium Presentation 9/23/2019

List of Project/Thesis/Dissertation Advisees

Master's Thesis: A Comparison of Two Treatment Modalities for Pressure Sore Management. Lucilla Yeoung. 11-1989. Committee Member

Master's Thesis: The Influence of Health Promotion Practices on the Activities of Daily Living of African-American Elders. Linda Allen Holmes and Carol Lynn Schuster. 12-1990. Committee Member.

Master's Thesis: The Relationship Among Perceived Health Locus of Control, Self-Esteem, Perceived Health Status, and Health Promotion Practices in the Black Elderly: A Secondary Analysis. Debbie Jean Navy and Willola Kelley Wilkins. 4-1992. Committee Member.

Master's Thesis: Geriatric Patient's Descripiton of the Nurse's Role in Facilitating End-of-Life Decisions. Catherine L. Peacock. 12-1994. Committee Member.

Clinical Project: Geriatric Assessment Education for Home Health Nursing. Andrew Rolniak and Kana Kelley. 3-2002. Committee Member.

Faculty Preceptor for Graduate MSN Students

Spring 2007 – Fidelia Nwokedi – Graduate Gerontology Clinical Course Fall 2012 - Emily Williams - Graduate Course: N6730 Advanced Clinical Practice: Education Role Preceptorship

Faculty Research Mentor for BSN and RN-BSN Honor Students

Fall 2014 – Melina Tamez (BSN) Fall 2016 – Danielle Marsh (BSN) Spring 2017 – Danielle Marsh (BSN) Summer 2017 - Parwinder Soor (RN-BSN) Fall 2017 - Parwinder Soor (RN-BSN)

<u>Courses Taught, The University of Texas Health Science Center at Houston, Cizik School of Nursing</u> Program Levels : BSN, RN-BSN, Bacc 2, and MSN

N3301 Health Assessment of Young, Middle, and Older Adults, Lab, 3 Credits, BSN

N3330 RN Transition: Professional Basis for Practice, Didactic, 2 Credits, RN-BSN

N3511 Health Assessment, Lab, 5 Credits, BSN

N3513 Adult Health Care & Gerontology, Clinical, 6 Credits, BSN

N3515B Adult Care 1, Clinical Performance Lab, BSN

N3521 Gerontologic Nursing, Didactic and Clinical/Lab, 2 Credits, BSN

N3602 Community Health Project for RN's, Clinical, 3 Credits, RN-BSN N3803W Older Adult, Didactic, Online, 2 Credits, Bacc II and BSN N3815W Professional Practice and Leadership, Didactic, Online, 3 Credits, Bacc II and BSN N3817 Community/Public Health Nursing, Clinical, 3 Credits, Bacc II and BSN N4419 Community Health Nursing, Didactic and Clinical, 3 Credits, BSN N4421 Leadership & Management, Clinical, 2 Credits, BSN N4498 Issues of Aging in Nursing and Health Care, Didactic elective, 2 Credits, BSN N4499 Independent Study in Nursing, Undergraduate, Various Topics, 1-2 Credits, BSN N4511 Health Promotion Throughout the Lifespan, Didactic and Clinical, 3 Credits, BSN N4521B Community/Public Health Nursing, Clinical, 3 Credits, BSN N4527 Professional Practice and Leadership, Didactic, 3 Credits, BSN N5501 Theoretical Foundations of Advanced Nursing, Didactic, 3 Credits, BSN N5550 Issues in Aging, Didactic, 2 Credits, MSN N5552 Independent Study in Nursing, Graduate, Research, 2 Credits, MSN N5553 Geriatric Comprehensive Functional Assessment, Didactic, 1 Credit, MSN N6136 Curriculum Planning & Development, Didactic, Hybrid, 3 Credits, MSN N6165W Advanced Practice Role in Population Health, Didactic, Online, 2 Credits, MSN

Courses Taught at The University of Texas Health Science Center at Houston, Cizik School of Nursing -Course Number and Title, Didactic/Clinical/Lab, Online, Credits, Program Level, Role, and Inclusive dates

N3301

Health Assessment of Young, Middle, and Older Adults, Lab, (3 Cr), BSN, Instructor - Fall 1988 (2 Sections), Spring 1989 (2 Sections)

N3330

RN Transition: Professional Basis for Practice, Didactic, (2 Cr), RN-BSN, Instructor and Co-Coordinator – Summer 1989, Fall 1989, Spring 1990, Summer 1990

N3511

Health Assessment, Lab, (5 Cr), BSN, Instructor – Fall 1995, Summer 1996, Fall 2004, Fall 2005, Fall 2006, Fall 2007, Fall 2009

N3513

Adult Health Care & Gerontology, Clinical (6 Cr), BSN, Instructor – Fall 1995, Fall 1996, Fall 1997, Fall 1998

N3515B

Adult Care I, Clinical Performance Lab, BSN, Instructor – Summer 2011 (June)

N3521

Gerontologic Nursing, Didactic and Clinical/Lab (2 Cr), BSN, Instructor and Co-coordinator – Spring 1999, Lead Instructor and Coordinator - Spring 2000, Spring 2002, Spring 2003, Spring 2004, Spring 2005, Spring 2006, Spring 2007, Spring 2008, Spring 2009, Spring 2010, Summer 2010, Spring 2011, Summer 2011, Fall 2011 (2 Sections), Spring 2012 (2 Sections), Summer 2012, Fall 2012, Spring 2013, Summer 2013, Fall 2013, Spring 2014, Summer 2014, Fall 2014, Spring 2015, Summer 2015, Fall 2015, Spring 2016, Summer 2016, Fall 2016, Spring 2017, Summer 2017, Fall 2017, Spring 2018, Summer 2018, Fall 2018, Spring 2019, Summer 2019, Fall 2019, Spring 2020, Summer 2020 ONLINE, Fall 2020 ONLINE, Spring 2021 HYBRID, Summer 2021 HYBRID, Fall 2021 HYBRID, Spring 2022 HYBRID, Summer 2022 HYBRID, Fall 2022 HYBRID

N3602

Community Health Project for RN's, Clinical, (3 Cr), RN-BSN, Instructor – Fall 2001, Fall 2002

N3803W

Older Adult, Didactic, Online, (2 Cr), Bacc II and BSN, Co-coordinator with UTMB – Summer 2004, Summer 2005, Fall 2006, Fall 2007, Lead Instructor and Coordinator, Didactic and Clinical Fall 2009, Fall 2010

N3815W

Professional Practice and Leadership, Didactic, Online, (3Cr), Bacc II and BSN, Instructor – Summer 2009

N3817

Community/Public Health Nursing for Bacc II, Clinical, (3 Cr), Bacc II and BSN, Instructor – Spring 2010

N4419

Community Health Nursing Practice, Didactic and Clinical, (3Cr), BSN, Instructor – Fall 1988, Spring 1989, Summer 1989, Fall 1989, Summer 1990, Fall 1990, Spring 1991, Summer 1991, Fall 1991, Spring 1992, Summer 1992, Fall 1992, Spring 1993, Summer 1993, Fall 1993, Spring 1994, Fall 1994, Spring 1995, Summer 1995, Spring 1996

N4421

Leadership & Management, Clinical, (2 Cr), BSN, Instructor – Spring 1992

N4498

Issues of Aging in Nursing and Health Care, Didactic elective, (2 Cr), BSN, Instructor and Co-coordinator – Summer 1989, Fall 1989, Spring 1990, Summer 1990, Spring 1991, Summer 1991, Fall 1991, Summer 1992, Sole Instructor and Faculty Coordinator Fall 1992, Summer 1993, Fall 1993

N4499

Independent Study in Nursing, Various Topics, (1-2 Cr), BSN, Instructor – Spring 1991, Summer 1991 (2 Cr, 2 Students), Fall 1992, Fall 1995, Spring 2004 (2 Cr, 2 Students), Summer 2004 (2 Students), Fall 2004, Summer 2005, Summer 2006, Fall 2014 Kinship Caregiving Research- BSN Honors Student, Fall 2016 Kinship Caregiving Research-BSN Honors Student, Spring 2017 Kinship Caregiving Research BSN Honors Student, Summer 2017 Kinship Caregiving Research-RN-BSN Honors Student, Fall 2017 Kinship Caregiving Research-RN-BSN Honors Student, Fall 2017 Kinship Caregiving Research-RN-BSN Honors Student

N4511

Health Promotion Throughout the Lifespan, Clinical, (3 Cr), BSN, Instructor – Summer 1996, Summer 1997, Summer 1998 (2 Clinical Groups), Summer 1999 (2 Clinical groups), Summer 2000, Summer 2001 (2 Clinical

groups), Fall 2001 (2 Clinical groups), Summer 2002 (2 Clinical groups), Fall 2002 (2 Clinical groups), Summer 2003 (2 Clinical groups), Lead Instructor and Coordinator, Didactic and Clinical Fall 2003, Summer 2004, Fall 2004, Summer 2005, Fall 2005, Summer 2006, Fall 2006, Summer 2007, Fall 2007, Summer 2008

N4521B

Community/Public Health Nursing, Clinical, (3 Cr), BSN, Instructor – Spring 1997, Spring 1998, Spring 1999, Fall 1999, Spring 2000, Fall 2000, Spring 2001, Spring 2002, Spring 2003, Spring 2004, Spring 2005, Spring 2006, Spring 2007, Spring 2008, Fall 2009, Fall 2010, Spring 2011, Fall 2011, Spring 2012, Summer 2012, Fall 2012, Spring 2013, Summer 2013, Fall 2013, Spring 2014, Summer 2014, Fall 2014, Spring 2015, Summer 2015, Fall 2015, Summer 2016, Fall 2016, Spring 2017, Summer 2017, Fall 2017, Summer 2018, Fall 2018, Spring 2019, Summer 2019, Fall 2019, Summer 2020 ONLINE, Fall 2020, Spring 2021, Fall 2021, Spring 2022, Fall 2022

N4527

Professional Practice and Leadership, Didactic, (3 Cr), BSN, Instructor – Summer 2009, Summer 2011

N5501

Theoretical Foundations of Advanced Nursing, Didactic, (3 Cr), MSN, Instructor – Summer 2009

N5550

Issues in Aging, Didactic, (2 Cr), MSN, Instructor – Fall 2006

N5552

Independent Study, (2 Cr), MSN, Instructor – Summer 1992, Fall 1993 (2 Students)

N5553

Geriatric Comprehensive Functional Assessment, Didactic, (1 Cr), MSN, Lead/Sole Teacher & Coordinator – Spring 1992, Summer 1992, Summer 1993

N6136

Curriculum Planning & Development, Didactic, Hybrid, (3 Cr), MSN, Co-Instructor – Fall 2014

N6165W

Advanced Practice Role in Population Health, Didactic, Online, (2 Cr), MSN, Co-Instructor – Fall 2011

9/2022