

**Lisa W. Thomas DNP, APRN, ACNS-BC, CRRN, NEA-BC, CNE**  
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EDUCATION (highest level first)

Degree	Institution (location)	Date
DNP	The University of Texas Health Science Center (Houston)	2016
Post-master's certificate in nursing education	Texas Woman's University (Houston)	2010
MS-Adult Clinical Nurse Specialist	Texas Woman's University (Houston)	2009
BSN	The University of Texas Medical Branch (Galveston)	1994
Other Education		
Undergraduate education	The University of Houston (University Park)	1988-1991

LICENSURE & CERTIFICATION

State	Active or Inactive	Inclusive Dates
TX RN 603763	Active	5/94-11/21
TX AP118468	Active	5/09-11/21
Certificate	Certifying Body	Inclusive Date
Clinical Nurse Specialist-Adult	American Nurses Credentialing Center (ANCC)	11/19/09 to present
Certified Rehabilitation Registered Nurse	Association of Rehabilitation Nurses	2003 to present
Nurse Executive-Advanced	ANCC	2017 to present

Advanced Quality Improvement	Texas Children's Hospital	Completed 2018
Executive Leadership Institute	UTHealth	Fall 2018 series
Certified Nurse Educator	National League of Nursing	Completed 2020

#### PROFESSIONAL EXPERIENCE (past to current)

Institution	Position title	Inclusive Dates
Bellaire General Hospital (BGH)	Staff nurse	1994-1996
BGH	Charge nurse	1996-1997
Texas Children's Hospital	Charge nurse	1997-1999
HealthSouth Treasure Coast	Charge nurse	1999-2002
HealthSouth Dallas Medical Center	Charge nurse	2001-2003
Medical Center of Lewisville	Charge nurse	2003-2005
The Institute for Rehabilitation and Research (TIRR)	Operations Administrator	2005-2010
TIRR Memorial Hermann (MH)		
Texas Woman's University	Adjunct clinical instructor	2009-2011
TIRR MH	Advanced Practice Registered Nurse, Nursing Education Dept	2010-2012
TIRR MH	Manager of Nursing Education	2012-2013
TIRR MH	Director I, Clinical Education	2013-2015
TIRR MH	Director II, Clinical Education	2015-2016
University of Texas Health Science Center Houston (UTHSCH)-School of Nursing	Assistant Professor, Clinical	2016-present
TIRR MH	Research Nurse consultant	Jan. 2017-Aug. 2018
Cizik School of Nursing (CSON), UTHealth (UTH)	Department of Acute and Continuing Care Interim Division Head-Adult Health	December 2017-July 2018
CSON, UTH	Doctor of Nursing Practice (DNP) Program Director	July 2018-Sept. 2019
CSON, UTH	Assistant Professor, Clinical	September 2019-present

#### HONORS & AWARDS (past to current)

Award	Awarding Organization	Date
Bronze level recognition	Good Samaritan Foundation-educator role	2017
Second place poster	National Association of Indian Nurses of America	2017

Clinical Excellence award	Sigma Theta Tau-Zeta Pi chapter	2018
2018 RNJ Editor's choice reprint	"A study of the amputee experience of viewing self in the mirror", in top five downloaded articles for the Rehab Nursing Journal, chosen for the INANE Virtual Journal	2018
Institute for Teaching and Learning's scholarship	Academy of Academic Leadership	2018
Salute to Top 150 Nurses	Houston Chronicle	2019
Top 20 Nurses	Texas Nurses Association, District 9	2019

## **GRANTS**

### Research Grants (past to current)

HSC-MH-13-0908 The Experience of Viewing Self in a Mirror after Amputation of a Limb, Texas Woman's University, co-PI (Wyona Freysteinson, PhD co-PI), \$5000, 2013-2014

Nurses' confidence in supporting patients in mirror-viewing: A feasibility study of an online mirror educational program, TIRR MH Innovations fund, PI role, \$5000, 2016-2018.

Workplace Violence Against Nurses Grant Program, in response to RFA No. HHS0004718, awarded \$170,980, consulting team member with Texas Children's Hospital partners (Karla Abela, PhD PI), 2020-2021.

### Educational Grants (past to current)

Texas Gulf Coast Graduate Nursing Education demonstration project, CMS, charter draft team member.

TIRR Memorial Hermann Rehabilitation Nurses Academy, Anne R. Wilford grant, consultant role (Hilary Touchett, PhD PI), \$25,000, 2020-2021.

## **PUBLICATIONS**

### Peer Reviewed Publications (past to current - APA format, indicate if invited)

Freysteinson, W., **Thomas, L.**, Sebastian-Deutsch, A., Douglas, D., Melton, D., Celia, T., Reeves, K. & Bowyer, P. (2016). A study of the amputee experience of viewing self in the mirror. *Rehabilitation Nursing*. DOI: 10.1002/rnj.256

Thayer, V., Freysteinson, W., & **Thomas, L.** (2020). Transforming the experience of mirror viewing for individuals faced with disfiguring injuries. *Clinical Nurse Specialist*, 34, 132-136.  
<https://doi.org/10.1097/NUR.0000000000000518>

Edwards, A. & **Thomas, L.** (in press). Trifecta for RN-BSN curricula: Algorithms, interdisciplinary practice, and authentic application within a quality improvement project. *Nurse Educator*, 46(2). To be e-published ahead of print.

#### Books & Chapters (past to current)

Edwards, Allison P., Troutman-Jordan, Meredith, and **Thomas, Lisa W.** (2019). Chapter 21: Populations Affected by Disabilities in Nies & McEwen (Eds.), *Community/Public Health Nursing: Promoting the Health of Populations*, 7<sup>th</sup> edition. St. Louis: Elsevier.

Hickey, Joanne V. and **Thomas, Lisa W.** (2019). Chapter 13: Rehabilitation of Patients with Neurological Problems in Hickey, J. (Ed.), *The Clinical Practice of Neurological and Neurosurgical Nursing*, 8<sup>th</sup> edition.

#### Media & Other Creative Products (past to current) Authors, Role, Title, Funder/Copyright Holder (Type), date, distributor

Freysteinson, W., **Thomas, L.**, Thayer, V.R., Lelek, N., Lee, I. Co-creator. Reflections on healing: Viewing self in the mirror after an amputation. TIRR MH and TWU/Texas Woman's University (video), 2017, available at <https://youtu.be/RTTrtWharUXc>

Freysteinson, W., **Thomas, L.**, Thayer, V.R., Lelek, N., Lee, I. Co-creator. Assisting individuals with mirror viewing after amputation and other visible disfigurements. TIRR MH and TWU/Texas Woman's University (video), 2017, available at <https://www.youtube.com/watch?v=H6dpzDHuefM>

#### Peer Reviewed Abstracts (past to current)

**Thomas, L.W.** & Euliarte, M.A. (2013). Targeted interventions for compliance with hand hygiene measures in the rehabilitation setting. American Nurses Association's Quality Conference Paper 9386. <https://ana.confex.com/ana/ndnqi13/webprogram/Paper9386.html>

Freysteinson, W.M., Douglas, D., **Thomas, L.**, Sebastian-Deutsch, Reeves, K., & Celia, T. (2015). *The amputee experience of viewing self in the mirror*. Research poster 4895. Archives of Physical Medicine and Rehabilitation, 96(12), e14.

**Thomas, L.**, Davis, K., Dharap, U., & Euliarte, M. (2018). *Telemonitoring Cameras: A Key Program Component for Decreasing Fall Events in the Setting of Neurorehabilitation*. Archives of Physical Medicine and Rehabilitation, Research Poster 308835, 98(10), e40.

**Thomas, L.**, Edwards, A., Nwogboso, A., & Velasquez, J. (2018). *A Guidance Algorithm to Improve Communication and Management of Brain Injury Rehabilitation PRN Bowel Medications*. Archives of Physical Medicine and Rehabilitation, Research Poster 742825, 99(10), e82.

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## **PRESENTATIONS**

### **International** (past to current)

Freysteinson, W., Deutsch, A., **Thomas, L.** (2015, March) Transforming the mirror experience for individuals post-amputation. Global Nursing Conference, Houston, TX

Freysteinson, W., **Thomas, L.**, Lelek, N., Lee, I., Douglas, D. (2017, October) Designing a Video for Online Dissemination of Emotionally Sensitive Health Information. Sigma Theta Tau International's conference, Indianapolis, IN.

Edwards, A., **Thomas, L.**, & Engebretson, J. (2019, July). Second author for podium presentation accepted by the International Nursing Research Congress, Calgary, Canada "Transforming care for people with disabilities: Improving quality and reducing barriers through clinical education".

### **National** (past to current)

Freysteinson, W., **Thomas, L.** (2015, October). Facilitating the mirror experience for individuals post-amputation. Association of Rehabilitation Nurses national conference, New Orleans, LA.

Freysteinson, W., **Thomas, L.** (2016, April) A model of viewing self in the mirror after amputation of a limb. Society for the Advancement of Modeling & Role-Modeling 16<sup>th</sup> biennial national conference, San Antonio, TX.

Brixey, J., Siders, K., **Thomas, L.** (2018, October) Implementing Turnitin® (TII) to improve scholarly writing and decrease grading time. Webinar recorded for AMIA, the American Medical Informatics Association.

### **Regional/State** (past to current)

**Thomas, L.** (October, 2013). Neurologic Conditions in Adult Populations. TIRR MH Certified Rehabilitation Registered Nurse Review, Houston, TX.

**Thomas, L.** (June, 2014). Invited testimony, Texas Sunset Commission Review for the Department of Health Services, Austin, TX.

**Thomas, L.** (October, 2016). Nursing Theorists. TIRR MH Certified Rehabilitation Registered Nurse Review, Houston, TX.

Freysteinson, W. & **Thomas, L.** (February, 2018). Mirror study: Impacts for those with amputations. Rehabilitation Solutions, Houston, TX.

**Thomas, L.** (October, 2018). Steps to DNP project success. Texas DNP Directors' meeting, Fort Worth, TX.

Brixey, J., Siders, K., & **Thomas, L.** (February, 2019). Turnitin®, a software application to improve scholarly writing for Doctoral of Nursing Practice students. Demonstration for Shine conference, Austin, TX.

**Thomas, L.** (May, 2019). Invited faculty panelist for inaugural Texas DNP Alumni conference, Austin, TX.

Local (past to current)

**Thomas, L.** (May, 2013). Cancer Rehabilitation: Past, Present, and Future Directions. TIRR Memorial Hermann Oncology in rehabilitation conference, Houston, TX.

Brixey, J., Rooney, L., Siders, K., & **Thomas, L.** (February, 2018). Improving scholarly writing and decreasing time in grading in a doctorate of nursing practice (DNP) program. Advanced Quality Improvement, Houston, TX.

**PROFESSIONAL SERVICE**

Professional Service (past to current)

Organization	Role	Inclusive dates
Texas Clinical Nurse Specialists	Education committee	2012
Bowles Chapel lecture series	Education committee	2016
Sigma Theta Tau International	Zeta Pi delegate	2017
Rehabilitation Nursing Journal	Manuscript reviewer	2017-present
Association of Rehabilitation Nurses	Membership Chair	2017-2018
Association of Rehabilitation Nurses	Education co-chair	2018
Association of Rehabilitation Nurses	Vice President	7/1/2017-7/1/2018
Association of Rehabilitation Nurses	Southeast Texas chapter President	7/1/2018-7/1/2019
TMC Research Collaborative (TRC)	TIRR representative	10/2016-7/2018
	Conference planning	2017
Nursing Science at the Bedside	poster abstract review	2017
Texas Nurses Association, District 9	Nominating committee chair	2018-2019
		2018-2020
Sigma Theta Tau International	Counselor for Zeta Pi	2018-2019
UT Research Day	Planning committee	2019
TCH Advanced Quality Improvement	Team Coach	2019-2021
Texas Nurses Association District 9	Secretary	

Professional Memberships

Organization	Role	Inclusive dates
Association of Rehabilitation Nurses	Member	2002-present

Sigma Theta Tau International	Member	2015-present
Texas Nurses Association	Board of Directors Secretary	2016-present
American Nurses Association	Member	2016-present
Houston Organization of Nurse Executives	Member	2019-present

#### Institutional Service (past to current)

TIRR Memorial Hermann		
Committee	Role	Inclusive dates
Nurse Leadership Council	Member	2005-2016
Singapore Nurse Residency	Coordinaor	2014
Memorial Hermann Health System		
Committee	Role	Inclusive dates
Education Directors Council	Member	2014-2016
System Nurse Residency	Founding group	2015-2016
Residency Advisory Board	Member	2016
Alarm Safety Taskforce	Member	2016
University of Texas Health Science Center, Houston School of Nursing Committees		
DNP Council	Member	2016-present
Baccalaureate Council	Member	2016-2018
MH Residency Symposium	Poster judge	2016
Baccalaureate Admissions	Member	2017-2018
Clinical students from Taiwan	Guide to TIRR	2017
Interfaculty Council	Alternate member	2017-2018
DNP Student Orientation	Chair	2017, 2018
Faculty Life Council (FLC)	Member	2017-2018
Awards, Fellowships, Certifications subcommittee	Founding member	2017-2018

Cizik School of Nursing (UTHSC-H name changed)	Role	Inclusive dates
Power of Nursing	Faculty facilitator	2018
Interprofessional Education	Faculty facilitator	2018
BSN-DNP NP taskforce	Member	2018
BSN-DNP NP taskforce	Chair	2019
DNP Advisory committee	Chair	2018-2019
DNP Council	Chair	2018-2019
Typhon implementation team	Subadministrator	2018-2019
TMC Library Commons	Abstract editor	2018-2019
DNP Curriculum Revision	Committee member	2020
DNP Admissions/Interviews	Faculty Coordinator	2020-2021

#### Community Service (past to current)

Institution	Role	Inclusive dates
Fort Bend ISD	Mentor	2010-2012
Houston ISD	Clinical contact	2016
DeBakey High School	Open House lecturer	2016
American Red Cross	Faculty Coordinator	August, 2017
Sugarcreek Baptist Church	Open Door special needs and Children's ministries	2017-2019



**OPTIONAL APPENDICES****Courses Taught** (past to current)

Institution, Course Title (number), Credits, Role, Inclusive dates, clinical/didactic/online

**Texas Woman's University:**

Concepts and Clinical Competencies N3005, 5 credit hours, Clinical Faculty, 5 semesters, 2009-2011, didactic and clinical

**University of Texas Health Science Center Houston (now Cizik School of Nursing, UTHealth):**

Organizational & Systems Leadership N6847, 3 credits, Instructor, Fall 2016-2020, didactic/online

Advanced Physical Examination and Differential Diagnosis Practicum N6152B, relief instructor, 2016-2018, clinical

Synthesis N3704, clinical project facilitator for RN to BSN classes Fall 2016-Spring 2017, didactic/clinical

Scholarly Foundations for Anesthesia Practice N6418W, 3 credits, Co-lead, Spring 2017, didactic/online

Data Analysis and Evaluation N6820, 3 credits, Instructor, Spring 2017, didactic/online. Lead, 2019-2020.

Adult and Older Adult Health N3523B, co-lead Spring 2016, Lead, Summer/Fall 2017, Spring/Sum 2018. Clinical and Coordinator roles.

Translational Science N6808, 3 credits, Instructor, Summer 2017-2020 didactic/online

Business of Healthcare N6851, 2 credits, Instructor, Fall 2017 and 2018 didactic/online

Health Policy, Politics, and Ethics N6802, 3 credits, Instructor, Spring 2018, didactic/online

DNP Seminar I and II, N6860A and N6870A, 2 credits each, small group Instructor, Fall 2018, Co-Lead, 2019-2020, didactic/online

Evidence Based Practice, N6907, 3 credits, didactic/online Instuctor, Fall 2018

Clinical Scholarship Portfolio, N6830, 1 credit, Advisor to a total of 18 DNP students admitted 2016-2020

Transitions and Innovations in Health Care N6842, 2 credits, Lead for seminar/online course Spring, 2019-2020. Didactic and online.

Practice Management N6845, 2 credits, Lead, Summer 2019-2020. Didactic and online.

Scholarly Foundations, N6801, 3 credits, Instructor, Fall 2019-2020. Didactic and online.

DNP Fellowship I and II, N6860B and N6870B, 2 credits each, Lead faculty, 2019-2020. Online/clinical.

List of Project/Thesis/Dissertation Advisees (past to current)

Cizik School of Nursing (UTHealth), Rosemarie Lopez, *Increasing Adherence with Colorectal Cancer Screening Tests in a Disadvantaged Population*, Doctor of Nursing Practice (DNP), May 2019, Advisor

Cizik School of Nursing (UTHealth), Nicholas Escobedo, *Streamlining Hazardous Drug Preparation to Improve Turnaround Time and Impact on Patient Experience*, Doctor of Nursing Practice (DNP), May 2019, Advisor

Cizik School of Nursing (UTHealth), LaCrista Edwards, *An Initiative to Expand the Role of the Advanced Practice Nurse through the Development of Independent Practice Guidelines in an Ambulatory Adult Oncology Setting*, Doctor of Nursing Practice (DNP), May 2019, Co-Advisor

Cizik School of Nursing (UTHealth), Joy Harrison, *Reducing the Missed Appointment Rate in an Urban Pediatric Primary Care Site*, Doctor of Nursing Practice (DNP), May 2019, Co-Advisor

Cizik School of Nursing (UTHealth), Stephen Simon, *Implementation of a Structured Rounding Program for Hematology and Oncology Patients in a Pediatric Intensive Care Unit*, Doctor of Nursing Practice (DNP), May 2019, Co-Advisor

Cizik School of Nursing (UTHealth), Terri Earles, *An Initiative to Improve Adherence to Postoperative Nausea and Vomiting Guidelines in an Oncology Setting*, Doctor of Nursing Practice (DNP), May 2019, Advisor

Cizik School of Nursing (UTHealth), Patricia Wills Bagnato, *Development of a Mentorship Program for a Pathway to Promotion for Advanced Practice Providers in a Pediatric Cancer Center*, Doctor of Nursing Practice (DNP), May 2019, Advisor

**POSTERS****International**

Freysteinson, W., Douglas, D., Melton, D., **Thomas, L.**, Deutsch, A., Bowyer, P., Reeves, K., Celia, T. (October, 2017). Perceptions of self though mirror-viewing: Insight into the experience following limb amputation. Sigma Theta Tau International, Indianapolis, IN.

**National**

**Thomas, L.** (September, 2010). A Nurse-Initiated Program for Post-Discharge Telephone Contact. Association of Rehabilitation Nurses, Orlando, FL.

Edwards, A., **Thomas L.**, & Nwagboso, A. (November, 2017). Bowel Management in Brain Injury: A Guidance Algorithm. Association of Rehabilitation Nurses, Seattle, WA.

Edwards, A., **Thomas L.**, & Nwagboso, A. (December, 2017). Bowel Management in Brain Injury: A Guidance Algorithm. National Association of Indian Nurses of America: Clinical Excellence Conference, Houston, TX.

McCrea, D., **Thomas, L.**, Yu, E., & Frazier, L. (March, 2018). Lessons Learned from Hurricane Harvey: Can A School Of Nursing (SON) Have A Role In Management Of Community Needs After A Disaster? American Academy of Emergency Nurse Practitioners, Chattanooga, TN.

### Local

Edwards, A., **Thomas L.**, & Nwagboso, A. (April, 2017). An Algorithm to Improve Communication and Management of PRN Bowel Medications in Rehabilitation Settings. Houston Medication Safety Symposium, Houston, TX.

Edwards, A., **Thomas, L.**, Velasquez, J, & Nwagboso, A. (February, 2018). A Guidance Algorithm for Neurogenic Bowel. Memorial Hermann Robust Process Improvement Expo, Houston, TX.

Brixey, J., Rooney, L., Siders, K., & **Thomas, L.** (February, 2018). Implementing a software tool to improve scholarly writing and decrease faculty's time in grading in a doctorate of nursing practice (DNP) program. Advanced Quality Improvement and Patient Safety Program, Texas Children's Hospital, Houston, TX.

Siders, K., & **Thomas, L.**, & Brixey, J. (February, 2019). Implementing Turnitin® (TII) to improve scholarly writing and decrease grading time. Shine Academy's 2019 Innovations in Health Education conference, Austin, TX.

Edwards, A. & **Thomas, L.** (June, 2019). Transforming nursing student attitudes toward people with disabilities. UTHealth 2019 Advances in Teaching & Learning Day, Houston, TX.

**Thomas, L.**, Schaefer, F., Hickey, J., & Giardino, E. (June, 2019). Development of a shared rubric to guide doctor of nursing practice (DNP) students from formative project evaluation through defense. UTHealth 2019 Advances in Teaching & Learning Day, Houston, TX.

**Thomas, L.**, Thayer, B., & Freysteinson, W. (October, 2019). Teaching/learning about the viewing of self in the mirror after disfiguring injury: A feasibility study in the use of video. UT Research and Evidence Based Practice Day, Houston, TX.

### OTHER

Served as site mentor for DNP students on Fellowship clinical projects:

Patricia Wills Bagnato, Cristina Carrillo Gutierrez, Mary Sunna, Suma Joseph, Jasmin Eapen, Evangeline Tomongha, Lisa Anderson, Kai Lang, Ijeoma Nnebedum, Sara Ali, Bukola Azeez, Rachel Benjamin, and Ndi Chukwumerije.

Served as preceptor for:

Education Preceptorship (faculty member Florence Schaefer, PhD)

Leadership/Management graduate course (PhD student and Instructor Paige Owen)